



NURS-111 – Professional Practice 1

Health and Human Services

Effective Term & Year: Fall 2025
Course Outline Review Date: 2030-04-01

Program Area: Health

Description:

Professional Practice 1: Introduction to the Profession of Nursing

This course is an introduction to the profession of nursing. Students examine foundational perspectives and concepts of the curriculum and their relationship to the development of autonomous nursing practice. Students explore the history of the profession of nursing and reflect upon the political, cultural, and socioeconomic forces that have influenced and are influencing the evolution of the nursing profession, and contemporary nursing roles and responsibilities. Standards of nursing practice and responsibility for safe, competent, and ethical nursing practice are studied.

Program Information:

This course is required for the first year of the Bachelor of Science in Nursing Program. The materials in this course represent a component of a four-year BSN program.

Delivery Methods: On-campus (Face-to-Face)

Credit Type: College of the Rockies Credits

Credits: 3

Instructional Activity and Hours:

Activity	Hours
Classroom, Directed Studies or Online Instruction	42

Seminar/Tutorials	
Laboratory/Studio	
Practicum/Field Experience	
Co-op/Work Experience	
Other	
Total	42

Course Requisites:

- Completed or concurrently enrolled in:
 - NURS110 – Health & Healing 1 (6)
 - NURS113 – Relational Practice 1 (3)
 - ENGL100 – English Composition (3)
 - BIOL181 – Introductory Human Anatomy and Physiology 1 (3)

Prior Learning and Recognition: No

Course Transfer Credit:

For information about receiving transfer credit for courses taken at either British Columbia or Alberta institutions, please see <https://www.bctransferguide.ca/> or <https://transferalberta.alberta.ca> . For more transfer credit information, please visit <https://www.cotr.bc.ca/Transfer>

All requests for course transfer credit from institutions in British Columbia or elsewhere should go to the College of the Rockies Enrolment Services office.

Textbook Resources:

Textbook selection varies by instructor and may change from year to year. At the Course Outline effective date, the following textbooks were in use:

American Psychological Association. (2020). *Concise guide to APA style* (7th ed.). <https://doi.org/10.1037/0000173-000>

Davies, B., & Logan, J. (2021). *Reading research: A user-friendly guide for health professionals* (7th ed.). Mosby Elsevier.

Potter, P. A., Perry, A. G., Ross-Kerr, J. C., Stockert, P., Hall, A., Astle, B. J., & Duggleby, W.

(Eds.). (2024). *Canadian fundamentals of nursing* (7th ed.). Elsevier Canada.

Please see the instructor's syllabus or check COTR's online text calculator <https://textbook.cotr.bc.ca/> for a complete list of the currently required textbooks.

Learning Outcomes:

By the end of this course, students will be able to:

- relate the curriculum foundational perspectives and concepts to the development of future professional nurses;
 - examine historical influences (i.e., social, economic, political, and cultural) on contemporary roles and responsibilities of Registered Nurses;
 - explore regulated, professional obligations in practice standards, scope of practice, and codes of ethics for Registered Nurses;
 - apply information literacy skills to retrieve credible sources evidence for nursing practice;
 - appraise the credibility of online sources to support evidence-based nursing practice;
 - critically analyze professional literature to accurately identify the author's central claim on a contemporary issue in nursing and evaluate its relevance for student nursing practice;
 - recognize influences that shape one's emerging professional identity as a Registered Nurse;
 - identify contributions of local, provincial, national, and international regulatory and professional nursing organizations and ways students can become involved; and
 - articulate the contributions of nursing and nurses in the context of the interprofessional health care team.
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Course Topics:

PROCESS:

Praxis is the underlying process that is used in the course. Students use resources and engage actively in dialogue (written and oral) individually and in groups. Students examine the profession of nursing and what it means to be a professional nurse. Learning activities engage students to explore program values and beliefs and standards that regulate the nursing profession to develop their nursing practice.

Featured Concepts:

- Context
- Equity
- Ethics
- Leadership

- Safety

Please see instructor's syllabus for the detailed outline of weekly readings, activities and assignments.

Evaluation and Assessments

Assessment Type: On-Campus (face-to-face)

Assessment Type	% of Total Grade
Quiz	15%
Group Presentation	30%
Assignment 1	20%
Assignment 2	35%
Total	100%

Grade Scheme

A+	A	A-	B+	B	B-	C+	C	C-	D	F
>=95	94-90	89-85	84-80	79-75	74-70	69-65	64-60			<60

Pass requirements: An overall average of C (60%) or higher is required to pass this course.

Additional related information/policies:

Please see the instructor syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments, resubmission of assignments, and use of electronic aids.

ATTENDANCE AND ASSIGNMENT REQUIREMENTS:

- [Policy 2.1.6 Progression and Re-admission – Bachelor of Science in Nursing](#)

Exam Attendance:

Students must attend all scheduled exams at the appointed time and place. Instructors may approve an alternate exam to accommodate an illness or personal crisis. Department heads will consider other written requests. Any student who misses a scheduled exam without prior approval will receive a "0" on the exam.

Academic Policies:

College of the Rockies policies related to courses can be found at

<https://cotr.bc.ca/about-us/college-policies/> and include the following:

- Policy 2.1.4 Course Audit
 - Policy 2.4.1 Credential Framework
 - Policy 2.4.3 Students with Documented Disabilities
 - Policy 2.4.4 Student Rights, Responsibilities and Conduct
 - Policy 2.4.8 Academic Performance
 - Policy 2.4.9 Student Feedback and Concerns
 - Policy 2.4.11 Storage of Academic Works
 - Policy 2.5.3 Student Appeal
 - Policy 2.5.5 Prior Learning Assessment and Recognition (PLAR)
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Course Changes:

The College of the Rockies updates course outlines regularly to meet changing educational, employment and marketing needs. The instructor will notify students in writing of any updates to this outline during the semester. The instructor reserves the right to revise, add or delete material while meeting the learning outcomes of this course outline.