



NURS-136 – Consolidated Practice 1

Health and Human Services

Effective Term & Year: Spring 2026
Course Outline Review Date: 2031-09-01

Program Area: Health

Description:

Consolidated Practice 1 experience is designed to assist students to move forward with the health promoting focus of year one towards the focus on health challenges in year two. Students have opportunities to develop caring relationships with individuals and families, furthering the development of their assessment skills, some medication administration skills, and their understanding of health and health promotion. Students build confidence in all domains of nursing practice as they integrate knowledge from health and healing, applied health sciences, relational practice and professional practice courses.

Program Information:

This course is required for the first year of the Bachelor of Science in Nursing Program. The materials in this course represent a component of a four-year integrated BSN program.

Delivery Methods: Practicum

Credit Type: College of the Rockies Credits

Credits: 6

Instructional Activity and Hours:

| Activity | Hours |
|---|--------------|
| Classroom, Directed Studies or Online Instruction | |
| Seminar/Tutorials | |

| | |
|----------------------------|-----|
| Laboratory/Studio | |
| Practicum/Field Experience | 144 |
| Co-op/Work Experience | |
| Other | |
| Total | 144 |

Course Requisites:

- Prerequisites: Satisfactory completion of the first year semesters one and two courses of the BSN Program

Prior Learning and Recognition: No

Course Transfer Credit:

For information about receiving transfer credit for courses taken at either British Columbia or Alberta institutions, please see <https://www.bctransferguide.ca/> or <https://transferalberta.alberta.ca> . For more transfer credit information, please visit <https://www.cotr.bc.ca/Transfer>

All requests for course transfer credit from institutions in British Columbia or elsewhere should go to the College of the Rockies Enrolment Services office.

Textbook Resources:

As this course provides participants with the opportunity to consolidate their learning from Semesters One and Two of the BSN program, the texts for all Year 1 courses are required. Learners should refer to the list of required texts and professional documents listed on those course outlines.

Please see the instructor's syllabus or check COTR's online text calculator <https://textbook.cotr.bc.ca/> for a complete list of the currently required textbooks.

Learning Outcomes:

Upon the successful completion of this course, students will be able to:

- establish and maintain a caring environment, and therapeutic, ethical, and professional relationships with individuals and families, while focusing on peoples' experiences of

- health, healing, and health promotion;
- demonstrate respectful and effective communication with others (verbally or with information communication technologies) to improve collaboration, relationships, and quality of care;
 - develop and implement learning plans to meet identified learning needs for individuals and groups;
 - perform comprehensive assessments and connect findings to knowledge of holistic well-being and physiological processes;
 - demonstrate critical thinking, skillful decision making, self-reflection, and self-evaluation through the integration of nursing knowledge;
 - describe information literacy skills to support nursing practice;
 - solicit and integrate input of individuals, families and other professionals from the interprofessional team to inform person-centered care;
 - display initiative, a beginning confidence and self-awareness in collaborative interactions within the interprofessional team;
 - discuss the influence of paradigms, worldviews and theories on one's own approach in nursing practice;
 - demonstrate self-awareness by reflecting on positionality and social location while accommodating for difference with others;
 - demonstrate cultural awareness and sensitivity to promote culturally safe health care; and
 - demonstrate environmentally responsible practice.
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Course Topics:

Course Process:

Students develop professional and safe nursing practice, critical thinking, and critical reflection. A variety of teaching methods will be used to address various learning styles and facilitate experiential learning, including simulation/interactive participation, demonstration, facilitation, discussion, role-modeling, critical reflection, audio/visual aids. Practice experiences are supported by praxis seminars which provide opportunities to examine theories and concepts for discussion, exploration, and integration. Praxis involves the examination of the dynamic interplay between theory and practice. Through praxis, students have opportunities to actively participate in the construction of their own knowledge. Praxis is actualized by critical reflection, journaling, and active participation in nursing practice seminars. Faculty also foster exploration of the role of the nurse in relation to the promotion of health and healing.

Featured Concepts:

- Health Promotion
- Context
- Ethics
- Safety

See instructor's syllabus for the detailed outline of weekly readings, activities and assignments.

Evaluation and Assessments

Assessment Type: On-Campus (face-to-face)

| Assessment Type | % of Total Grade |
|-------------------------|-----------------------------|
| Assignment | Satisfactory/Unsatisfactory |
| Practice Appraisal Form | Satisfactory/Unsatisfactory |

Grade Scheme

| COM | NCG |
|--|-----------------------------------|
| Completed to the defined standard – 60% and higher | No credit granted – less than 60% |

Pass requirements: None

Evaluation Notes Comments:

To pass this course, students must:

- Complete all evaluative components of this course
- Achieve a level of "Satisfactory" on the Practice Appraisal Form

Additional related information/policies:

Please see the instructor syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments, resubmission of assignments, and use of electronic aids.

ATTENDANCE AND ASSIGNMENT REQUIREMENTS:

- [Policy 2.1.6 Progression and Re-admission – Bachelor of Science in Nursing](#)

Exam Attendance:

Students must attend all scheduled exams at the appointed time and place. Instructors may approve an alternate exam to accommodate an illness or personal crisis. Department heads will consider other written requests. Any student who misses a scheduled exam without prior approval will receive a "0" on the exam.

Academic Policies:

College of the Rockies policies related to courses can be found at

<https://cotr.bc.ca/about-us/college-policies/> and include the following:

- Policy 2.1.4 Course Audit
 - Policy 2.4.1 Credential Framework
 - Policy 2.4.3 Students with Documented Disabilities
 - Policy 2.4.4 Student Rights, Responsibilities and Conduct
 - Policy 2.4.8 Academic Performance
 - Policy 2.4.9 Student Feedback and Concerns
 - Policy 2.4.11 Storage of Academic Works
 - Policy 2.5.3 Student Appeal
 - Policy 2.5.5 Prior Learning Assessment and Recognition (PLAR)
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Course Changes:

The College of the Rockies updates course outlines regularly to meet changing educational, employment and marketing needs. The instructor will notify students in writing of any updates to this outline during the semester. The instructor reserves the right to revise, add or delete material while meeting the learning outcomes of this course outline.