



ATBO-151 – Ski/Snowboard Instructor Level 1

Business

Effective Term & Year: Fall 2024

Course Outline Review Date: 2029-04-01

Program Area: Tourism, Recreation, & Hospitality

Description:

This certification course allows students to become certified to work as a ski or snowboard instructor. Topics include the fundamentals of skiing or snowboarding technique, the responsibility code, learner progressions and the use of ski area lifts. The alpine skiers take the CSIA Alpine Ski Instructor Level 1 Certification course. The snowboarders take the CASI Snowboard Instructor Level 1 Certification course.

This course remains consistent with the standards expected of the CSIA and CASI certification courses.

Program Information:

This is an elective course in the Adventure Tourism Business Operations Diploma Program.

Delivery Methods: On-campus (Face-to-Face), Practicum

Credit Type: College of the Rockies Credits

Credits: 2

Instructional Activity and Hours:

Activity	Hours
Classroom, Directed Studies or Online Instruction	
Seminar/Tutorials	

Laboratory/Studio	
Practicum/Field Experience	32
Co-op/Work Experience	
Other	
Total	32

Course Requisites:

- Completed or concurrently enrolled in:
 - [ATBO106](#) – Experiential Leadership & Guiding (3)

Prior Learning and Recognition: Yes

Students are able to request formal recognition of their prior learning or experience outside the classroom. Challenge examination, portfolio-assisted assessment, work-based assessment or a combination of assessments that is appropriate to identify, assess, and recognize prior skills, competencies, and knowledge to achieve course credit. Tuition fees apply, refer to [Policy 2.5.5 Prior Learning Assessment and Recognition \(PLAR\)](#) or contact an education advisor for more information.

Course Transfer Credit:

For information about receiving transfer credit for courses taken at either British Columbia or Alberta institutions, please see <https://www.bctransferguide.ca/> or <https://transferalberta.alberta.ca> . For more transfer credit information, please visit <https://www.cotr.bc.ca/Transfer>

All requests for course transfer credit from institutions in British Columbia or elsewhere should go to the College of the Rockies Enrolment Services office.

Textbook Resources:

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbooks were in use:

Alpine skiers use the CSIA Online Instructor Manual.

Snowboarders use the CASI Online Instructor Manual.

Access to these online resources will be provided for students enrolled in this course.

Please see the instructor's syllabus or check COTR's online text calculator <https://textbook.cotr.bc.ca/> for a complete list of the currently required textbooks.

Learning Outcomes:

Upon the successful completion of this course, students will be able to:

- explain the Alpine Responsibility Code;
 - explain the role of CSIA (Canadian Ski Instructors Alliance) and CASI (Canadian Association of Snowboard Instructors) as the governing bodies for ski and snowboard instructors in Canada;
 - demonstrate teaching theory specific to teaching beginner skiers and snowboarders;
 - meet the skills competencies for the CSIA Level 1 Instructor (for alpine skiers); and
 - meet the skills competencies for the CASI Level 1 Instructor (for snowboarders).
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Course Topics:

Course topics for Alpine Skiers, taking the CSIA Level 1 Instructor Course:

- CSIA Level 1 instructor skills competencies
- Tactics for teaching beginner skiers
- Technical ski skills development
- Developing the overall ski experience of clients
- Fast track to parallel ski progression
- Assessment and development during a ski lesson
- Instructing children to ski

A complete listing of course topics for the alpine ski students is outlined in the CSIA Instructor Manual (provided to students on the course).

Course topics for Snowboarders, taking the CASI Level 1 Instructor Course:

- CASI level 1 instructor standards
- Teaching theory
- Analysis of technical skills
- Teaching progressions
- Beginner to intermediate riding
- Intermediate to advanced riding
- Advanced to expert riding

A complete listing of course topics for the snowboard students is outlined in the CASI Instructor Manual (provided to students on the course).

See instructor's syllabus for the detailed outline of weekly readings, activities and assignments.

Evaluation and Assessments

Assessment Type: On-Campus (face-to-face)

Assessment Type	% of Total Grade
Theory Exam conducted by CSIA/CASI.	50

Assessment Type: Practicum

Assessment Type	% of Total Grade
Practical Skills Exam conducted by CSIA/CASI.	50

Grade Scheme

COM	NCG
Completed to the minimum defined standard	No credit granted – less than minimum defined standard

Evaluation Notes Comments:

To complete the ATBO 151 course, the alpine ski student must pass the CSIA Level 1 Instructor Certification; the snowboard student must pass the CASI Level 1 Instructor Certification.

Please see the instructor syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments and use of electronic aids.

Exam Attendance:

Students must attend all scheduled exams at the appointed time and place. Instructors may approve an alternate exam to accommodate an illness or personal crisis. Department heads will consider other written requests. Any student who misses a scheduled exam without prior approval will receive a "0" on the exam.

Academic Policies:

College of the Rockies policies related to courses can be found at

<https://cotr.bc.ca/about-us/college-policies/> and include the following:

- Policy 2.1.4 Course Audit
 - Policy 2.4.1 Credential Framework
 - Policy 2.4.3 Students with Documented Disabilities
 - Policy 2.4.4 Student Rights, Responsibilities and Conduct
 - Policy 2.4.8 Academic Performance
 - Policy 2.4.9 Student Feedback and Concerns
 - Policy 2.4.11 Storage of Academic Works
 - Policy 2.5.3 Student Appeal
 - Policy 2.5.5 Prior Learning Assessment and Recognition (PLAR)
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Equivalent Course(s) and Course Code Changes

Equivalent Course: Students who have received COTR credit for ATBO 151 may not receive additional credit for MAST 147.

Course Changes:

The College of the Rockies updates course outlines regularly to meet changing educational, employment and marketing needs. The instructor will notify students in writing of any updates to this outline during the semester. The instructor reserves the right to revise, add or delete material while meeting the learning outcomes of this course outline.