COLLEGE OF THE ROCKIES

NURS-111 – Professional Practice 1: Introduction to the Profession of Nursing

Health and Human Services

Effective Term & Year: Fall 2023
Course Outline Review Date: 2028-04-01

Program Area: Health

Description:

This course is an introduction to the profession of nursing. Participants examine the foundational concepts of the curriculum and how the concepts relate to nursing practice. Participants also explore the history of the profession of nursing and have the opportunity to explore and critically reflect upon the political and socioeconomic forces that have shaped the status of nurses in society and the evolution of the nursing profession. Standards of nursing practice and responsibility for safe and ethical nursing practice are also explored.

Program Information:

This course is required for the first year of the Bachelor of Science in Nursing Program. The materials in this course represent a component of a four year BSN program.

Delivery Methods: On-campus (Face-to-Face)

Credit Type: College of the Rockies Credits

Credits: 3

Instructional Activity and Hours:

Activity	Hours
Classroom, Directed Studies or Online Instruction	42
Seminar/Tutorials	

Laboratory/Studio	
Practicum/Field Experience	
Co-op/Work Experience	
Other	
Total	42

Course Requisites:

- Completed or concurrently enrolled in:
    - NURS110 – Health & Healing 1: Living Health (6)
    - NURS113 – Relational Practice 1: Self and Others (3)
    - NURS115 – Nursing Practice 1 (3)

Flexible Assessment: No

Course Transfer Credit:

For information about receiving transfer credit for courses taken at either British Columbia or Alberta institutions, please see https://www.bctransferguide.ca/ or https://transferalberta.alberta.ca . For more transfer credit information, please visit https://www.cotr.bc.ca/Transfer

All requests for course transfer credit from institutions in British Columba or elsewhere should go to the College of the Rockies Enrolment Services office.

Textbook Resources:

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbooks were in use:

American Psychological Association. (2020). *Publication manual of the American psychological association* (7th ed.). Washington, DC: Author.

University of Victoria and College Partners BSN Program. (2014, reformatted 2018). *Curriculum Guide*. Victoria, BC: author. (provided online)

McCleary, L., & McParland, T. (Eds.). (2021). *Ross-Kerr and Wood's Canadian nursing: Issues & perspectives* (6th ed). Elsevier.

Potter, P.A., Perry, A.G., Ross-Kerr, J.C., Stockert, P., Hall, A., Astle, B.J., & Duggleby, W. (Eds.). (2024). *Canadian fundamentals of nursing* (7th ed.). Elsevier Canada.

Please see the instructor's syllabus or check COTR's online text calculator https://textbook.cotr.bc.ca/ *for a complete list of the currently required textbooks.*

Learning Outcomes:

Upon the successful completion of this course, students will be able to

- describe the philosophy and foundations of the BSN curriculum;
- consider the influence of nursing history on the development of today's nursing profession;
- compare and contrast a variety of nursing roles and responsibilities;
- demonstrate an understanding of the profession of nursing as a member of an interprofessional team of health care providers;
- identify the roles of nursing knowledge and research in nursing practice;
- demonstrate nursing inquiry, research and writing skills;
- utilize professional nursing resources;
- interpret professional nursing policy and regulation;
- identify legal and ethical guidelines for nurses, and apply these to a variety of nursing contexts;
- demonstrate teaching and learning strategies for nurses;
- demonstrate nursing leadership skills;
- examine nursing contexts within which social inequities exist;
- articulate a personal nursing identity; and
- envision the future of the nursing profession.

Course Topics:

PROCESS:

Participants utilize resources, written and oral dialogue, and a variety of other learning activities to engage with the philosophical and conceptual foundations of the nursing program and nursing profession.

COURSE CONCEPTS:

CONTEXT

Ethics

- Safety, (client and self)
- Confidentiality
- Code of Ethics

Health Care System

- History and significance in relation to nursing

History (of nursing)

- Gendered perspective
- Global perspectives
- Social construction (include media influence)
- Horizontal violence

Legalities

- Scope of practice
- Confidentiality
- Self Regulation, Standards and legislation that regulates nursing practice (HPA, CRNBC, RNANT/NU, CNA, ICN, etc.)

Philosophy (Curriculum Foundations)

- Concept based curriculum
- Critical explorations
- Phenomenological explorations

INQUIRY

Information Technology

- Ethical use
- Use for storage and retrieval of nursing knowledge

Praxis

- Reflection/reflexivity

Teaching and Learning

- Critical thinking
- Writing
- Co-learning; co-teaching
- Information literacy

Ways of Knowing

- Various ways of knowing including empirics, aesthetics, relational, cultural etc.

NURSE

Responsibility and Roles

- Advocacy
- Promoting social justice
- Leadership
- Teaching – an introduction to philosophical approaches and strategies, learning theories
- Self-regulation

Socialization

- Professional resources
- Unionization
- Interprofessional
- Identity transitions (self, professional)

Please see instructor's syllabus for the detailed outline of weekly readings, activities and assignments.

Evaluation and Assessments

Assessment Type: On-Campus (face-to-face)

Assessment Type	% of Total Grade
Quiz	15%
Group Presentation	30%
Assignment	20%
Assignment	35%
Total	100%

Grade Scheme

A+	A	A-	B+	B	B-	C+	C	C-	D	F
>=95	94-90	89-85	84-80	79-75	74-70	69-65	64-60			<60

Pass requirements: All assignments and evaluations must be completed.

Additional related information/policies:

Please see the instructor syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments, resubmission of assignments, and use of

electronic aids.

ATTENDANCE AND ASSIGNMENT REQUIREMENTS:

See COTR Nursing Program Admission and Progression Policies

ADDITIONAL RELEVANT INFORMATION/POLICIES:

1. All learning experiences are mandatory. Students who are unable to attend a scheduled learning event must notify the instructor at the earliest possible opportunity.
2. Absence from learning experiences, for any reason, may preclude the student being able to meet the requirements for that course. Students who have missed 10% or more of their clinical practice experiences will be evaluated for their eligibility to remain in the program. (**Clinical courses only**)
3. All assignments must be submitted by the contract date. Assignments in clinical courses will be graded as either satisfactory or unsatisfactory based on assignment evaluative criteria. Extensions will be considered on an individual basis when legitimate circumstances support the student's request, provided the extension is negotiated 48 hours in advance of the due date.

Clinical courses are graded COM/NCG. Clinical courses grades are not included in a student's GPA.

To achieve a COM, students must:

- Complete all evaluative components of this course
- Achieve a level of "satisfactory" on the Nursing Practice self-assessment.

Exam Attendance:

Students must attend all scheduled exams at the appointed time and place. Instructors may approve an alternate exam to accommodate an illness or personal crisis. Department heads will consider other written requests. Any student who misses a scheduled exam without prior approval will receive a "0" on the exam.

Academic Policies:

College of the Rockies policies related to courses can be found at https://cotr.bc.ca/about-us/college-policies/ and include the following:

- Policy 2.4.3 Students with Documented Disabilities
- Policy 2.4.4 Student Conduct (plagiarism, other cheating, behavioral misconduct)

- Policy 2.5.8 Academic Performance
- Policy 2.5.3 Grade Appeal
- Policy 2.4.9 Student Concerns Re Faculty

Course Changes:

The College of the Rockies updates course outlines regularly to meet changing educational, employment and marketing needs. The instructor will notify students in writing of any updates to this outline during the semester. The instructor reserves the right to revise, add or delete material while meeting the learning outcomes of this course outline.