

# ATBO-123 – Introduction to Outdoor Skills

**Business** 

Effective Term & Year: Fall 2022 Course Outline Review Date: 2024-04-01

# Program Area: Tourism, Recreation, & Hospitality

## **Description:**

This course introduces the student to the core outdoor skills required of guides in the adventure tourism industry. In this course, students learn how to look after themselves and their clients in a wilderness setting. Basic outdoor living skills such as knot tying, knife safety, shelter building, campsite set up, fire building, camp stove use, camp hygiene meal planning, maps and navigation, water treatment, and animal safety will be covered. These skills significantly add to the tool kit of anyone who spends ample amounts of time in the wilderness, or who is interested in a career as a guide in the adventure tourism industry.

## **Program Information:**

This course is a required course of the Adventure Tourism Business Operations Certificate or Diploma program. It is typically taken in the first year of ATBO studies.

Delivery Methods: On-campus (Face-to-Face), Practicum

Credit Type: College of the Rockies Credits

Credits: 2

### Instructional Activity and Hours:

Activity	Hours
Classroom, Directed Studies or Online Instruction	12
Seminar/Tutorials	
Laboratory/Studio	

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## **Course Requisites:**

None

## Flexible Assessment: Yes

In some cases students may be able to apply for recognition of prior learning outside the classroom. This flexible assessment process provides equivalent course credit. It is a rigorous process that may include external evaluation, worksite assessment, demonstration, standardized test, self-assessment, interview, products/portfolio, and challenge exam, or other measures as appropriate. Tuition fees apply. Contact an education advisor for more information.

## **Course Transfer Credit:**

For information about receiving transfer credit for courses taken at either British Columbia or Alberta institutions, please see https://www.bctransferguide.ca/ or https://transferalberta.alberta.ca . For more transfer credit information, please visit https://www.cotr.bc.ca/Transfer

All requests for course transfer credit from institutions in British Columba or elsewhere should go to the College of the Rockies Enrolment Services office.

### **Textbook Resources:**

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbooks were in use:

Required: Field Logbook (4.5" X 7" Rite-in-the-Rain logbooks are best for field use)

Please see the instructor's syllabus or check COTR's online text calculator https://textbook.cotr.bc.ca/ for a complete list of the currently required textbooks.

Academic Calendar from Program and Courses Outlines -

# Learning Outcomes:

Upon the successful completion of this course, students will be able to:

- Keep themselves warm and dry in inclement weather in the outdoors;
- Set up an effective and comfortable camp;
- Be proficient at fire lighting and camp stove use, and be able to use fire safely in the outdoors;
- To provide themselves with appropriate food and water to maintain in the outdoor setting;
- Use terrain identification and map and compass skills to orient themselves in the outdoors; and
- Practice Leave No Trace (LNT) standards in the outdoors.

## **Course Topics:**

- leadership and professionalism in the outdoors
- maps, navigation and route planning
- low impact camping Leave No Trace ethics
- camp set up (tents, tarps, bivvys, emergency shelters)
- back country food (preparation, planning, storage, camp stove use)
- outdoor skills (fire building, knot tying, knife use)
- animal awareness
- · emergency communications in the outdoors
- 3 season and winter camping

See instructor's syllabus for the detailed outline of weekly readings, activities and assignments.

# **Evaluation and Assessments**

## Assessment Type: On-Campus (face-to-face)

Assessment Type	% of Total Grade				
Technical and Safety Skills	50%				
Movement Skills	20%				
Leadership skills	30%				
Total	100%				

# **Grade Scheme**

A+ A A- B+ B B- C+ C C- D I	A+	Α	A-	B+	В	B-	C+	С	C-	D	F
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>=90	89-85	84-80	79-76	75-72	71-68	67-64	63-60	59-55	54-50	<50
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#### Pass requirements: None

**Evaluation Notes:** A grade of "D" grants credit, but may not be sufficient as a prerequisite for sequential courses.

#### **Evaluation Notes Comments:**

Please see the instructor syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments, and use of electronic aids.

#### Exam Attendance:

Students must attend all scheduled exams at the appointed time and place. Instructors may approve an alternate exam to accommodate an illness or personal crisis. Department heads will consider other written requests. Any student who misses a scheduled exam without prior approval will receive a "0" on the exam.

### **Academic Policies:**

College of the Rockies policies related to courses can be found at https://cotr.bc.ca/about-us/college-policies/ and include the following:

- Policy 2.4.3 Students with Documented Disabilities
- Policy 2.4.4 Student Conduct (plagiarism, other cheating, behavioral misconduct)
- Policy 2.5.8 Academic Performance
- Policy 2.5.3 Grade Appeal
- Policy 2.4.9 Student Concerns Re Faculty

### **Course Changes:**

The College of the Rockies updates course outlines regularly to meet changing educational, employment and marketing needs. The instructor will notify students in writing of any updates to this outline during the semester. The instructor reserves the right to revise, add or delete material while meeting the learning outcomes of this course outline.

Academic Calendar from Program and Courses Outlines