



NURS-225 – Nursing Practice 4: Promoting Health and Healing

Health and Human Services

Effective Term & Year: Winter 2026

Course Outline Review Date: 2031-09-01

Program Area: Health

Description:

The nursing practice experience continues to provide opportunities for learners to develop caring relationships with individuals and families for the purpose of health promotion, while coming to understand their health and healing processes when experiencing more complex health challenges, both episodic and chronic. Learners will have opportunities to practice nursing approaches that accompany this understanding. Learners work with families and individuals in the home and community, in agencies, and in care facilities to incorporate concepts and learning from all semester's courses into their nursing practice. The community and society are considered as contextual influences on the promotion of health for the individual and family.

Program Information:

This is a required course for the second year of the BSN Program. The materials in this course represent a component of a four year BSN program.

Delivery Methods: On-campus (Face-to-Face), Practicum

Credit Type: College of the Rockies Credits

Credits: 8

Instructional Activity and Hours:

Activity

Hours

Classroom, Directed Studies or Online Instruction	
Seminar/Tutorials	39
Laboratory/Studio	
Practicum/Field Experience	169
Co-op/Work Experience	
Other	3
Total	211

Course Requisites:

- Complete all of the following
 - Prerequisites: Satisfactory completion of semester three of BSN program.
 - Completed or concurrently enrolled in:
 - [NURS220](#) – Health and Healing 4: Health Challenges and Healing Initiatives (6)
 - [NURS221](#) – Professional Practice 3 Nursing Ethics (3)
 - [BIOL228](#) – Pathophysiology 2 (3)

Prior Learning and Recognition: No

Course Transfer Credit:

For information about receiving transfer credit for courses taken at either British Columbia or Alberta institutions, please see <https://www.bctransferguide.ca/> or <https://transferalberta.alberta.ca> . For more transfer credit information, please visit <https://www.cotr.bc.ca/Transfer>

All requests for course transfer credit from institutions in British Columbia or elsewhere should go to the College of the Rockies Enrolment Services office.

Textbook Resources:

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date, the following textbooks were in use:

There are no specific texts for NURS 225. As this course provides participants with the opportunity to integrate their learning from other semester three and four courses, the texts needed for NURS 210, 213, 215, 220 and NURS 221 will be used as required in NURS 225

Equipment required for nursing practice: stethoscope, pen light, student nursing uniform and

shoes.

Please see the instructor's syllabus or check COTR's online text calculator <https://textbook.cotr.bc.ca/> for a complete list of the currently required textbooks.

Learning Outcomes:

Upon the successful completion of this course, students will be able to:

- demonstrates safe nursing practice through active participation and construction of knowledge, skills, professionalism, and ethics;
 - critically examine the impact of multiple and differing perspectives on patient- and family-centered care in the practice setting;
 - demonstrate awareness of scope of practice;
 - apply shared decision making and problem-solving approaches; and
 - use constructive feedback in the interprofessional setting.
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Course Topics:

COURSE PROCESS:

Learners in nursing practice settings continue to learn about professional nursing practice, critical thinking, and critical reflection. Practice experiences are supported by praxis seminars, which provide opportunities to examine theories and concepts for discussion, exploration, and integration. Praxis involves the examination of the dynamic interplay between theory and practice. Praxis is actualized by critical reflection, journaling, and active participation in nursing practice seminars. Practice experiences provide opportunities for learners to develop decision making skills with contextual awareness.

Learners engage in a variety of learning activities. Some activities occur in the nursing laboratory where learners have opportunities to develop health assessment skills that enable them to provide safe nursing care.

COURSE CONCEPTS:

CLIENT

- Family
- Individual

CONTEXT

- Community
- Family
- Growth and Development
- Legalities
- Transitions and Change

HEALTH AND HEALING

- Healing Initiatives
- Health
- Health Promotion

INQUIRY

- Evidence-Informed Practice
- Personal Meaning
- Praxis
- Teaching and Learning
- Ways of Knowing

NURSE

- Accountability
- Assessment
- Decision Making
- Nursing Ethics
- Nursing Knowledge
- Responsibility

RELATIONAL PRACTICE

- Caring (self and client)
- Relational Competence
- Relationship

See instructor's syllabus for the detailed outline of weekly readings, activities and assignments.

Evaluation and Assessments

Assessment Type: On-Campus (face-to-face)

Assessment Type	% of Total Grade
Assignment 1	Satisfactory/Unsatisfactory
Assignment 2	Satisfactory/Unsatisfactory

Practice Appraisal Form (Midterm)	Satisfactory/Unsatisfactory
Practice Appraisal Form (Final)	Satisfactory/Unsatisfactory

Grade Scheme

COM	NCG
Completed to the defined standard – 60% and higher	No credit granted – less than 60%

Evaluation Notes Comments:

To pass this course, students must:

- Complete all evaluative components
- Achieve a level of "Satisfactory" on the Practice Appraisal Form

Additional related information/policies:

Please see the course syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments, resubmission of assignments, and use of electronic aids.

ATTENDANCE AND ASSIGNMENT REQUIREMENTS:

- [Policy 2.1.6 Progression and Re-admission – Bachelor of Science in Nursing](#)

Exam Attendance:

Students must attend all scheduled exams at the appointed time and place. Instructors may approve an alternate exam to accommodate an illness or personal crisis. Department heads will consider other written requests. Any student who misses a scheduled exam without prior approval will receive a "0" on the exam.

Academic Policies:

College of the Rockies policies related to courses can be found at <https://cotr.bc.ca/about-us/college-policies/> and include the following:

- Policy 2.1.4 Course Audit
- Policy 2.4.1 Credential Framework
- Policy 2.4.3 Students with Documented Disabilities
- Policy 2.4.4 Student Rights, Responsibilities and Conduct
- Policy 2.4.8 Academic Performance
- Policy 2.4.9 Student Feedback and Concerns
- Policy 2.4.11 Storage of Academic Works
- Policy 2.5.3 Student Appeal

- Policy 2.5.5 Prior Learning Assessment and Recognition (PLAR)
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Course Changes:

The College of the Rockies updates course outlines regularly to meet changing educational, employment and marketing needs. The instructor will notify students in writing of any updates to this outline during the semester. The instructor reserves the right to revise, add or delete material while meeting the learning outcomes of this course outline.