



## **INDG-250 – Indigenous Peoples' Relationships to Landscapes and Waterways: Place Based Health and Healing**

**University Arts and Science**

**Effective Term & Year: Fall 2023**

**Course Outline Review Date: 2028-04-01**

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**Program Area:** Arts, Humanities, and Social Sciences

**Description:**

Students will focus upon Indigenous Peoples' Place Based relationships within "Landscapes and Waterways" as the foundation for health and healing. Indigenous Peoples' relationships and knowledge related to "all living things" are presented as context for wellbeing and are central within Indigenous Peoples' self development efforts, including as bands and communities. Multi and Inter disciplinary approaches, enable students to critically approach the idea of relationships to place including, as "landscapes and waterways".

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**Program Information:**

This course, which is considered a social science, can be used as either a required course or an elective towards a certificate, diploma or associate degree within several University Studies Programs.

**Delivery Methods:** On-campus (Face-to-Face), Online

**Credit Type:** College of the Rockies Credits

**Credits:** 3

**Course type/s:** Social Sciences

**Instructional Activity and Hours:**

<b>Activity</b>	<b>Hours</b>
Classroom, Directed Studies or Online Instruction	45
Seminar/Tutorials	
Laboratory/Studio	
Practicum/Field Experience	
Co-op/Work Experience	
Other	
<b>Total</b>	<b>45</b>

### **Course Requisites:**

None

### **Flexible Assessment: Yes**

In some cases students may be able to apply for recognition of prior learning outside the classroom. This flexible assessment process provides equivalent course credit. It is a rigorous process that may include external evaluation, worksite assessment, demonstration, standardized test, self-assessment, interview, products/portfolio, and challenge exam, or other measures as appropriate. Tuition fees apply. Contact an education advisor for more information.

### **Course Transfer Credit:**

For information about receiving transfer credit for courses taken at either British Columbia or Alberta institutions, please see <https://www.bctransferguide.ca/> or <https://transferalberta.alberta.ca> . For more transfer credit information, please visit <https://www.cotr.bc.ca/Transfer>

All requests for course transfer credit from institutions in British Columbia or elsewhere should go to the College of the Rockies Enrolment Services office.

### **Textbook Resources:**

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbooks were in use:

Course Reading Package

*Please see the instructor's syllabus or check COTR's online text calculator <https://textbook.cotr.bc.ca/> for a complete list of the currently required textbooks.*

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## **Learning Outcomes:**

Upon the successful completion of this course, students will be able to

- Describe Place Based Indigenous Peoples' ways of being, doing and knowing for health and wellness in relation to landscapes and waterways;
- Discuss similarities and differences in various Indigenous Peoples nations and limitations of such an approach to Indigenous Peoples relationships to landscapes and waterways;
- Examine a variety of approaches to Land Use, and Planning, currently applied by various levels of governments including Bands, Tribal/Nation Councils, Municipal, Provincial and Federal Governments
- Identify components of healthy environments and evaluate barriers to sustaining healthy Indigenous Peoples' and cultures;
- Assess policy and/or current practice for 'goodness of fit' with Indigenous Peoples Self-development efforts in health and healing

Design a framework that centres Indigenous Peoples' knowledges with respect to their own positionality/relationship to Indigenous peoples, communities, and nations in an area of interest and intersection

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## **Course Topics:**

- Development and Trauma
- Ecophobia
- Food Sheds, Security, Systems and Sovereignty
- Biological and Linguistic Diversity
- Intangible and Tangible Cultural Heritage
- Conflict and Resolution in His/Her stories of Place
- Cultural Revitalization
- Cultural Values research
- Murdered and Missing Indigenous Women and Girls Report: Reclaiming Power and Place
- Embodiment and embedded experiences
- Indigenous conceptions of health, healing, and wellness
- Action and Activities 'on/with the land/water
- Lands based policies, issues, planning and opportunities

*See Instructor's syllabus for the detailed outline of weekly readings, activities and assignments.*

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## Evaluation and Assessments

### Assessment Type: On-Campus (face-to-face) and Online, or Hybrid

Assessment Type	% of Total Grade
Leadership and Participation in Discussion	30%
Reflective Journal Entries	30%
Policy Review	10%
Place Based Policy Framework: Recommendations and Actions	30%
<b>Total</b>	<b>100%</b>

## Grade Scheme

A+	A	A-	B+	B	B-	C+	C	C-	D	F
>=90	89-85	84-80	79-76	75-72	71-68	67-64	63-60	59-55	54-50	<50

**Evaluation Notes:** A grade of “D” grants credit, but may not be sufficient as a prerequisite for sequential courses.

### Exam Attendance:

Students must attend all scheduled exams at the appointed time and place. Instructors may approve an alternate exam to accommodate an illness or personal crisis. Department heads will consider other written requests. Any student who misses a scheduled exam without prior approval will receive a “0” on the exam.

### Academic Policies:

College of the Rockies policies related to courses can be found at <https://cotr.bc.ca/about-us/college-policies/> and include the following:

- Policy 2.4.3 Students with Documented Disabilities
- Policy 2.4.4 Student Conduct (plagiarism, other cheating, behavioral misconduct)
- Policy 2.5.8 Academic Performance
- Policy 2.5.3 Grade Appeal
- Policy 2.4.9 Student Concerns Re Faculty

### Equivalent Course(s) and Course Code Changes

Prior Course Code: ANTH 250

Date changed: March 2021

## **Course Changes:**

The College of the Rockies updates course outlines regularly to meet changing educational, employment and marketing needs. The instructor will notify students in writing of any updates to this outline during the semester. The instructor reserves the right to revise, add or delete material while meeting the learning outcomes of this course outline.