



## HSWR-215 – Issues in Adolescence

### Health and Human Services

**Effective Term & Year:** Fall 2022

**Course Outline Review Date:** 2025-04-01

**Program Area:** Child Youth and Family Studies

#### Description:

This course introduces students to the contemporary study of adolescence from a lifespan perspective. It explores the challenges and the strengths of adolescence along with the ways this knowledge can be applied to support healthy development among the diversity of young people in this period of life.

#### Program Information:

This course is a requirement for the Human Service Worker Diploma and for the Aboriginal Education Support Worker Diploma.

**Delivery Methods:** Online

**Credit Type:** College of the Rockies Credits

**Credits:** 3

**Course type/s:** Social Sciences

#### Instructional Activity and Hours:

Activity	Hours
Classroom, Directed Studies or Online Instruction	45
Seminar/Tutorials	
Laboratory/Studio	
Practicum/Field Experience	
Co-op/Work Experience	

Other

Total	45
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### Course Requisites:

- Earned a minimum grade of C+ (65%) in at least 1 of the following:
  - ENFP 12 – English First Peoples 12
  - ENST 12 – English Studies 12
  - ENGL090 – English – Provincial Level

### Flexible Assessment: Yes

In some cases students may be able to apply for recognition of prior learning outside the classroom. This flexible assessment process provides equivalent course credit. It is a rigorous process that may include external evaluation, worksite assessment, demonstration, standardized test, self-assessment, interview, products/portfolio, and challenge exam, or other measures as appropriate. Tuition fees apply. Contact an education advisor for more information.

### Course Transfer Credit:

For information about receiving transfer credit for courses taken at either British Columbia or Alberta institutions, please see <https://www.bctransferguide.ca/> or <https://transferalberta.alberta.ca> . For more transfer credit information, please visit <https://www.cotr.bc.ca/Transfer>

All requests for course transfer credit from institutions in British Columbia or elsewhere should go to the College of the Rockies Enrolment Services office.

### Textbook Resources:

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbooks were in use:

McMahan, I., & Thompson, S. (2015). *Adolescence*. Canadian Edition. Toronto, ON: Pearson Education Canada.

Haig, J., & MacMillan, V. (2018). *Cites & sources: An APA documentation guide*. (5th ed). Toronto, Ontario: Nelson Publishing.

Please see the instructor's syllabus or check COTR's online text calculator

<https://textbook.cotr.bc.ca/> for a complete list of the currently required textbooks.

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### Learning Outcomes:

Upon the successful completion of this course, students will be able to:

- demonstrate how factors such as puberty, family dynamics, relationships with peers, school and work contribute to adolescent development;
  - explore how issues related to identity and gender impact relationships and contribute to behaviour;
  - develop strategies to support adolescents demonstrating externalizing and internalizing behaviours;
  - describe the impact of behaviour on health in adolescence;
  - explore how media can help and hinder adolescent development;
  - demonstrate how diversity and context influence adolescent development; and
  - apply knowledge of adolescent development to support positive developmental outcomes.
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### Course Topics:

- Puberty and Physical Development
- Cognitive Development
- Family Relationships
- Peers
- School and Work
- Culture and Media
- Gender
- Identity
- Intimacy & Sexuality
- Challenging Behaviours
- Positive Outcomes
- Community Programs and Public Policy

*See instructor's syllabus for the detailed outline of weekly readings, activities and assignments.*

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## Evaluation and Assessments

### Assessment Type: Online

Assessment Type	% of Total Grade
Weekly Discussions and Activities	40%
Assignments	35%

Quiz #1	10%
Quiz #2	15%
Total	100%

## Grade Scheme

A+	A	A-	B+	B	B-	C+	C	C-	D	F
>=90	89-85	84-80	79-76	75-72	71-68	67-64	63-60			<60

**Pass requirements:** A passing average (60% or higher) on all assignments and evaluations.

### Exam Attendance:

Students must attend all scheduled exams at the appointed time and place. Instructors may approve an alternate exam to accommodate an illness or personal crisis. Department heads will consider other written requests. Any student who misses a scheduled exam without prior approval will receive a "0" on the exam.

### Academic Policies:

College of the Rockies policies related to courses can be found at <https://cotr.bc.ca/about-us/college-policies/> and include the following:

- Policy 2.4.3 Students with Documented Disabilities
- Policy 2.4.4 Student Conduct (plagiarism, other cheating, behavioral misconduct)
- Policy 2.5.8 Academic Performance
- Policy 2.5.3 Grade Appeal
- Policy 2.4.9 Student Concerns Re Faculty

### Course Changes:

The College of the Rockies updates course outlines regularly to meet changing educational, employment and marketing needs. The instructor will notify students in writing of any updates to this outline during the semester. The instructor reserves the right to revise, add or delete material while meeting the learning outcomes of this course outline.