



MAST-147 – Alpine Ski/Snowboard Instructor Certification

Business

Effective Term & Year: Fall 2022
Course Outline Review Date: 2027-03-01

Program Area: Tourism, Recreation, & Hospitality

Description:

The Level 1 Courses combine the basics of practical teaching methods, technical understanding and development of guest service skills. Candidates receive coaching on their riding, teaching and people skills with the goal of reaching the Level 1 standard. They also receive suggestions and strategies for long-term development. Level 1 is a pre-requisite for Level 2. The alpine skiers take the CSIA Alpine Ski Instructor Level 1 Certification course. The snowboarders take the CASI Snowboard Instructor Level 1 Certification course.

Program Information:

This course is required for completion of the MAST certificate.

Delivery Methods: On-campus (Face-to-Face), Practicum

Credit Type: College of the Rockies Credits

Credits: 2

Instructional Activity and Hours:

Activity	Hours
Classroom, Directed Studies or Online Instruction	
Seminar/Tutorials	
Laboratory/Studio	
Practicum/Field Experience	32

Co-op/Work Experience	
Other	
Total	32

Course Requisites:

None

Flexible Assessment: Yes

In some cases students may be able to apply for recognition of prior learning outside the classroom. This flexible assessment process provides equivalent course credit. It is a rigorous process that may include external evaluation, worksite assessment, demonstration, standardized test, self-assessment, interview, products/portfolio, and challenge exam, or other measures as appropriate. Tuition fees apply. Contact an education advisor for more information.

Course Transfer Credit:

For information about receiving transfer credit for courses taken at either British Columbia or Alberta institutions, please see <https://www.bctransferguide.ca/> or <https://transferalberta.alberta.ca> . For more transfer credit information, please visit <https://www.cotr.bc.ca/Transfer>

All requests for course transfer credit from institutions in British Columbia or elsewhere should go to the College of the Rockies Enrolment Services office.

Textbook Resources:

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbooks were in use:

All necessary materials will be provided.

Please see the instructor's syllabus or check COTR's online text calculator <https://textbook.cotr.bc.ca/> for a complete list of the currently required textbooks.

Learning Outcomes:

Upon the successful completion of this course, students will be able to:

- achieve Level 1 Instructor Certification for either alpine skiing or snowboarding.

This course should also help students:

- improve teaching skills;
- improve interpersonal communication;
- develop group management skills;
- develop hazard evaluation skills; and
- develop critical thinking skills.

Course Topics:

- Review Course outline and Performance criteria
- Video: Level 1 Standards
- Workshop – Basic Skiing Competencies
- Video: Skiing Competencies
- Ski improvement understanding the skiing skills through individual skill development
- Guest service exercise
- Ski improvement with a tactical approach
- Technique – The Canadian Approach
- Canadian Ski Teaching (Chapter 1 of the CSIA manual)
- Fast Track to Parallel – Methodology and Teaching Children
- Professionalism, Roles and Responsibilities
- Safety and Risk Management
- Alpine Responsibility Code
- Tactics for all age
- Teaching Workshops – Developing the guest experience
- Free Tactics – Fun development session

See instructor’s syllabus for the detailed outline of weekly readings, activities and assignments.

Evaluation and Assessments

Assessment Type: On-Campus (face-to-face)

Assessment Type	% of Total Grade
Meeting passing criteria as set by the certifying body, CASI, CSIA Canadian Alpine Ski Instructors Alliance Canadian Snowboard Instructors Alliance	100%

Grade Scheme

COM	NCG
Completed to the minimum defined standard	No credit granted – less than minimum defined standard

Evaluation Notes Comments:

Completed to defined standard as set by CSIA and CASI.

Exam Attendance:

Students must attend all scheduled exams at the appointed time and place. Instructors may approve an alternate exam to accommodate an illness or personal crisis. Department heads will consider other written requests. Any student who misses a scheduled exam without prior approval will receive a “0” on the exam.

Academic Policies:

College of the Rockies policies related to courses can be found at <https://cotr.bc.ca/about-us/college-policies/> and include the following:

- Policy 2.4.3 Students with Documented Disabilities
- Policy 2.4.4 Student Conduct (plagiarism, other cheating, behavioral misconduct)
- Policy 2.5.8 Academic Performance
- Policy 2.5.3 Grade Appeal
- Policy 2.4.9 Student Concerns Re Faculty

Equivalent Course(s) and Course Code Changes

Equivalent Course: Students who have received COTR credit for MAST 147 may not receive additional credit for ATBO 151.

Course Changes:

The College of the Rockies updates course outlines regularly to meet changing educational, employment and marketing needs. The instructor will notify students in writing of any updates to this outline during the semester. The instructor reserves the right to revise, add or delete material while meeting the learning outcomes of this course outline.