



HSWR-106 – Families

Health and Human Services

Effective Term & Year: Fall 2022
Course Outline Review Date: 2025-04-01

Program Area: Child Youth and Family Studies

Description:

This course provides early childhood educators and human service workers with an in-depth understanding of the diverse nature of families, the issues and challenges that can be barriers to family health, and how to assist in building skills to work collaboratively to support families.

Program Information:

HSWR 106 is a required course for the Child, Youth and Family Studies Program: Early Childhood Education and Human Service Work.

Delivery Methods: On-campus (Face-to-Face), Online

Credit Type: College of the Rockies Credits

Credits: 3

Instructional Activity and Hours:

Activity	Hours
Classroom, Directed Studies or Online Instruction	45
Seminar/Tutorials	
Laboratory/Studio	
Practicum/Field Experience	
Co-op/Work Experience	
Other	
Total	45

Course Requisites:

- Earned a minimum grade of C+ (65%) in at least 1 of the following:
 - ENFP 12 – English First Peoples 12
 - ENST 12 – English Studies 12
 - ENGL090 – English – Provincial Level

Flexible Assessment: Yes

In some cases students may be able to apply for recognition of prior learning outside the classroom. This flexible assessment process provides equivalent course credit. It is a rigorous process that may include external evaluation, worksite assessment, demonstration, standardized test, self-assessment, interview, products/portfolio, and challenge exam, or other measures as appropriate. Tuition fees apply. Contact an education advisor for more information.

Course Transfer Credit:

For information about receiving transfer credit for courses taken at either British Columbia or Alberta institutions, please see <https://www.bctransferguide.ca/> or <https://transferalberta.alberta.ca> . For more transfer credit information, please visit <https://www.cotr.bc.ca/Transfer>

All requests for course transfer credit from institutions in British Columbia or elsewhere should go to the College of the Rockies Enrolment Services office.

Textbook Resources:

Textbook selection varies by instructor and may change from year to year. Check with the Bookstore:

Haig, J., & MacMillan, V. (2018). *Cites & sources: An APA documentation guide* (5th ed). Toronto, Ontario: Nelson Publishing.

Spindel, P. (2020). *Working with families: A guide for health and human services professionals* (2nd ed). Toronto, Ontario: Canadian Scholars Press.

Please see the instructor's syllabus or check COTR's online text calculator <https://textbook.cotr.bc.ca/> for a complete list of the currently required textbooks.

Learning Outcomes:

Upon the successful completion of this course, students will be able to:

- recognize and demonstrate respect for the diverse nature of families, including family systems, rules, and the various roles and their functions;
- develop theoretical and practical strategies for assisting and empowering families in coping effectively with adversity, using a strength based perspective;
- analyze how various challenges impact families in order to improve professional practice when supporting families;
- identify the importance of professional boundaries, confidentiality and ethics when supporting families;
- demonstrate an understanding of families as a fundamental part of society, including the historical perspective, the developmental stages, and various theoretical perspectives;
- demonstrate self-awareness of personal family beliefs, values, family experiences, and attitudes in order to understand how this may impact one's professional practice;
- demonstrate a respectful approach for diversity and inclusion;
- identify local, provincial, and federal support systems and resources for families;
- analyze the importance of community composition and coordinated community support in order to best support families with synchronized resources; and
- demonstrate cultural competence by using a world view that acknowledges personal bias and values, and supports individual and cultural histories.

Course Topics:

- The changing structure of families
- Ethics, boundaries, confidentiality, and professional practice
- Building on family strengths and promoting resilience
- Developmental stages of a family, the history, and theoretical perspectives
- Family communication
- Family roles, diversity and gender issues – immigrant and refugee families, aboriginal families, and LGBTQ families
- Family functioning
- Challenges for families – violence, addiction, disabilities, and grief
- Positive strategies and common pitfalls
- Federal, provincial and local support networks and resources

See instructor's syllabus for the detailed outline of weekly readings, activities and assignments.

Evaluation and Assessments

Assessment Type: On-Campus (face-to-face)

Assessment Type	% of Total Grade
Assignment 1: Family Structure	20%
Assignment 2: Family Biological and Social Relationships	20%
Assignment 3: Family Challenges	20%
Assignment 4: Family and Community	15%
Discussions/Activities	25%
Total	100%

Grade Scheme

A+	A	A-	B+	B	B-	C+	C	C-	D	F
>=90	89-85	84-80	79-76	75-72	71-68	67-64	63-60			<60

Pass requirements: A passing average (60% or higher) on all assignments and evaluations.

Exam Attendance:

Students must attend all scheduled exams at the appointed time and place. Instructors may approve an alternate exam to accommodate an illness or personal crisis. Department heads will consider other written requests. Any student who misses a scheduled exam without prior approval will receive a "0" on the exam.

Academic Policies:

College of the Rockies policies related to courses can be found at <https://cotr.bc.ca/about-us/college-policies/> and include the following:

- Policy 2.4.3 Students with Documented Disabilities
- Policy 2.4.4 Student Conduct (plagiarism, other cheating, behavioral misconduct)
- Policy 2.5.8 Academic Performance
- Policy 2.5.3 Grade Appeal
- Policy 2.4.9 Student Concerns Re Faculty

Equivalent Course(s) and Course Code Changes

Prior Course Code: CYFS 108

Course Changes:

The College of the Rockies updates course outlines regularly to meet changing educational, employment and marketing needs. The instructor will notify students in writing of any updates to this outline during the semester. The instructor reserves the right to revise, add or delete material while meeting the learning outcomes of this course outline.