



ATBO-131 – Whitewater Kayaking Level 1

Business

Effective Term & Year: Fall 2024

Course Outline Review Date: 2029-04-01

Program Area: Tourism, Recreation, & Hospitality

Description:

This course is designed to introduce and develop whitewater kayak skills and develop confidence and self-reliance in the whitewater environment. Students are educated in equipment design and selection, trip preparation, evaluation of hazards, conservative decision-making and leadership in the sport of whitewater kayaking. Instruction begins on flat water, and then moves to grade 1 whitewater as student skill levels increase. As skills are further developed, students will progress to grade 2 whitewater and potentially on to grade 3 whitewater if appropriate for the student.

Program Information:

This course is an elective course of the Adventure Tourism Business Diploma program. It is typically taken in the first year of ATBO studies.

Delivery Methods: On-campus (Face-to-Face), Practicum

Credit Type: College of the Rockies Credits

Credits: 2

Course type/s: Tourism and Recreation Management

Instructional Activity and Hours:

Activity	Hours
Classroom, Directed Studies or Online Instruction	

Seminar/Tutorials	
Laboratory/Studio	
Practicum/Field Experience	48
Co-op/Work Experience	
Other	
Total	48

Course Requisites:

- Complete all of the following
 - Completed or concurrently enrolled in:
 - [ATBO106](#) – Experiential Leadership & Guiding (3)
 - [ATBO123](#) – Introduction to Outdoor Skills (2)

Flexible Assessment: No

Course Transfer Credit:

For information about receiving transfer credit for courses taken at either British Columbia or Alberta institutions, please see <https://www.bctransferguide.ca/> or <https://transferalberta.alberta.ca> . For more transfer credit information, please visit <https://www.cotr.bc.ca/Transfer>

All requests for course transfer credit from institutions in British Columbia or elsewhere should go to the College of the Rockies Enrolment Services office.

Textbook Resources:

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbooks were in use:

Suggested Reading:

Whiting, Ken and Varette, Kevin, *The Ultimate Guide to Whitewater Kayaking*, Heliconia Press

Please see the instructor's syllabus or check COTR's online text calculator <https://textbook.cotr.bc.ca/> for a complete list of the currently required textbooks.

Learning Outcomes:

Upon the successful completion of this course, students will be able to:

- explain the differences in boat and paddle design and construction, and be able to select appropriate equipment for a variety of people, and a variety of river trips;
- speak knowledgeably on appropriate clothing choices, boating accessories and safety equipment and discuss current sport and industry trends;
- choose an appropriate whitewater section of a river to suit the level of those on a particular paddling trip;
- show that all the proper and adequate equipment is being used by all members of the group when river running;
- demonstrate the different paddle strokes for controlling your white water kayak;
- read and assess the whitewater environment, and apply that knowledge to the decisions they make as they kayak on whitewater; and
- present paddling enjoyment through safety skills and knowledge gained from this course.

Course Topics:

Movement skills

- Kayak strokes
- Kayak roll
- Whitewater techniques

Technical and safety skills

- Kayak equipment
- The whitewater environment

Leadership Skills

- Trip preparation
- Judgement and decision making

See instructor's syllabus for the detailed outline of weekly readings, activities and assignments.

Evaluation and Assessments

Assessment Type: On-Campus (face-to-face)

Assessment Type	% of Total Grade
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Movement Skills	50%
Technical and safety skills	30%
Leadership Skills	20%
Total	100%

Grade Scheme

A+	A	A-	B+	B	B-	C+	C	C-	D	F
>=90	89-85	84-80	79-76	75-72	71-68	67-64	63-60	59-55	54-50	<50

Pass requirements: None

Evaluation Notes: A grade of “D” grants credit, but may not be sufficient as a prerequisite for sequential courses.

Evaluation Notes Comments:

Please see the instructor syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments, and use of electronic aids.

Exam Attendance:

Students must attend all scheduled exams at the appointed time and place. Instructors may approve an alternate exam to accommodate an illness or personal crisis. Department heads will consider other written requests. Any student who misses a scheduled exam without prior approval will receive a “0” on the exam.

Academic Policies:

College of the Rockies policies related to courses can be found at <https://cotr.bc.ca/about-us/college-policies/> and include the following:

- Policy 2.4.3 Students with Documented Disabilities
- Policy 2.4.4 Student Conduct (plagiarism, other cheating, behavioral misconduct)
- Policy 2.5.8 Academic Performance
- Policy 2.5.3 Grade Appeal
- Policy 2.4.9 Student Concerns Re Faculty

Equivalent Course(s) and Course Code Changes

Equivalent Course: Students who have received COTR credit for ATBO 131 may not receive additional credit for MAST 167.

Course Changes:

The College of the Rockies updates course outlines regularly to meet changing educational, employment and marketing needs. The instructor will notify students in writing of any updates to this outline during the semester. The instructor reserves the right to revise, add or delete material while meeting the learning outcomes of this course outline.