



NURS-115 – Nursing Practice 1

Health and Human Services

Effective Term & Year: Fall 2022

Course Outline Review Date: 2027-03-01

Program Area: Health

Description:

This course is an opportunity for learners to integrate their learning from other Semester One courses with their beginning understanding of nursing practice. Learners are engaged with healthy individuals and families in the community and with nurses in practice to explore the breadth of nursing practice.

Program Information:

This course is required for the first year of the Bachelor of Science in Nursing Program. The materials in this course represent a component of a four year integrated BSN program.

Delivery Methods: On-campus (Face-to-Face), Practicum

Credit Type: College of the Rockies Credits

Credits: 3

Instructional Activity and Hours:

Activity	Hours
Classroom, Directed Studies or Online Instruction	27
Seminar/Tutorials	26
Laboratory/Studio	
Practicum/Field Experience	12
Co-op/Work Experience	

Other

Total	65
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Course Requisites:

- Completed or concurrently enrolled in:
 - **NURS110** – Health & Healing 1: Living Health (6)
 - **NURS111** – Professional Practice 1: Introduction to The Profession of Nursing (3)
 - **NURS113** – Relational Practice 1: Self and Others (3)
 - **BIOL181** – Introductory Human Anatomy and Physiology 1 (3)

Flexible Assesement: No

Course Transfer Credit:

For information about receiving transfer credit for courses taken at either British Columbia or Alberta institutions, please see <https://www.bctransferguide.ca/> or <https://transferalberta.alberta.ca> . For more transfer credit information, please visit <https://www.cotr.bc.ca/Transfer>

All requests for course transfer credit from institutions in British Columbia or elsewhere should go to the College of the Rockies Enrolment Services office.

Textbook Resources:

As this course provides learners with the opportunity to integrate their learning from other Semester One courses, the texts needed for NURS 110, 111, and 113 will be used in NURS 115: Nursing Practice 1. Learners should refer to the list of required texts and professional documents listed on those course outlines.

Resources: Stethoscope (good quality)

Name tag (will be ordered during the first week of class)

Navy tailored uniform

Closed toe and heel shoes

Business Casual Attire (not-denim)

Please see the instructor's syllabus or check COTR's online text calculator

<https://textbook.cotr.bc.ca/> for a complete list of the currently required textbooks.

Learning Outcomes:

Upon the successful completion of this course, students will be able to:

- Discuss the various roles, responsibilities, and scope of practice of the Registered Nurse with other professionals in diverse contexts;
 - Engage in professional nurse-client relationships and collaboration with individuals and families;
 - Engage with others to explore different perceptions and personal meanings of health and health promotion; and
 - Integrate first semester course concepts into nursing practice activities.
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Course Topics:

Learners develop their professional nursing practice, critical thinking, and critical reflection. Practice experiences are supported by praxis seminars, which provide opportunities to examine theories and concepts for discussion, exploration and integration. Praxis involves the examination of the dynamic interplay between theory and practice. Praxis is actualized by critical reflection, journaling and active participation in nursing practice seminars. Practice experiences provide opportunities for learners to begin developing their own nursing practice related to health promotion and health, as well as observe nurses working in diverse practice settings.

COURSE CONCEPTS:

CLIENT

- Individual
- Family
- Community
- Personal Meaning

NURSE

- Roles and Responsibilities
- Decision-making
- Socialization

RELATIONAL PRACTICE

- Relationship
- Caring
- Awareness

CONTEXT

- Community
- Family
- Society

INQUIRY

- Way of knowing
- Praxis

See instructor's syllabus for the detailed outline of weekly readings, activities and assignments.

Evaluation and Assessments

Assessment Type: On-Campus (face-to-face)

Assessment Type	% of Total Grade
Clinical Practice Reflective Activities	Satisfactory/Unsatisfactory
Decision Making for Nursing Practice Assignment	Satisfactory/Unsatisfactory
Nursing Practice Self-Assessment	Satisfactory/Unsatisfactory

Grade Scheme

COM	NCG
Completed to the defined standard – 60% and higher	No credit granted – less than 60%

Evaluation Notes Comments:

Clinical courses are graded COM/NCG. Clinical courses grades are not included in a student's GPA.

To achieve a COM, students must:

- Complete all evaluative components of this course
- Achieve a level of "satisfactory" on the Nursing Practice self-assessment.

Additional related information/policies:

Please see the instructor syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments, resubmission of assignments, and use of electronic aids.

ATTENDANCE AND ASSIGNMENT REQUIREMENTS:

See COTR Nursing Program Admission and Progression Policies

ADDITIONAL RELEVANT INFORMATION/POLICIES:

1. All learning experiences are mandatory. Students who are unable to attend a scheduled learning event must notify the instructor at the earliest possible opportunity.
2. Absence from learning experiences, for any reason, may preclude the student being able to meet the requirements for that course. Students who have missed 10% or more of their clinical practice experiences will be evaluated for their eligibility to remain in the program. **(Clinical courses only)**
3. All assignments must be submitted by the contract date. Assignments in clinical courses will be graded as either satisfactory or unsatisfactory based on assignment evaluative criteria. Extensions will be considered on an individual basis when legitimate circumstances support the student's request, provided the extension is negotiated 48 hours in advance of the due date.

Clinical courses are graded COM/NCG. Clinical courses grades are not included in a student's GPA.

To achieve a COM, students must:

- Complete all evaluative components of this course
- Achieve a level of "satisfactory" on the Nursing Practice self-assessment.

Exam Attendance:

Students must attend all scheduled exams at the appointed time and place. Instructors may approve an alternate exam to accommodate an illness or personal crisis. Department heads will consider other written requests. Any student who misses a scheduled exam without prior approval will receive a "0" on the exam.

Academic Policies:

College of the Rockies policies related to courses can be found at <https://cotr.bc.ca/about-us/college-policies/> and include the following:

- Policy 2.4.3 Students with Documented Disabilities
 - Policy 2.4.4 Student Conduct (plagiarism, other cheating, behavioral misconduct)
 - Policy 2.5.8 Academic Performance
 - Policy 2.5.3 Grade Appeal
 - Policy 2.4.9 Student Concerns Re Faculty
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Course Changes:

The College of the Rockies updates course outlines regularly to meet changing educational, employment and marketing needs. The instructor will notify students in writing of any updates to this outline during the semester. The instructor reserves the right to revise, add or delete material while meeting the learning outcomes of this course outline.