



## NURS-121 – Professional Practice 2

### Health and Human Services

**Effective Term & Year:** Winter 2026  
**Course Outline Review Date:** 2031-09-01

**Program Area:** Health

#### Description:

#### **Professional Practice 2: Discipline of Nursing: Knowledge Development and Inquiry**

In this course, students examine the discipline of nursing and the relationship between nursing practice, theory, and research. Students explore contemporary understanding of the discipline of nursing and the body of knowledge that defines it by approaching knowledge for nursing as an intersection of relationship and inquiry, research, and evidence-informed practice. Students are introduced to nursing theorists, the nursing metaparadigm, and nurse's ways of knowing, including the essentials of informatics, and its role in guiding practice. Students develop skill in accessing, reviewing and appraising evidence promoting community and societal health.

#### Program Information:

This course is required for the first year of the Bachelor of Science in Nursing Program. The materials in this course represent a component of a four-year integrated BSN program.

**Delivery Methods:** On-campus (Face-to-Face)

**Credit Type:** College of the Rockies Credits

**Credits:** 3

#### Instructional Activity and Hours:

Activity	Hours
Classroom, Directed Studies or Online Instruction	42

Seminar/Tutorials	
Laboratory/Studio	
Practicum/Field Experience	
Co-op/Work Experience	
Other	
<b>Total</b>	<b>42</b>

### Course Requisites:

- Complete all of the following
  - Prerequisites: Successful completion of semester one of the first year of the BSN program
  - Completed or concurrently enrolled in:
    - [NURS120](#) – Health & Healing 2 (6)
    - [NURS125](#) – Nursing Practice 1 (6)
    - [INDG105](#) – Introduction to Health and Wellness in Indigenous Communities (3)
    - [BIOL182](#) – Introductory Human Anatomy and Physiology 2 (3)

**Prior Learning and Recognition:** No

### Course Transfer Credit:

For information about receiving transfer credit for courses taken at either British Columbia or Alberta institutions, please see <https://www.bctransferguide.ca/> or <https://transferalberta.alberta.ca> . For more transfer credit information, please visit <https://www.cotr.bc.ca/Transfer>

All requests for course transfer credit from institutions in British Columbia or elsewhere should go to the College of the Rockies Enrolment Services office.

### Textbook Resources:

Textbook selection varies by instructor and may change from year to year. At the course outline effective date, the following textbooks were in use:

American Psychological Association. (2020). *Concise guide to APA style* (7th ed.). <https://doi.org/10.1037/0000173-000>

Astle, B. J., Duggleby, W., Potter, P. A., Stockert, P. A., Perry, A. G., & Hall, A. M., (Eds.). (2024). *Potter and Perry's Canadian fundamentals of nursing* (7<sup>th</sup> ed.). Elsevier.

Chinn, P., & Kramer, M. (2019). *Knowledge development in nursing: Theory and process* (10th ed.). Elsevier.

Davies, B., & Logan, J. (2021). *Reading research: A user-friendly guide for nurses and other health professionals* (7th ed.). Elsevier.

Doane, G. H., & Varcoe, C. (2021). *How to nurse: Relational inquiry in action* (2nd ed.). Wolters Kluwer-Lippincott Williams & Wilkins.

Please see the instructor's syllabus or check COTR's online text calculator <https://textbook.cotr.bc.ca/> for a complete list of the currently required textbooks.

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## Learning Outcomes:

By the end of this course, students will be able to:

- articulate the role of scholarship and inquiry for the discipline of nursing including the historical and contemporary development of nursing theory;
  - recognize and discuss the influence of paradigms, worldviews, and theories of nursing on one's own approach to nursing on the provision of person-centered care;
  - develop and demonstrate critical reflection skills to examine the role and contributions of nursing knowledge to one's practice;
  - discuss key principles of Indigenous ways of knowing in order to build a foundational anti-racist approach of caring for Indigenous peoples;
  - access, review, and appraise academic sources to inform an evidenced base for evolving nursing practice;
  - compare and contrast the discipline of nursing to that of other health disciplines;
  - build professional relationships to support best practice, demonstrate strong team skills and support members of the healthcare team; and
  - critique the politics of interdisciplinary knowledge development in relation to nursing knowledge.
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## Course Topics:

### Process:

Praxis is the underlying process that is used in the course. Students will have the opportunity to critically examine how nurses "know". Beginning from a consideration of oneself as a knower, students continue to explore how to become "knowers" within the discipline of nursing, and how to engage as active participants in the development of the growing body of knowledge in nursing. Critical reflection, values, experiences, and theory are integrated. Building on previous

knowledge, students develop skill in critical evaluation of knowledge. Students engage in interactive learning processes.

### Featured Concepts

- Context
- Equity
- Environment
- Ethics
- Reconciliation

See instructor's syllabus for the detailed outline of weekly readings, activities and assignments.

## Evaluation and Assessments

### Assessment Type: On-Campus (face-to-face)

Assessment Type	% of Total Grade
Group and/or Individual Small Activities	20%
Assignment	40%
Presentation	40%
Total	100%

### Grade Scheme

A+	A	A-	B+	B	B-	C+	C	C-	D	F
>=95	94-90	89-85	84-80	79-75	74-70	69-65	64-60			<60

**Pass requirements:** An overall average of C (60%) or higher is required to pass this course.

### Additional related information/policies:

Please see the instructor syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments, resubmission of assignments, and use of electronic aids.

### ATTENDANCE AND ASSIGNMENT REQUIREMENTS:

- Policy 2.1.6 Progression and Re-admission – Bachelor of Science in Nursing

### Exam Attendance:

Students must attend all scheduled exams at the appointed time and place. Instructors may approve an alternate exam to accommodate an illness or personal crisis. Department heads will

consider other written requests. Any student who misses a scheduled exam without prior approval will receive a “0” on the exam.

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### **Academic Policies:**

College of the Rockies policies related to courses can be found at <https://cotr.bc.ca/about-us/college-policies/> and include the following:

- Policy 2.1.4 Course Audit
  - Policy 2.4.1 Credential Framework
  - Policy 2.4.3 Students with Documented Disabilities
  - Policy 2.4.4 Student Rights, Responsibilities and Conduct
  - Policy 2.4.8 Academic Performance
  - Policy 2.4.9 Student Feedback and Concerns
  - Policy 2.4.11 Storage of Academic Works
  - Policy 2.5.3 Student Appeal
  - Policy 2.5.5 Prior Learning Assessment and Recognition (PLAR)
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### **Course Changes:**

The College of the Rockies updates course outlines regularly to meet changing educational, employment and marketing needs. The instructor will notify students in writing of any updates to this outline during the semester. The instructor reserves the right to revise, add or delete material while meeting the learning outcomes of this course outline.