



## INDG-240 – Indigenous Peoples' Family Support Studies

University Arts and Science

**Effective Term & Year:** Fall 2023

**Course Outline Review Date:** 2028-03-01

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**Program Area:** Arts, Humanities, and Social Sciences

**Description:**

This course focuses on Indigenous Peoples' lived experiences in becoming "family". Students explore natural helping-networks inherent to Indigenous Peoples' place based knowledge, relationships and experiences. Impacts from more recent and ongoing colonial systems through assimilation policies and practices over time are approached to support students in appreciating how they can assist in providing culturally appropriate family support, promoting family wellness and safe environments for all through their own professional practices.

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**Program Information:**

This course is required in the AESW program and is an elective in other College programs. Refer to the College online guide for more information.

**Delivery Methods:** On-campus (Face-to-Face), Online

**Credit Type:** College of the Rockies Credits

**Credits:** 3

**Course type/s:** Social Sciences

**Instructional Activity and Hours:**

Activity	Hours
Classroom, Directed Studies or Online Instruction	45

Seminar/Tutorials	
Laboratory/Studio	
Practicum/Field Experience	
Co-op/Work Experience	
Other	
<b>Total</b>	<b>45</b>

### Course Requisites:

- Completed at least 1 of the following:
  - [INDG101](#) – Introduction to Indigenous Studies (3)
  - [INDG105](#) – Introduction to Health and Wellness in Indigenous Communities (3)
  - [INDG120](#) – Introduction to Indigenous Peoples' Worldviews (BC Focus) (3)

### Flexible Assessment: Yes

In some cases students may be able to apply for recognition of prior learning outside the classroom. This flexible assessment process provides equivalent course credit. It is a rigorous process that may include external evaluation, worksite assessment, demonstration, standardized test, self-assessment, interview, products/portfolio, and challenge exam, or other measures as appropriate. Tuition fees apply. Contact an education advisor for more information.

### Course Transfer Credit:

For information about receiving transfer credit for courses taken at either British Columbia or Alberta institutions, please see <https://www.bctransferguide.ca/> or <https://transferalberta.alberta.ca> . For more transfer credit information, please visit <https://www.cotr.bc.ca/Transfer>

All requests for course transfer credit from institutions in British Columbia or elsewhere should go to the College of the Rockies Enrolment Services office.

### Textbook Resources:

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbooks were in use:

Course readings and resources available online.

*Please see the instructor's syllabus or check COTR's online text calculator*

<https://textbook.cotr.bc.ca/> for a complete list of the currently required textbooks.

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### Learning Outcomes:

Upon the successful completion of this course, students will be able to

- describe the strength and cohesion of Indigenous Peoples' as families and communities;
  - discuss the value and importance of Indigenous Peoples' natural helping networks and cultural frameworks;
  - examine the differences between mainstream and Indigenous family support and child protection;
  - explain the inter-generational effects caused by government assimilation policies of forced child removal on Indigenous families and communities;
  - assess regional (Place Based) resources, "Best Practices" and models of supports available for Indigenous families; and
  - plan and construct a Personal Practice Model.
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### Course Topics:

- WEIRD Culture and Biases, Assumptions and Prejudices
- Cultural concepts of Family and Being Human
- Systems of Trauma
- Neuro-Cognitive Development, Spirituality and Intergenerational Experiences
- Indigenous perspectives on Family Health and Wellness
- Environments and Community: Strength and Cohesion
- Needs and Challenges specific to Indigenous Parents and Caregivers
- Family Support Models and NEXT "Best Practice"
- Working in a Cross-cultural Environment
- Federal and Provincial legislation
- Reserve systems; Residential schools; "the 60s" and "millennial" Scoops and current Indigenous child welfare system).

*See instructor's syllabus for the detailed outline of weekly focused course readings, activities and assignments.*

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## Evaluation and Assessments

### Assessment Type: On-Campus (face-to-face) and Online, or Hybrid

Assessment Type	% of Total Grade
Leadership and Participation in Discussions	25%
Reflective Journals	30%

Research Paper	15%
Personal Practice Model	30%
Total	100%

## Grade Scheme

A+	A	A-	B+	B	B-	C+	C	C-	D	F
>=90	89-85	84-80	79-76	75-72	71-68	67-64	63-60	59-55	54-50	<50

**Pass requirements:** All assignments and evaluations must be completed.

**Evaluation Notes:** A grade of “D” grants credit, but may not be sufficient as a prerequisite for sequential courses.

### Exam Attendance:

Students must attend all scheduled exams at the appointed time and place. Instructors may approve an alternate exam to accommodate an illness or personal crisis. Department heads will consider other written requests. Any student who misses a scheduled exam without prior approval will receive a “0” on the exam.

### Academic Policies:

College of the Rockies policies related to courses can be found at <https://cotr.bc.ca/about-us/college-policies/> and include the following:

- Policy 2.4.3 Students with Documented Disabilities
- Policy 2.4.4 Student Conduct (plagiarism, other cheating, behavioral misconduct)
- Policy 2.5.8 Academic Performance
- Policy 2.5.3 Grade Appeal
- Policy 2.4.9 Student Concerns Re Faculty

### Equivalent Course(s) and Course Code Changes

Prior Course Code: SOCI 240

Date changed: March 2021

### Course Changes:

The College of the Rockies updates course outlines regularly to meet changing educational, employment and marketing needs. The instructor will notify students in writing of any updates to

this outline during the semester. The instructor reserves the right to revise, add or delete material while meeting the learning outcomes of this course outline.