



## MAST-169 – River Expedition Skills

### Business

**Effective Term & Year:** Fall 2025  
**Course Outline Review Date:** 2030-03-01

**Program Area:** Tourism, Recreation, & Hospitality

#### Description:

This course will introduce the students to multi-day and large-group river-expedition guiding skills. Topics include menu planning, packing, and cooking for a large group. Students will utilize group cooking equipment and food safety and handling techniques. Students plan, pack, and set up group paddling equipment, safety gear, their own personal gear and organize the storage in crafts. The students will execute a large group multi day expedition.

#### Program Information:

This course is not required for completion of the MAST certificate.

**Delivery Methods:** On-campus (Face-to-Face), Practicum

**Credit Type:** College of the Rockies Credits

**Credits:** 2

#### Instructional Activity and Hours:

Activity	Hours
Classroom, Directed Studies or Online Instruction	
Seminar/Tutorials	
Laboratory/Studio	
Practicum/Field Experience	30
Co-op/Work Experience	

---

Other

Total	30
-------	----

---

**Course Requisites:**

- Complete all of the following
  - Completed the following:
    - [MAST144](#) – Canoe Skills (2)
    - [MAST145](#) – Whitewater Raft Guide Training 1 (2)
  - Completed at least 1 of the following:
    - [MAST166](#) – Whitewater Raft Guide Training 2 (2)
    - [MAST167](#) – Introduction to Whitewater Kayaking (2)

**Prior Learning and Recognition: Yes**

Students are able to request formal recognition of their prior learning or experience outside the classroom. Challenge examination, portfolio-assisted assessment, work-based assessment or a combination of assessments that is appropriate to identify, assess, and recognize prior skills, competencies, and knowledge to achieve course credit. Tuition fees apply, refer to [Policy 2.5.5 Prior Learning Assessment and Recognition \(PLAR\)](#) or contact an education advisor for more information.

---

**Course Transfer Credit:**

For information about receiving transfer credit for courses taken at either British Columbia or Alberta institutions, please see <https://www.bctransferguide.ca/> or <https://transferalberta.alberta.ca> . For more transfer credit information, please visit <https://www.cotr.bc.ca/Transfer>

All requests for course transfer credit from institutions in British Columbia or elsewhere should go to the College of the Rockies Enrolment Services office.

---

**Textbook Resources:**

None

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbooks were in use:

Please see the instructor's syllabus or check COTR's online text calculator

<https://textbook.cotr.bc.ca/> for a complete list of the currently required textbooks

### Learning Outcomes:

Upon the successful completion of this course, students will be able to:

- demonstrate the skills required for organizing and guiding a multi-day river trip;
- understand River Safety procedures for large groups;
- design and execute a menu for a large group;
- demonstrate an understanding of the equipment requirements for large groups on the river; and
- proficiently set up a camp kitchen for a large group.

### Course Topics:

- Equipment and outfitting required for group river travel
- Enhancing previously learned strokes and skills
- Rescue procedures for large groups
- River hydrology, Safety talk and river hazard identification
- River scouting and planning
- River running skills
- Trip leader responsibilities

*See instructor's syllabus for the detailed outline of weekly readings, activities and assignments.*

## Evaluation and Assessments

### Assessment Type: On-Campus (face-to-face)

Assessment Type	% of Total Grade
All skills to a minimum of a novice level:	100%
River hazard management	
Paddling skills and river reading	
Food planning, preparation, handling and clean up	
Teamwork and communication	
Personal organization and professionalism	

### Grade Scheme

COM	NCG
-----	-----

Completed to the minimum defined standard	No credit granted – less than minimum defined standard
---	--

**Evaluation Notes Comments:**

Students must complete each assessment to at least a novice level to pass the course. Novice level is determined in the Competency Scale Description provided by the program.

**Exam Attendance:**

Students must attend all scheduled exams at the appointed time and place. Instructors may approve an alternate exam to accommodate an illness or personal crisis. Department heads will consider other written requests. Any student who misses a scheduled exam without prior approval will receive a “0” on the exam.

**Academic Policies:**

College of the Rockies policies related to courses can be found at <https://cotr.bc.ca/about-us/college-policies/> and include the following:

- Policy 2.1.4 Course Audit
- Policy 2.4.1 Credential Framework
- Policy 2.4.3 Students with Documented Disabilities
- Policy 2.4.4 Student Rights, Responsibilities and Conduct
- Policy 2.4.8 Academic Performance
- Policy 2.4.9 Student Feedback and Concerns
- Policy 2.4.11 Storage of Academic Works
- Policy 2.5.3 Student Appeal
- Policy 2.5.5 Prior Learning Assessment and Recognition (PLAR)

**Course Changes:**

The College of the Rockies updates course outlines regularly to meet changing educational, employment and marketing needs. The instructor will notify students in writing of any updates to this outline during the semester. The instructor reserves the right to revise, add or delete material while meeting the learning outcomes of this course outline.