



MAST-169 – River Expedition Skills

Business

Effective Term & Year: Fall 2022

Course Outline Review Date: 2025-03-01

Program Area: Tourism, Recreation, & Hospitality

Description:

This course will introduce the students to multi day large group river expedition guiding skills. Topics include menu planning, shopping, packing and cooking for a large group. Students will utilization group cooking equipment and food safety and handling techniques. Planning, packing, set up of group paddling equipment, various style of craft, safety gear, personal gear packing and storage in crafts. The students will execute a large group multi day expedition.

Program Information:

This course is not required for completion of the MAST certificate.

Delivery Methods: On-campus (Face-to-Face), Practicum

Credit Type: College of the Rockies Credits

Credits: 2

Instructional Activity and Hours:

Activity	Hours
Classroom, Directed Studies or Online Instruction	
Seminar/Tutorials	
Laboratory/Studio	
Practicum/Field Experience	30
Co-op/Work Experience	
Other	

Total	30
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Course Requisites:

- Complete all of the following
 - Completed the following:
 - [MAST144](#) – Canoe Skills 1 (2)
 - [MAST145](#) – Whitewater Raft Guide Training 1 (2)
 - Completed at least 1 of the following:
 - [MAST166](#) – Whitewater Raft Guide Training 2 (2)
 - [MAST167](#) – Introduction to Whitewater Kayaking (2)

Flexible Assessment: Yes

In some cases students may be able to apply for recognition of prior learning outside the classroom. This flexible assessment process provides equivalent course credit. It is a rigorous process that may include external evaluation, worksite assessment, demonstration, standardized test, self-assessment, interview, products/portfolio, and challenge exam, or other measures as appropriate. Tuition fees apply. Contact an education advisor for more information.

Course Transfer Credit:

For information about receiving transfer credit for courses taken at either British Columbia or Alberta institutions, please see <https://www.bctransferguide.ca/> or <https://transferalberta.alberta.ca> . For more transfer credit information, please visit <https://www.cotr.bc.ca/Transfer>

All requests for course transfer credit from institutions in British Columbia or elsewhere should go to the College of the Rockies Enrolment Services office.

Textbook Resources:

None

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbooks were in use:

Please see the instructor's syllabus or check COTR's online text calculator <https://textbook.cotr.bc.ca/> for a complete list of the currently required textbooks

Learning Outcomes:

Upon the successful completion of this course, students will be able to:

- Demonstrate the skills required for organizing and guiding a multi day river trip;
- Understand River Safety procedures for large groups;
- Design and execute a menu for a large group;
- Demonstrate an understanding of the equipment requirements for large groups on the river; and
- Proficiently set up a camp kitchen for a large group.

Course Topics:

- Equipment, outfitting required for group river travel
- Enhance previously learned strokes and skills
- Rescue procedures for large groups
- River hydrology, Safety talk and river hazard identification
- Introduction to river scouting for multi craft river travel
- River running skills
- Trip leader responsibilities

See instructor’s syllabus for the detailed outline of weekly readings, activities and assignments.

Evaluation and Assessments

Assessment Type: On-Campus (face-to-face)

Assessment Type	% of Total Grade
Students are evaluated on performance of stated learning outcomes to a proficient level to complete the course. Demonstrated progression in river hazard management Demonstrated progression in paddling skills, river reading Demonstrated quality food planning, preparation, handling and clean up Demonstrated effective teamwork, communications, initiative for learning Demonstrated personal organization and professionalism	100%

Grade Scheme

COM	NCG
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Completed to the minimum defined standard	No credit granted – less than minimum defined standard
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Pass requirements: None

Exam Attendance:

Students must attend all scheduled exams at the appointed time and place. Instructors may approve an alternate exam to accommodate an illness or personal crisis. Department heads will consider other written requests. Any student who misses a scheduled exam without prior approval will receive a “0” on the exam.

Academic Policies:

College of the Rockies policies related to courses can be found at <https://cotr.bc.ca/about-us/college-policies/> and include the following:

- Policy 2.4.3 Students with Documented Disabilities
 - Policy 2.4.4 Student Conduct (plagiarism, other cheating, behavioral misconduct)
 - Policy 2.5.8 Academic Performance
 - Policy 2.5.3 Grade Appeal
 - Policy 2.4.9 Student Concerns Re Faculty
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Course Changes:

The College of the Rockies updates course outlines regularly to meet changing educational, employment and marketing needs. The instructor will notify students in writing of any updates to this outline during the semester. The instructor reserves the right to revise, add or delete material while meeting the learning outcomes of this course outline.