



AAP-113 – Programming Activities for Clients with Dementia

Health and Human Services

Effective Term & Year: Fall 2024

Course Outline Review Date: 2029-03-01

Program Area: Health

Description:

This course builds on AAP 111 and AAP 112. Students will develop an understanding of various forms of dementia with a focus on Alzheimer's disease, detailing the corresponding symptoms and disease progressions. This course applies program planning and implementation principles to clients experiencing dementia and cognitive decline. A brief overview of depression and delirium and suitable activities are discussed.

Program Information:

This course is a requirement of the Activity Assistant Associate Certificate.

Delivery Methods: Online

Credit Type: College of the Rockies Credits

Credits: 3

Instructional Activity and Hours:

Activity	Hours
Classroom, Directed Studies or Online Instruction	40
Seminar/Tutorials	
Laboratory/Studio	
Practicum/Field Experience	
Co-op/Work Experience	

Other

Total	40
-------	----

Course Requisites:

- Completed the following:
 - [AAP111](#) – Framework for the Activity Assistant Role (1)
 - [AAP112](#) – Activity for Well Being (2)

Flexible Assessment: No

Course Transfer Credit:

For information about receiving transfer credit for courses taken at either British Columbia or Alberta institutions, please see <https://www.bctransferguide.ca/> or <https://transferalberta.alberta.ca> . For more transfer credit information, please visit <https://www.cotr.bc.ca/Transfer>

All requests for course transfer credit from institutions in British Columbia or elsewhere should go to the College of the Rockies Enrollment Service office.

Textbook Resources:

All required reading and notes will be available on COTR's online course webpage.

Learning Outcomes:

Upon the successful completion of this course, students will be able to

- demonstrate a comprehensive understanding of various forms of dementia, their corresponding symptoms, and disease progressions;
- articulate the functional losses and retained abilities in Alzheimer's disease stages 5 through 7, and customize activity programs to suit the evolving needs of clients at each stage;
- demonstrate an in-depth understanding of the impact of environmental cues, effective communication, and appropriate interaction techniques on the engagement of clients with cognitive impairments in programs;
- identify and differentiate between dementia, delirium, and depression, understanding their unique symptoms and implement best-practice activity programming tailored to each condition; and

- demonstrate the ability to empathize with the challenges, emotions, and needs of caregivers for individuals with dementia, and provide targeted support to enhance the caregivers' overall well-being.

Course Topics:

- Differential Diagnosis in Dementia
- Alzheimer's Disease
- Programming for Client's with Cognitive Impairment
- Depression
- Delirium
- Caring for the Caregiver

See instructor syllabus for the detailed outline of weekly readings, activities, and assignments.

Evaluation and Assessments

Assessment Type: Online

Assessment Type	% of Total Grade
Discussion & Reflection	30%
Dementia Plan Portfolio	30%
Resource Development	40%
Total	100%

Grade Scheme

COM	NCG
Completed to the minimum defined standard	No credit granted – less than minimum defined standard

Evaluation Notes Comments:

Please see the instructor syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments and use of electronic aids.

Exam Attendance:

Students must attend all scheduled exams at the appointed time and place. Instructors may approve an alternate exam to accommodate an illness or personal crisis. Department heads will consider other written requests. Any student who misses a scheduled exam without prior approval will receive a "0" on the exam.

Academic Policies:

College of the Rockies policies related to courses can be found at <https://cotr.bc.ca/about-us/college-policies/> and include the following:

- Policy 2.4.3 Students with Documented Disabilities
- Policy 2.4.4 Student Conduct (plagiarism, other cheating, behavioral misconduct)
- Policy 2.5.8 Academic Performance
- Policy 2.5.3 Grade Appeal
- Policy 2.4.9 Student Concerns Re Faculty

Course Changes:

The College of the Rockies updates course outlines regularly to meet changing educational, employment and marketing needs. The instructor will notify students in writing of any updates to this outline during the semester. The instructor reserves the right to revise, add or delete material while meeting the learning outcomes of this course outline.