



## KNES-201 – Sport and Health Policy in Canada

### Health and Human Services

**Effective Term & Year:** Fall 2024

**Course Outline Review Date:** 2029-03-01

**Program Area:** Health

#### Description:

This course examines the organization and role of sport and recreation delivery systems in Canada. Students explore the historical, social, and political influences on sport and health policy and the increasing collaboration among Federal/Provincial/Territorial governments, non-profit organizations, and commercial enterprises.

#### Program Information:

This is a required course in the Kinesiology Diploma Program and may be used as an elective for students in other disciplines.

**Delivery Methods:** On-campus (Face-to-Face)

**Credit Type:** College of the Rockies Credits

**Credits:** 3

**Course type/s:** Social Sciences, Humanities

#### Instructional Activity and Hours:

Activity	Hours
Classroom, Directed Studies or Online Instruction	45
Seminar/Tutorials	
Laboratory/Studio	

Practicum/Field Experience	
Co-op/Work Experience	
Other	
<b>Total</b>	<b>45</b>

### Course Requisites:

- Earned a minimum grade of C- (55%) in at least 1 of the following:
  - ENGL100 – English Composition (3)
  - ENGL101 – Introduction to Poetry and Drama (3)

### Flexible Assessment: Yes

Students are able to request formal recognition of their prior learning or experience outside the classroom. Challenge examination, portfolio-assisted assessment, or work-based assessment are used to identify, assess, and recognize prior skills, competencies, and knowledge to achieve course credit. Tuition fees apply, refer to Policy [2.5.5 Prior Learning Assessment and Recognition \(PLAR\)](#) or contact an education advisor for more information.

### Course Transfer Credit:

For information about receiving transfer credit for courses taken at either British Columbia or Alberta institutions, please see <https://www.bctransferguide.ca/> or <https://transferalberta.alberta.ca> . For more transfer credit information, please visit <https://www.cotr.bc.ca/Transfer>

All requests for course transfer credit from institutions in British Columbia or elsewhere should go to the College of the Rockies Enrolment Services office.

### Textbook Resources:

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbooks were in use:

Reading Package for KNES 201

*Please see the instructor's syllabus or check COTR's online text calculator <https://textbook.cotr.bc.ca/> for a complete list of the currently required textbooks.*

## Learning Outcomes:

Upon the successful completion of this course, students will be able to

- initiate and participate in discussion regarding the roles of recreation, play, sport and leisure in Canadian society;
- identify and discuss the historical, geographical and sociological facts which have shaped the unique nature of Canadian sport and health policy;
- outline the delivery of sport through local government, provincial government, federal government, non-profit and commercial organizations;
- critique the role of Health Canada on physical activity levels;
- identify solutions to address barriers to newcomers' participation in sport;
- explore ways in which sport organizations in Canada are adapting and developing policies and practices with regards to gender diversity and inclusion; and
- predict and examine future issues and trends in sport and leisure.

## Course Topics:

- Overview of Canada's sport delivery system
- Overview of Health Canada policy on physical activity
- Role of Government in sport, education and leisure
- Role of Sport/Organizations in Canadian Society
- Issues, trends and professional practices
- Role of non-profit sector and commercial sector
- Future of Canada's sport delivery system

See instructor's syllabus for the detailed outline of weekly readings, activities and assignments.

## Evaluation and Assessments

### Assessment Type: On-Campus (face-to-face)

Assessment Type	% of Total Grade
Assignments	50%
Midterm	20%
Final Exam	30%
Total	100%

### Grade Scheme

A+	A	A-	B+	B	B-	C+	C	C-	D	F
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>=90	89-85	84-80	79-76	75-72	71-68	67-64	63-60	59-55	54-50	<50
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**Pass requirements:** None

**Evaluation Notes:** A grade of “D” grants credit, but may not be sufficient as a prerequisite for sequential courses.

**Evaluation Notes Comments:**

Please see the instructor’s syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments and use of electronic aids.

**Exam Attendance:**

Students must attend all scheduled exams at the appointed time and place. Instructors may approve an alternate exam to accommodate an illness or personal crisis. Department heads will consider other written requests. Any student who misses a scheduled exam without prior approval will receive a “0” on the exam.

**Academic Policies:**

College of the Rockies policies related to courses can be found at <https://cotr.bc.ca/about-us/college-policies/> and include the following:

- Policy 2.1.4 Course Audit
- Policy 2.4.1 Credential Framework
- Policy 2.4.3 Students with Documented Disabilities
- Policy 2.4.4 Student Rights, Responsibilities and Conduct
- Policy 2.4.8 Academic Performance
- Policy 2.4.9 Student Feedback and Concerns
- Policy 2.4.11 Storage of Academic Works
- Policy 2.5.3 Student Appeal
- Policy 2.5.5 Prior Learning Assessment and Recognition (PLAR)

**Equivalent Course(s) and Course Code Changes**

Prior Course Code: HKIN 201 >> KNES 201

Date changed: September 2012

**Course Changes:**

The College of the Rockies updates course outlines regularly to meet changing educational, employment and marketing needs. The instructor will notify students in writing of any updates to

this outline during the semester. The instructor reserves the right to revise, add or delete material while meeting the learning outcomes of this course outline.