



COLLEGE OF  
THE ROCKIES

## EAP-116 – Child and Youth Development

### Health and Human Services

**Effective Term & Year:** Winter 2026  
**Course Outline Review Date:** 2031-09-01

**Program Area:** Child Youth and Family Studies

#### Description:

This course is designed for education assistant students and provides comprehensive understanding of child and youth development. Students will explore a variety of theories and perspectives on child and youth development. The course focuses on the physical, cognitive, social, and emotional development of K-12 students in primary, intermediate, middle, and high school levels.

#### Program Information:

This is a required course for the Child, Youth and Family Studies Program: Education Assistant Specialty.

**Delivery Methods:** Online

**Credit Type:** College of the Rockies Credits

**Credits:** 4

#### Instructional Activity and Hours:

| Activity  | Hours |
|---|-------|
| Classroom, Directed Studies or Online Instruction | 60    |
| Seminar/Tutorials                                 |       |
| Laboratory/Studio                                 |       |
| Practicum/Field Experience                        |       |

|                       |           |
|-----------------------|-----------|
| Co-op/Work Experience |           |
| Other                 |           |
| <b>Total</b>          | <b>60</b> |

### Course Requisites:

- Complete all of the following
  - Earned a minimum grade of C+ (65%) in at least 1 of the following:
    - [ENST 12](#) – English Studies 12
    - [ENFP 12](#) – English First Peoples 12
    - [ENGL090](#) – English – Provincial Level
  - Completed the following:
    - [EAP112](#) – Introduction to Systems, Structure and Roles in Education (4)

### Prior Learning and Recognition: Yes

Students are able to request formal recognition of their prior learning or experience outside the classroom. Challenge examination, portfolio-assisted assessment, work-based assessment or a combination of assessments that is appropriate to identify, assess, and recognize prior skills, competencies, and knowledge to achieve course credit. Tuition fees apply, refer to Policy [2.5.5 Prior Learning Assessment and Recognition \(PLAR\)](#) or contact an education advisor for more information.

### Course Transfer Credit:

For information about receiving transfer credit for courses taken at either British Columbia or Alberta institutions, please see <https://www.bctransferguide.ca/> or <https://transferalberta.alberta.ca> . For more transfer credit information, please visit <https://www.cotr.bc.ca/Transfer>

All requests for course transfer credit from institutions in British Columbia or elsewhere should go to the College of the Rockies Enrollment Service office.

### Textbook Resources:

Rathus, S. & Rogerson, R. (2024). *HDEV*. (5th Canadian ed). Cengage.

### Learning Outcomes:

Upon the successful completion of this course, students should be able to:

1. Identify and explain the stages of physical, cognitive, social, and emotional development at the primary, intermediate, middle, and high school levels.
2. Identify how prenatal and early childhood development impacts K-12 students.
3. Explain and compare typical and atypical stages of development in K-12 students as it relates to the roles and responsibilities of an Education Assistant.
4. Recognize Eurocentric and Indigenous theories and perspectives on child and youth development in educational settings.
5. Describe ways to support the holistic development of K-12 students, recognizing the interconnectedness of physical, cognitive, social, and emotional development.
6. Select appropriate strategies to promote physical, cognitive, social, and emotional development in K-12 students in various case studies and scenarios.
7. Reflect on personal bias, individual values, and cultural histories as it relates to child and youth development.

### Course Topics:

- Theories and perspectives on child and youth development
- Physical, cognitive, social, and emotional development during the early years
- Physical, cognitive, social, and emotional development during primary school years
- Physical, cognitive, social, and emotional development during intermediate school years
- Physical, cognitive, social, and emotional development during middle school years
- Physical, cognitive, social, and emotional development during high school years
- Roles and responsibilities for supporting child and youth development in a school setting
- Strategies for supporting child and youth development in a school setting

## Evaluation and Assessments

### Assessment Type: Online

| Assessment Type                   | % of Total Grade |
|-----------------------------------|------------------|
| Weekly Discussions and Activities | 60%              |
| Assignment #1                     | 20%              |
| Assignment #2                     | 20%              |
| Total                             | 100%             |

## Grade Scheme

| A+   | A     | A-    | B+    | B     | B-    | C+    | C     | C- | D | F   |
|------|-------|-------|-------|-------|-------|-------|-------|----|---|-----|
| >=90 | 89-85 | 84-80 | 79-76 | 75-72 | 71-68 | 67-64 | 63-60 |    |   | <60 |

**Pass requirements:** None

**Evaluation Notes:** A grade of “C” grants credit, but may not be sufficient as a prerequisite for sequential courses.

**Evaluation Notes Comments:**

A minimum passing grade of 60% is required to pass the course.

**Exam Attendance:**

Students must attend all scheduled exams at the appointed time and place. Instructors may approve an alternate exam to accommodate an illness or personal crisis. Department heads will consider other written requests. Any student who misses a scheduled exam without prior approval will receive a “0” on the exam.

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**Academic Policies:**

College of the Rockies policies related to courses can be found at <https://cotr.bc.ca/about-us/college-policies/> and include the following:

- Policy 2.1.4 Course Audit
- Policy 2.4.1 Credential Framework
- Policy 2.4.3 Students with Documented Disabilities
- Policy 2.4.4 Student Rights, Responsibilities and Conduct
- Policy 2.4.8 Academic Performance
- Policy 2.4.9 Student Feedback and Concerns
- Policy 2.4.11 Storage of Academic Works
- Policy 2.5.3 Student Appeal
- Policy 2.5.5 Prior Learning Assessment and Recognition (PLAR)

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**Equivalent Course(s) and Course Code Changes**

**Course Changes:**

The College of the Rockies updates course outlines regularly to meet changing educational, employment and marketing needs. The instructor will notify students in writing of any updates to this outline during the semester. The instructor reserves the right to revise, add or delete material while meeting the learning outcomes of this course outline.