



HCA-106 – Healing 2: Caring for Individuals Experiencing Cognitive Or Mental Challenges

Health and Human Services

Effective Term & Year: Fall 2022
Course Outline Review Date: 2026-03-01

Program Area: Health

Description:

This course builds on content from other courses to assist students to explore concepts and care giving approaches that allow the student to work effectively with individuals experiencing cognitive or mental challenges. The emphasis in this course is on supporting clients with dementia, recognizing responsive behaviors and identifying person-centered intervention strategies.

Program Information:

This course is one of the seven courses offered in the first semester of the Health Care Assistant Program. Satisfactory completion of this course is required to progress into Semester 2 of the program.

Delivery Methods: On-campus (Face-to-Face), Online

Credit Type: College of the Rockies Credits

Credits: 4

Instructional Activity and Hours:

Activity	Hours
Classroom, Directed Studies or Online Instruction	60
Seminar/Tutorials	
Laboratory/Studio	

Practicum/Field Experience	
Co-op/Work Experience	
Other	
Total	60

Course Requisites:

- Completed or concurrently enrolled in:
 - **HCA101** – Health and Healing: Concepts for Practice (4)
 - **HCA102** – Health Care Assistance: Introduction to Practice (3)
 - **HCA103** – Health 1: Interpersonal Communications (3)
 - **HCA104** – Health 2: Lifestyle and Choices (3)
 - **HCA105** – Healing 1: Caring for Individuals Experiencing Common Health Challenges (4)
 - **HCA107** – Healing 3: Personal Care and Assistance (4)

Flexible Assessment: No

Course Transfer Credit:

For information about receiving transfer credit for courses taken at other BC institutions, please see <http://www.bctransferguide.ca>. All requests for course transfer credit from institutions in BC or elsewhere should go to the College of the Rockies Enrollment Services office.

Textbook Resources:

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbooks were in use:

Sorentino, S.A., Remmert, L., & Wilk, M.J. (2018). *Mosby's Canadian Textbook for the Support Worker*. 4th Canadian Edition. Toronto, Canada: Elsevier.

Health Care Assistant Student Guide – *Healing 2: Caring for Individuals Experiencing Cognitive or Mental Challenges – HCA 106*

Please see the instructor's syllabus or check COTR's online text calculator <https://textbook.cotr.bc.ca/> for a complete list of the currently required textbooks.

Learning Outcomes:

Upon the successful completion of this course, students will be able to:

- describe ways to organize, administer and evaluate person-centered care and assistance for clients experiencing cognitive health challenges (dementia);
- describe ways to organize, administer and evaluate person-centered care and assistance for clients experiencing mental health challenges (other than dementia);
- demonstrate an understanding of effective approaches to disruptive or abusive behavior;
- describe types of abuse/abusive relationships and the cycle of abuse; and
- describe when to exit a potentially unsafe or abusive situation.

Course Topics:

- Cognitive Challenges in Older Adults
- Confusion and Dementia
- Common Causes of Reversible Changes in Mental Functioning
- Forms and Causes of Various Dementias
- Philosophies and Models of Care
- Stages of Dementia
- Importance of Life Review
- Myths and Stigmas Associated with Dementia
- Effective Communication Strategies for Clients with Dementia
- Assessing Situations and Individuals
- Responsive Behaviours
- Environment and Behaviours
- Activities for Individuals Experiencing Different Levels of Dementia.
- Care Giver Needs and Supports/Supporting Family Members Experiencing Grief and Loss
- Abuse
- Mental Health Challenges
- Cultural Differences in Perceptions of Mental Health Challenges and Dementia
- Caring for the Person and Family
- Suicide Risk and Prevention
- Unsafe Situations
- Implications of Involuntary Admission Under the Mental Health Act

See instructor's syllabus for the detailed outline of weekly readings, activities and assignments.

Evaluation and Assessments

Assessment Type: On-Campus (face-to-face)

Assessment Type	% of Total Grade
Midterm Exam	30%
Assignments	40%
Final Exam	30%
Total	100%

Grade Scheme

A+	A	A-	B+	B	B-	C+	C	C-	D	F
>=95	94-90	89-85	84-80	79-75	74-70					<70

Pass requirements: None

Exam Attendance:

Students must attend all scheduled exams at the appointed time and place. Instructors may approve an alternate exam to accommodate an illness or personal crisis. Department heads will consider other written requests. Any student who misses a scheduled exam without prior approval will receive a “0” on the exam.

Academic Policies:

College of the Rockies policies related to courses can be found at <https://cotr.bc.ca/about-us/college-policies/> and include the following:

- Policy 2.4.3 Students with Documented Disabilities
- Policy 2.4.4 Student Conduct (plagiarism, other cheating, behavioral misconduct)
- Policy 2.5.8 Academic Performance
- Policy 2.5.3 Grade Appeal
- Policy 2.4.9 Student Concerns Re Faculty

Course Changes:

The College of the Rockies updates course outlines regularly to meet changing educational, employment and marketing needs. The instructor will notify students in writing of any updates to this outline during the semester. The instructor reserves the right to revise, add or delete material while meeting the learning outcomes of this course outline.