COLLEGE OF
THE ROCKIES

NURS-121 – Professional Practice 2: Introduction to the Discipline of Nursing

Health and Human Services

Effective Term & Year: Fall 2022
Course Outline Review Date: 2026-03-01

Program Area: Health

Description:

This course is an introduction to the discipline of nursing. Participants explore the historical development of nursing knowledge and theory as well as contemporary understandings of nursing as a discipline and the body of knowledge that defines it. Relationships between practice, theory and research are explored.

Program Information:

This course is required for the first year of the Bachelor of Science in Nursing Program. The materials in this course represent a component of a four year integrated BSN program.

Delivery Methods: On-campus (Face-to-Face)

Credit Type: College of the Rockies Credits

Credits: 3

Instructional Activity and Hours:

Activity	Hours
Classroom, Directed Studies or Online Instruction	42
Seminar/Tutorials	
Laboratory/Studio	
Practicum/Field Experience	
Co-op/Work Experience	

Other	
Total	42

Course Requisites:

- Complete all of the following
    - Prerequisites: Successful completion of semester one of the first year of the BSN program
    - Completed or concurrently enrolled in:
        - NURS120 – Health & Healing 2: Health Indictors (6)
        - NURS125 – Nursing Practice 2: Coming to Know the Client (5)

Flexible Assessment: No

Course Transfer Credit:

For information about receiving transfer credit for courses taken at either British Columbia or Alberta institutions, please see https://www.bctransferguide.ca/ or https://transferalberta.alberta.ca . For more transfer credit information, please visit https://www.cotr.bc.ca/Transfer

All requests for course transfer credit from institutions in British Columba or elsewhere should go to the College of the Rockies Enrolment Services office.

Textbook Resources:

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbooks were in use:

American Psychological Association. (2020). *Publication manual of the American psychological association* (7th ed.).

Chinn, P., & Kramer, M. (2019). *Knowledge development in nursing: Theory and process* (10th ed.). Elsevier.

Davies, B., & Logan, J. (2021). *Reading research: A user-friendly guide for nurses and other health professionals* (7th ed.). Elsevier.

Doane, G. H., & Varcoe, C. (2021). *How to nurse: Relational inquiry in action* (2nd ed.). Wolters

Kluwer-Lippincott Williams & Wilkins.

McCleary, L., & McParland, T. (Eds.). (2020). *Ross-Kerr and Wood's Canadian nursing: Issues & perspectives* (6th ed). Elsevier.

Potter, P. A., Perry, A. G., Ross-Kerr, J. C., Stockert, P., Hall, A., Astle, B. J., & Duggleby, W. (Eds.). (2019). *Canadian fundamentals of nursing* (6th ed.). Elsevier.

Please see the instructor's syllabus or check COTR's online text calculator https://textbook.cotr.bc.ca/ for a complete list of the currently required textbooks.

Learning Outcomes:

Upon the successful completion of this course, students will be able to:

- gain an understanding of nursing as a knowledge-based profession and a beginning awareness of the relationship between knowledge and nursing practice
- gain an understanding of nursing scholarship and a beginning ability to read and critique research
- compare and contrast the discipline of nursing to that of other health disciplines

---

Course Topics:

Process:

Praxis is the underlying process that is used in the course. Participants will have the opportunity to critically examine how nurses "know". Beginning from a consideration of oneself as a "knower", participants continue to explore how to become "knowers" within the discipline of nursing, and how to engage as active participants in the development of the growing body of knowledge in nursing. Critical reflection, values, experiences and theory are integrated. Building on previous knowledge, participants develop skill in critical evaluation of knowledge. The intent is that participants engage in an interactive process.

CONCEPTS and SUBCONCEPTS:

NURSE

Nursing Knowledge

- Accessing nursing knowledge

- Knowledge construction – personal and professional
- Historical development of nursing knowledge
- Constructing nursing knowledge
- Knowledge from other disciplines

Nursing Theory

- Metaparadigms

INQUIRY

Teaching/Learning

- Co-learning, co-teaching – in the development of knowledge
- Information literacy

Ways of Knowing

- Empirics, aesthetics, personal, ethical/moral, other
- Embodied knowledge development

Praxis

- Reflection/reflexivity

Scholarship

- Critical thinking
- Reflection/reflexivity
- Writing
- Critiquing ideology

Evidence-informed Practice

- Synergy (practice, administration, research, education)

CONTEXT

World Views/Foundational Perspectives

- Natural science
- Empirical perspectives
- Critical perspectives
- Phenomenological perspectives

See instructor's syllabus for the detailed outline of weekly readings, activities and assignments.

Evaluation and Assessments

Assessment Type: On-Campus (face-to-face)

Assessment Type	% of Total Grade
Information Literacy Skills Assignment	10
Ways of Knowing Assignment	50
Nursing Theorist Teaching and Learning Assignment	40
Total	100

Grade Scheme

A+	A	A-	B+	B	B-	C+	C	C-	D	F
>=95	94-90	89-85	84-80	79-75	74-70	69-65	64-60			<60

Pass requirements: All assignments and evaluations must be completed.

Additional related information/policies:

Please see the instructor syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments, resubmission of assignments, and use of electronic aids.

ATTENDANCE AND ASSIGNMENT REQUIREMENTS:

See COTR Nursing Program Admission and Progression Policies

ADDITIONAL RELEVANT INFORMATION/POLICIES:

1. All learning experiences are mandatory. Students who are unable to attend a scheduled learning event must notify the instructor at the earliest possible opportunity.
2. Absence from learning experiences, for any reason, may preclude the student being able to meet the requirements for that course. Students who have missed 10% or more of their clinical practice experiences will be evaluated for their eligibility to remain in the program. (**Clinical courses only**)
3. All assignments must be submitted by the contract date. Assignments in clinical courses will be graded as either satisfactory or unsatisfactory based on assignment evaluative criteria. Extensions will be considered on an individual basis when legitimate circumstances support the student's request, provided the extension is negotiated 48 hours in advance of the due date.

Clinical courses are graded COM/NCG. Clinical courses grades are not included in a student's GPA.

To achieve a COM, students must:

- Complete all evaluative components of this course
- Achieve a level of "satisfactory" on the Nursing Practice self-assessment.

Exam Attendance:

Students must attend all scheduled exams at the appointed time and place. Instructors may approve an alternate exam to accommodate an illness or personal crisis. Department heads will consider other written requests. Any student who misses a scheduled exam without prior approval will receive a "0" on the exam.

Academic Policies:

College of the Rockies policies related to courses can be found at
https://cotr.bc.ca/about-us/college-policies/ and include the following:

- Policy 2.4.3 Students with Documented Disabilities
- Policy 2.4.4 Student Conduct (plagiarism, other cheating, behavioral misconduct)
- Policy 2.5.8 Academic Performance
- Policy 2.5.3 Grade Appeal
- Policy 2.4.9 Student Concerns Re Faculty

Course Changes:

The College of the Rockies updates course outlines regularly to meet changing educational, employment and marketing needs. The instructor will notify students in writing of any updates to this outline during the semester. The instructor reserves the right to revise, add or delete material while meeting the learning outcomes of this course outline.