



## NURS-215 – Nursing Practice 3: Promoting Health and Healing

### Health and Human Services

**Effective Term & Year:** Fall 2024

**Course Outline Review Date:** 2029-03-01

**Program Area:** Health

#### **Description:**

This nursing practice experience provides opportunities for learners to develop caring relationships with individuals and families for the purpose of health promotion while coming to understand their health and healing processes when experiencing more complex health challenges, both episodic and chronic. Learners will have opportunities to practice nursing approaches that accompany this understanding. Learners work with families and individuals in the home and community, in agencies, and in care facilities to incorporate concepts and learning from all the courses in this semester into their nursing practice. The community and society are considered as contextual influences on the promotion of health for the individual and the family.

#### **Program Information:**

This course is required for the second year of the BSN Program. The materials in this course represent a component of a four year BSN program.

**Delivery Methods:** On-campus (Face-to-Face), Practicum

**Credit Type:** College of the Rockies Credits

**Credits:** 8

#### **Instructional Activity and Hours:**

<b>Activity</b>	<b>Hours</b>
Classroom, Directed Studies or Online Instruction	
Seminar/Tutorials	39

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Laboratory/Studio	
Practicum/Field Experience	169
Co-op/Work Experience	
Other	3
Total	211

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**Course Requisites:**

- Complete all of the following
  - Prerequisites: Satisfactory completion of the first year of the BSN program.
  - Completed or concurrently enrolled in:
    - **NURS210** – Health and Healing 3: Health Challenges And Healing Initiatives (6)
    - **NURS213** – Relational Practice 2: Creating Health and Promoting Relationships (3)
    - **BIOL218** – Pathophysiology 1 (3)

**Flexible Assessment:** No

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**Course Transfer Credit:**

For information about receiving transfer credit for courses taken at either British Columbia or Alberta institutions, please see <https://www.bctransferguide.ca/> or <https://transferalberta.alberta.ca> . For more transfer credit information, please visit <https://www.cotr.bc.ca/Transfer>

All requests for course transfer credit from institutions in British Columbia or elsewhere should go to the College of the Rockies Enrolment Services office.

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**Textbook Resources:**

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date, the following textbooks were in use:

There are no specific texts for NURS 215. As this course provides learners with the opportunity to integrate their learning from other semester three courses, the texts needed for NURS 210, NURS 213 and BIOL 218 will be used as required in NURS 215.

Equipment required for nursing practice; e.g. stethoscope, pen light and nursing uniform.

Please see the instructor's syllabus or check COTR's online text calculator <https://textbook.cotr.bc.ca/> for a complete list of the currently required textbooks.

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## Learning Outcomes:

Upon the successful completion of this course, students will be able to:

- demonstrate safe nursing practice through active participation and construction of knowledge, skills, professionalism, and ethics;
  - involve patient and/or family when designing and implementing care;
  - demonstrate awareness of scope of practice in a nursing practice setting;
  - demonstrate effective communication and collaboration with the interprofessional health care team when making decisions to ensure patient-centred care;
  - utilizes assessment data from a variety of interprofessional team members when providing care for patients with chronic and episodic health challenges; and
  - integrate knowledge and skills for effective communication and collaboration in interprofessional and intraprofessional practice.
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## Course Topics:

### COURSE PROCESS:

Learners develop professional nursing practice, critical thinking, and critical reflection. Practice experiences are supported by praxis seminars which provide opportunities to examine theories and concepts for discussion, exploration, and integration. Praxis involves the examination of the dynamic interplay between theory and practice. Through praxis, learners have opportunities to actively participate in the construction of their own knowledge. Praxis is actualized by critical reflection, journaling, and active participation in nursing practice seminars. Faculty also foster exploration of the role of the nurse in relation to the promotion of health and healing.

Learners engage in a variety of learning activities within the context of nursing practice. Some activities occur in the nursing laboratory where learners have opportunities to develop health assessment skills that enable them to provide safe nursing care.

### COURSE CONCEPTS:

Concepts for consideration/integration into practice and praxis seminars reflect those covered in other courses and include, but are not limited to, the following:

### CLIENT

- Constitutedness

- Family
- Hardiness
- Individual
- Pathophysiology
- Personal Meaning
- Resilience
- Situatedness
- Vulnerability

## **CONTEXT**

- Community
- Environment
- Family
- Legalities
- Morals, Values and Beliefs
- Spirituality
- Transitions and Change

## **HEALTH AND HEALING**

- Comfort
- Epidemiology
- Healing
- Healing Initiatives
- Illness
- Primary Health Care
- Suffering

## **INQUIRY**

- Diagnostics
- Praxis
- Teaching and Learning
- Ways of Knowing

## **NURSE**

- Accountability
- Decision Making
- Leadership
- Nursing Ethics

## **RELATIONAL PRACTICE**

- Capacities
- Caring
- Collaboration

- Perception
- Power/Power Relations
- Relationship

See instructor’s syllabus for the detailed outline of weekly readings, activities and assignments.

## Evaluation and Assessments

### Assessment Type: On-Campus (face-to-face)

Assessment Type	% of Total Grade
Concept Assignment	Satisfactory/Unsatisfactory
Decision-Making for Nursing Practice Assignments	Satisfactory/Unsatisfactory
Math for Nursing Practice test(s)	Satisfactory/Unsatisfactory
Practice Appraisal Form (Midterm)	Satisfactory/Unsatisfactory
Practice Appraisal Form (Final)	Satisfactory/Unsatisfactory

### Grade Scheme

COM	NCG
Completed to the defined standard – 60% and higher	No credit granted – less than 60%

**Pass requirements:** None

### Additional related information/policies:

*Please see the instructor syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments, resubmission of assignments, and use of electronic aids.*

### ATTENDANCE AND ASSIGNMENT REQUIREMENTS:

See COTR Nursing Program Admission and Progression Policies

### ADDITIONAL RELEVANT INFORMATION/POLICIES:

1. All learning experiences are mandatory. Students who are unable to attend a scheduled learning event must notify the instructor at the earliest possible opportunity.
2. Absence from learning experiences, for any reason, may preclude the student being able to meet the requirements for that course. Students who have missed 10% or more of their clinical practice experiences will be evaluated for their eligibility to remain in the program.  
**(Clinical courses only)**

3. All assignments must be submitted by the contract date. Assignments in clinical courses will be graded as either satisfactory or unsatisfactory based on assignment evaluative criteria. Extensions will be considered on an individual basis when legitimate circumstances support the student's request, provided the extension is negotiated 48 hours in advance of the due date.

Clinical courses are graded COM/NCG. Clinical courses grades are not included in a student's GPA.

To achieve a COM, students must:

- Complete all evaluative components of this course
- Achieve a level of "satisfactory" on the Nursing Practice self-assessment.

### **Exam Attendance:**

Students must attend all scheduled exams at the appointed time and place. Instructors may approve an alternate exam to accommodate an illness or personal crisis. Department heads will consider other written requests. Any student who misses a scheduled exam without prior approval will receive a "0" on the exam.

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### **Academic Policies:**

College of the Rockies policies related to courses can be found at <https://cotr.bc.ca/about-us/college-policies/> and include the following:

- Policy 2.4.3 Students with Documented Disabilities
- Policy 2.4.4 Student Conduct (plagiarism, other cheating, behavioral misconduct)
- Policy 2.5.8 Academic Performance
- Policy 2.5.3 Grade Appeal
- Policy 2.4.9 Student Concerns Re Faculty

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### **Course Changes:**

The College of the Rockies updates course outlines regularly to meet changing educational, employment and marketing needs. The instructor will notify students in writing of any updates to this outline during the semester. The instructor reserves the right to revise, add or delete material while meeting the learning outcomes of this course outline.