



## NURS-125 – Nursing Practice 2: Coming to Know the Client

### Health and Human Services

**Effective Term & Year:** Fall 2022

**Course Outline Review Date:** 2024-09-01

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**Program Area:** Health

**Description:**

This nursing practice experience provides opportunities to develop caring relationships with groups, families and individuals across the lifespan. Emphasis is placed on health assessment and coming to know how clients understand and promote their health, and the role of the nurse in partnering with the client in this process. Learners work with groups, families and individuals in the home and community, in agencies, and in care facilities to incorporate concepts and learning from all the courses in this semester into their nursing practice.

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**Program Information:**

This course is required for the first year of the Bachelor of Science in Nursing program. The materials in this course represent a component of a four year integrated BSN program.

**Delivery Methods:** On-campus (Face-to-Face), Practicum

**Credit Type:** College of the Rockies Credits

**Credits:** 5

**Instructional Activity and Hours:**

Activity	Hours
Classroom, Directed Studies or Online Instruction	36
Seminar/Tutorials	20
Laboratory/Studio	
Practicum/Field Experience	74

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Co-op/Work Experience	
Other	3
Total	133

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**Course Requisites:**

- Complete all of the following
  - Prerequisites: Satisfactory completion of Semester One of the first year of the BSN program.
  - Completed or concurrently enrolled in:
    - **NURS120** – Health & Healing 2: Health Indicators (6)
    - **NURS121** – Professional Practice 2: Introduction to the Discipline of Nursing (3)
    - **BIOL182** – Introductory Human Anatomy and Physiology 2 (3)

**Flexible Assessment:** No

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**Course Transfer Credit:**

For information about receiving transfer credit for courses taken at either British Columbia or Alberta institutions, please see <https://www.bctransferguide.ca/> or <https://transferalberta.alberta.ca> . For more transfer credit information, please visit <https://www.cotr.bc.ca/Transfer>

All requests for course transfer credit from institutions in British Columbia or elsewhere should go to the College of the Rockies Enrolment Services office.

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**Textbook Resources:**

As this course provides participants with the opportunity to integrate their learning from other Semester Two courses, the texts needed for NURS 120 and 121 are used in NURS 125: Nursing Practice 2. Students should refer to the list of required texts and professional documents listed on those course outlines.

*Please see the instructor's syllabus or check COTR's online text calculator <https://textbook.cotr.bc.ca/> for a complete list of the currently required textbooks.*

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**Learning Outcomes:**

Upon the successful completion of this course, students will be able to:

- Develop caring relationships with individuals and families;
  - Recognize input of individuals, families, and other professionals in the health care team to inform resident care;
  - Demonstrate collaborative, responsive, and responsible communication skills;
  - Utilize assessment data from a variety of interprofessional team members in the provision of client-centered care;
  - Perform health assessments at a beginning competence level; and
  - Use praxis to actively engage in the construction of your own knowledge.
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## **Course Topics:**

### **COURSE PROCESS:**

Learners in nursing practice settings continue to learn about professional nursing practice, critical thinking and critical reflection. Practice experiences are supported by seminars, which provide opportunities to examine theories and concepts for discussion, exploration and integration. Praxis involves the examination of the dynamic interplay between theory and practice. Praxis is actualized by critical reflection, journaling and active participation in nursing practice seminars. Practice experiences provide opportunities for participants to develop clinical decision-making skills with contextual awareness.

Learners engage in a variety of learning activities. Some activities occur in the homes of families, or in community agencies or organizations that provide resources for healthy people. In the nursing laboratory, learners have opportunities to develop health assessment skills that enable them to provide safe nursing care.

### **COURSE CONCEPTS:**

#### ***CLIENT***

- Individual
- Family
- Group

#### ***CONTEXT***

- Growth and Development
- Transitions
- Family
- Community
- Society
- Global Village

## **HEALTH AND HEALTING**

- Health
- Health Promotion
- Healing Modalities

## **INQUIRY**

- Personal Meaning
- Nursing Ethics
- Nursing Knowledge
- Ways of Knowing
- Praxis
- Evidence-Informed Practice
- Teaching and Learning

## **NURSE**

- Decision Making
- Assessment
- Professional Nursing Practice

## **RELATIONAL PRACTICE**

### **Relationship**

- With Client, Colleagues

### **Caring**

- Care of Self

### **Relational Competence**

*See instructor's syllabus for the detailed outline of weekly readings, activities and assignments.*

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## **Evaluation and Assessments**

### **Assessment Type: On-Campus (face-to-face)**

<b>Assessment Type</b>	<b>% of Total Grade</b>
Math for Nursing Practice Test	Satisfactory/Unsatisfactory
Health Promotion Project	Satisfactory/Unsatisfactory
Decision Making for Nursing Practice Assignment 1	Satisfactory/Unsatisfactory
Decision Making for Nursing Practice Assignment 2	Satisfactory/Unsatisfactory

### Grade Scheme

COM	NCG
Completed to the defined standard – 60% and higher	No credit granted – less than 60%

**Pass requirements:** None

**Additional related information/policies:**

*Please see the instructor syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments, resubmission of assignments, and use of electronic aids.*

**ATTENDANCE AND ASSIGNMENT REQUIREMENTS:**

See COTR Nursing Program Admission and Progression Policies

**ADDITIONAL RELEVANT INFORMATION/POLICIES:**

1. All learning experiences are mandatory. Students who are unable to attend a scheduled learning event must notify the instructor at the earliest possible opportunity.
2. Absence from learning experiences, for any reason, may preclude the student being able to meet the requirements for that course. Students who have missed 10% or more of their clinical practice experiences will be evaluated for their eligibility to remain in the program. **(Clinical courses only)**
3. All assignments must be submitted by the contract date. Assignments in clinical courses will be graded as either satisfactory or unsatisfactory based on assignment evaluative criteria. Extensions will be considered on an individual basis when legitimate circumstances support the student’s request, provided the extension is negotiated 48 hours in advance of the due date.

Clinical courses are graded COM/NCG. Clinical courses grades are not included in a student’s GPA.

To achieve a COM, students must:

- Complete all evaluative components of this course
- Achieve a level of “satisfactory” on the Nursing Practice self-assessment.

**Exam Attendance:**

Students must attend all scheduled exams at the appointed time and place. Instructors may approve an alternate exam to accommodate an illness or personal crisis. Department heads will consider other written requests. Any student who misses a scheduled exam without prior approval will receive a “0” on the exam.

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### **Academic Policies:**

College of the Rockies policies related to courses can be found at <https://cotr.bc.ca/about-us/college-policies/> and include the following:

- Policy 2.4.3 Students with Documented Disabilities
  - Policy 2.4.4 Student Conduct (plagiarism, other cheating, behavioral misconduct)
  - Policy 2.5.8 Academic Performance
  - Policy 2.5.3 Grade Appeal
  - Policy 2.4.9 Student Concerns Re Faculty
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### **Course Changes:**

The College of the Rockies updates course outlines regularly to meet changing educational, employment and marketing needs. The instructor will notify students in writing of any updates to this outline during the semester. The instructor reserves the right to revise, add or delete material while meeting the learning outcomes of this course outline.