



ATBO-151 – Ski/Snowboard Instructor Level 1

Business

Effective Term & Year: Fall 2022

Course Outline Review Date: 2023-04-01

Program Area: Tourism, Recreation, & Hospitality

Description:

This course is a certification course to become certified to work as a ski or snowboard instructor. Topics include the fundamentals of skiing or boarding technique, the responsibility code, learner progressions and the use of ski area lifts. The alpine skiers take the CSIA Alpine Ski Instructor Level 1 Certification course. The snowboarders take the CASI Snowboard Instructor Level 1 Certification course.

Program Information:

This is an elective course in the Adventure Tourism Business Operations Diploma Program.

Delivery Methods: On-campus (Face-to-Face), Practicum

Credit Type: College of the Rockies Credits

Credits: 2

Instructional Activity and Hours:

Activity	Hours
Classroom, Directed Studies or Online Instruction	
Seminar/Tutorials	
Laboratory/Studio	
Practicum/Field Experience	48
Co-op/Work Experience	
Other	

Total	48
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Course Requisites:

None

Flexible Assessment: Yes

In some cases students may be able to apply for recognition of prior learning outside the classroom. This flexible assessment process provides equivalent course credit. It is a rigorous process that may include external evaluation, worksite assessment, demonstration, standardized test, self-assessment, interview, products/portfolio, and challenge exam, or other measures as appropriate. Tuition fees apply. Contact an education advisor for more information.

Course Transfer Credit:

For information about receiving transfer credit for courses taken at either British Columbia or Alberta institutions, please see <https://www.bctransferguide.ca/> or <https://transferalberta.alberta.ca> . For more transfer credit information, please visit <https://www.cotr.bc.ca/Transfer>

All requests for course transfer credit from institutions in British Columbia or elsewhere should go to the College of the Rockies Enrolment Services office.

Textbook Resources:

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbooks were in use:

Alpine skiers use the CSIA Instructor Manual.

Snowboarders use the CASI Instructor Manual.

These textbooks will be provided in the course.

Please see the instructor's syllabus or check COTR's online text calculator <https://textbook.cotr.bc.ca/> for a complete list of the currently required textbooks.

Learning Outcomes:

Upon the successful completion of this course, students will be able to:

- explain the Alpine Responsibility Code;
 - explain the role of CSIA (Canadian Ski Instructors Alliance) and CASI (Canadian Association of Snowboard Instructors) as the governing bodies for ski and snowboard instructors in Canada;
 - demonstrate teaching theory specific to teaching beginner skier and snowboarders;
 - alpine skiers will meet the skills competencies for the CSIA Level 1 Instructor; and
 - snowboarders will meet the skills competencies for the CASI Level 1 Instructor.
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Course Topics:

Course topics for Alpine Skiers, taking the CSIA Level 1 Instructor Course:

- CSIA Level 1 instructor skills competencies
- Tactics for teaching beginner skiers
- Technical ski skills development
- Developing the overall ski experience of clients
- Fast track to parallel ski progression
- Assessment and development during a ski lesson
- Instructing children to ski

A complete listing of course topics for the alpine ski students is outlined in the CSIA Instructor Manual (provided to students on the course).

Course topics for Snowboarders, taking the CASI Level 1 Instructor Course:

- CASI level 1 instructor standards
- Teaching theory
- Analysis of technical skills
- Teaching progressions
- Beginner to intermediate riding
- Intermediate to advanced riding
- Advanced to expert riding

A complete listing of course topics for the snowboard students is outlined in the CASI Instructor Manual (provided to students on the course).

See instructor's syllabus for the detailed outline of weekly readings, activities and assignments.

Evaluation and Assessments

Grade Scheme

COM	NCG
Completed to the minimum defined standard	No credit granted – less than minimum defined standard

Pass requirements: None

Evaluation Notes Comments:

To complete the course, the alpine ski student must pass the CSIA Level 1 Instructor Certification; the snowboard student must pass the CASI Level 1 Instructor Certification.

Please see the instructor syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments and use of electronic aids.

Exam Attendance:

Students must attend all scheduled exams at the appointed time and place. Instructors may approve an alternate exam to accommodate an illness or personal crisis. Department heads will consider other written requests. Any student who misses a scheduled exam without prior approval will receive a “0” on the exam.

Academic Policies:

College of the Rockies policies related to courses can be found at <https://cotr.bc.ca/about-us/college-policies/> and include the following:

- Policy 2.4.3 Students with Documented Disabilities
- Policy 2.4.4 Student Conduct (plagiarism, other cheating, behavioral misconduct)
- Policy 2.5.8 Academic Performance
- Policy 2.5.3 Grade Appeal
- Policy 2.4.9 Student Concerns Re Faculty

Equivalent Course(s) and Course Code Changes

Equivalent Course: Students who have received COTR credit for ATBO 151 may not receive additional credit for MAST 147.

Course Changes:

The College of the Rockies updates course outlines regularly to meet changing educational, employment and marketing needs. The instructor will notify students in writing of any updates to this outline during the semester. The instructor reserves the right to revise, add or delete material while meeting the learning outcomes of this course outline.