



## MAST-119 – Guiding and Leadership

### Business

**Effective Term & Year:** Fall 2022

**Course Outline Review Date:** 2027-03-01

**Program Area:** Tourism, Recreation, & Hospitality

#### Description:

This course involves an exploration of leadership and effective practice of theories and concepts of teaching, guiding and learning in an outdoor setting. Students examine leadership models, group and individual facilitation and the importance of communication while building a blue print of their own personal leadership philosophy and abilities. Other topics include certification standards, log book requirements and legal parameters.

#### Program Information:

This course is required for MAST certificate completion.

**Delivery Methods:** On-campus (Face-to-Face), Practicum

**Credit Type:** College of the Rockies Credits

**Credits:** 3

#### Instructional Activity and Hours:

Activity	Hours
Classroom, Directed Studies or Online Instruction	40
Seminar/Tutorials	
Laboratory/Studio	
Practicum/Field Experience	5
Co-op/Work Experience	

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Other

Total	45
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**Course Requisites:**

None

**Flexible Assessment:** Yes

In some cases students may be able to apply for recognition of prior learning outside the classroom. This flexible assessment process provides equivalent course credit. It is a rigorous process that may include external evaluation, worksite assessment, demonstration, standardized test, self-assessment, interview, products/portfolio, and challenge exam, or other measures as appropriate. Tuition fees apply. Contact an education advisor for more information.

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**Course Transfer Credit:**

For information about receiving transfer credit for courses taken at either British Columbia or Alberta institutions, please see <https://www.bctransferguide.ca/> or <https://transferalberta.alberta.ca> . For more transfer credit information, please visit <https://www.cotr.bc.ca/Transfer>

All requests for course transfer credit from institutions in British Columbia or elsewhere should go to the College of the Rockies Enrolment Services office.

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**Textbook Resources:**

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbooks were in use:

Mountaineering Freedom of the Hills, 8th Ed. The Mountaineers, 2010.

*Please see the instructor's syllabus or check COTR's online text calculator <https://textbook.cotr.bc.ca/> for a complete list of the currently required textbooks.*

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**Learning Outcomes:**

Upon the successful completion of this course, students will be able to

- discuss the scope and breadth of effective interpersonal and leadership skills, strategies, roles and responsibilities required of a practitioner;
- understand theories of motivation, communication, group dynamics, team development, collaboration, power, decision making and conflict resolution;
- demonstrate leadership knowledge in a variety of adventure based settings;
- reflect on and record personal leadership abilities, development and self-analysis;
- demonstrate the importance of effective interpersonal communication;
- demonstrate effective and consistent trip planning procedures;
- describe and discuss issues surrounding the structure and legalities of log books in the Adventure Tourism Industry;
- develop a personal log book: Record activities, courses, certification and expeditions for personal and employment considerations;

### Course Topics:

- Foundations of Leadership
- Working with Groups
- Leadership Communication Skills
- Log Book Development

*See instructor's syllabus for the detailed outline of weekly readings, activities and assignments.*

## Evaluation and Assessments

### Assessment Type: On-Campus (face-to-face)

Assessment Type	% of Total Grade
Attendance & Participation	10%
Food Planning Project	15%
Leadership Self-Assessment	15%
Log Book	10%
Multi-Day Trip Plan	25%
Facilitating Learning Lesson	25%
Total	100%

### Grade Scheme

A+	A	A-	B+	B	B-	C+	C	C-	D	F
>=90	89-85	84-80	79-76	75-72	71-68	67-64	63-60	59-55	54-50	<50

**Evaluation Notes:** A grade of “D” grants credit, but may not be sufficient as a prerequisite for sequential courses.

**Exam Attendance:**

Students must attend all scheduled exams at the appointed time and place. Instructors may approve an alternate exam to accommodate an illness or personal crisis. Department heads will consider other written requests. Any student who misses a scheduled exam without prior approval will receive a “0” on the exam.

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**Academic Policies:**

College of the Rockies policies related to courses can be found at <https://cotr.bc.ca/about-us/college-policies/> and include the following:

- Policy 2.4.3 Students with Documented Disabilities
  - Policy 2.4.4 Student Conduct (plagiarism, other cheating, behavioral misconduct)
  - Policy 2.5.8 Academic Performance
  - Policy 2.5.3 Grade Appeal
  - Policy 2.4.9 Student Concerns Re Faculty
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**Equivalent Course(s) and Course Code Changes**

Equivalent Course: Students who have received COTR credit for MAST 119 may not receive additional credit for ATBO 106 OR RECR 102.

Prior Course Code: MSTA 119 Leadership

New Course Code: MAST 119 Guiding and Leadership

Date changed: March 2009

**Course Changes:**

The College of the Rockies updates course outlines regularly to meet changing educational, employment and marketing needs. The instructor will notify students in writing of any updates to this outline during the semester. The instructor reserves the right to revise, add or delete material while meeting the learning outcomes of this course outline.