



## NURS-215 – Nursing Practice 2

### Health and Human Services

**Effective Term & Year:** Fall 2026

**Course Outline Review Date:** 2031-03-01

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**Program Area:** Health

**Description:**

**Nursing Practice 2: Promoting Health and Healing 1**

This nursing practice experience provides opportunities for students to develop caring relationships with individuals and families for the purpose of health promotion while coming to understand their health and healing processes when experiencing more complex health challenges. Students will have opportunities to practice nursing approaches that accompany this understanding. Students work with families and individuals in a variety of settings to incorporate nursing knowledge from current and previous courses into their nursing practice. The community and society are considered as contextual influences on the promotion of health for the individual and the family.

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**Program Information:**

This course is required for the second year of the BSN Program. The materials in this course represent a component of a four-year BSN program.

**Delivery Methods:** On-campus (Face-to-Face), Practicum

**Credit Type:** College of the Rockies Credits

**Credits:** 8

**Instructional Activity and Hours:**

**Activity**

**Hours**

Classroom, Directed Studies or Online Instruction	
Seminar/Tutorials	39
Laboratory/Studio	
Practicum/Field Experience	169
Co-op/Work Experience	
Other	
Total	208

### Course Requisites:

- Complete all of the following
  - Prerequisites: Satisfactory completion of the first year of the BSN program.
  - Completed or concurrently enrolled in:
    - **NURS210** – Health & Healing 3 (6)
    - **NURS211** – Professional Practice 3 (3)

### Prior Learning and Recognition: No

### Course Transfer Credit:

For information about receiving transfer credit for courses taken at either British Columbia or Alberta institutions, please see <https://www.bctransferguide.ca/> or <https://transferalberta.alberta.ca> . For more transfer credit information, please visit <https://www.cotr.bc.ca/Transfer>

All requests for course transfer credit from institutions in British Columbia or elsewhere should go to the College of the Rockies Enrolment Services office.

### Textbook Resources:

There are no specific texts for NURS 215. As this course provides learners with the opportunity to integrate their learning from other semester three courses, the texts for all those courses are required. Learners should refer to the list of required texts and professional documents listed on those course outlines. Equipment is required for nursing practice, e.g. stethoscope, pen light and nursing uniform.

*Please see the instructor's syllabus or check COTR's online text calculator <https://textbook.cotr.bc.ca/> for a complete list of the currently required textbooks.*

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## Learning Outcomes:

Upon the successful completion of this course, students will be able to:

- provide a moral and caring context that preserves and protects patient dignity and minimizes vulnerability;
- explore cultural safety within your specific clinical context to uncover issues of power, trauma, client strengths and impacts on client health;
- develop relationships with health care team members and utilize assessment data from the role-based work of the team to contribute to overall patient health outcomes;
- begin to utilize learning theory to identify readiness to learn, client and family learning needs and culturally and developmentally appropriate teaching strategies;
- apply principles of effective documentation with instructor support, within the context of agency guidelines;
- safely administer medications, using a variety of routes, with instructor support;
- demonstrate foundational psychomotor skills while identifying appropriate rationale;
- use the decision making model to plan, implement and evaluate individualized and evolving care for one person, in stable condition;
- apply inquiry and informatics literacy skills to support nursing practice through use of health data, the electronic health care record and evidence-informed literature;
- distinguish between expected and unexpected patterns of client data and response;
- identify, report and take action on actual and potential safety risks to patient, self, or others;
- critically reflect on nursing practice of self and others;
- demonstrate awareness of one's developing knowledge and competencies when determining individual scope of practice; and
- identify the impact of contextual influences such as climate change and societal factors on the health of individuals and families.

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## Course Topics:

### Process:

Students develop professional and safe nursing practice, critical thinking, and critical reflection. A variety of teaching methods will be used to address various learning styles and facilitate experiential learning including simulation/interactive participation, demonstration, facilitation, discussion, role-modeling, critical reflection, audio/visual aids. Practice experiences are supported by praxis seminars which provide opportunities to examine theories and concepts for discussion, exploration, and integration. Praxis involves the examination of the dynamic interplay between theory and practice. Through praxis, learners have opportunities to actively participate in the construction of their own knowledge. Praxis is actualized by critical reflection, journaling, and active participation in nursing practice seminars. Faculty also foster exploration of the role of the nurse in relation to the promotion of health and healing.

## Featured Concepts

- Health Promotion
- Context
- Ethics
- Safety

*See instructor's syllabus for the detailed outline of weekly readings, activities, and assignments.*

## Evaluation and Assessments

### Assessment Type: On-Campus (face-to-face)

Assessment Type	% of Total Grade
Assignment 1	Satisfactory/Unsatisfactory
Assignment 2	Satisfactory/Unsatisfactory
Practice Appraisal Form (Midterm)	Satisfactory/Unsatisfactory
Practice Appraisal Form (Final)	Satisfactory/Unsatisfactory

### Grade Scheme

COM	NCG
Completed to the defined standard – 60% and higher	No credit granted – less than 60%

### Pass requirements:

An overall achievement of satisfactory on the final Practice Appraisal Form (PAF) is required to pass this course.

### Additional related information/policies:

*Please see the course syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments, resubmission of assignments, and use of electronic aids.*

### ATTENDANCE AND ASSIGNMENT REQUIREMENTS:

- [Policy 2.1.6 Progression and Re-admission – Bachelor of Science in Nursing](#)

### Exam Attendance:

Students must attend all scheduled exams at the appointed time and place. Instructors may approve an alternate exam to accommodate an illness or personal crisis. Department heads will consider other written requests. Any student who misses a scheduled exam without prior approval will receive a "0" on the exam.

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## Academic Policies:

College of the Rockies policies related to courses can be found at <https://cotr.bc.ca/about-us/college-policies/> and include the following:

- Policy 2.1.4 Course Audit
  - Policy 2.4.1 Credential Framework
  - Policy 2.4.3 Students with Documented Disabilities
  - Policy 2.4.4 Student Rights, Responsibilities and Conduct
  - Policy 2.4.8 Academic Performance
  - Policy 2.4.9 Student Feedback and Concerns
  - Policy 2.4.11 Storage of Academic Works
  - Policy 2.5.3 Student Appeal
  - Policy 2.5.5 Prior Learning Assessment and Recognition (PLAR)
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## Course Changes:

The College of the Rockies updates course outlines regularly to meet changing educational, employment and marketing needs. The instructor will notify students in writing of any updates to this outline during the semester. The instructor reserves the right to revise, add or delete material while meeting the learning outcomes of this course outline.