



## **NURS-225 – Nursing Practice 3**

### **Health and Human Services**

**Effective Term & Year:** Winter 2027  
**Course Outline Review Date:** 2032-09-01

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**Program Area:** Health

**Description:**

**Nursing Practice 3: Promoting Health and Healing 2**

The nursing practice experience continues to provide opportunities for learners to develop caring relationships with individuals and families for the purpose of health promotion, while coming to understand their health and healing processes when experiencing more complex health challenges, both episodic and chronic. Students will have opportunities to practice nursing approaches that accompany this understanding. Students work with families and individuals in the home and community, in agencies, and in care facilities to incorporate concepts and learning from all semester's courses into their nursing practice. The community and society are considered as contextual influences on the promotion of health for the individual and family.

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**Program Information:**

This is a required course for the second year of the BSN Program. The materials in this course represent a component of a four-year BSN program.

**Delivery Methods:** On-campus (Face-to-Face), Practicum

**Credit Type:** College of the Rockies Credits

**Credits:** 8

**Instructional Activity and Hours:**

Activity	Hours
Classroom, Directed Studies or Online Instruction	
Seminar/Tutorials	39
Laboratory/Studio	
Practicum/Field Experience	169
Co-op/Work Experience	
Other	
Total	208

### Course Requisites:

- Complete all of the following
  - Satisfactory completion of Semester Three of the second year of the BSN program.
  - Completed or concurrently enrolled in:
    - [NURS220](#) – Health & Healing 4 (6)

### Prior Learning and Recognition: No

### Course Transfer Credit:

For information about receiving transfer credit for courses taken at either British Columbia or Alberta institutions, please see <https://www.bctransferguide.ca/> or <https://transferalberta.alberta.ca> . For more transfer credit information, please visit <https://www.cotr.bc.ca/Transfer>

All requests for course transfer credit from institutions in British Columbia or elsewhere should go to the College of the Rockies Enrolment Services office.

### Textbook Resources:

There are no specific texts for NURS 225. As this course provides students with the opportunity to integrate their learning from other semester three and four courses, the texts for all those courses are required. Learners should refer to the list of required texts and professional documents listed on those course outlines. Equipment is required for nursing practice; e.g. stethoscope, pen light and nursing uniform.

*Please see the instructor's syllabus or check COTR's online text calculator <https://textbook.cotr.bc.ca/> for a complete list of the currently required textbooks.*

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## Learning Outcomes:

Upon the successful completion of this course, students will be able to:

- establish and maintain caring, culturally aware relationships with clients with increasingly unstable and complex health challenges;
- utilize learning theory to create and apply learning plans when teaching individuals and family in collaboration with the interprofessional team;
- use the decision making model to plan, implement and evaluate individualized and evolving care for more than one stable person;
- adapt their approach to assessments in order to effectively assess people in a variety of situations;
- implement organizational and time management skills in delivery of nursing care;
- independently and safely administer medications, using a variety of routes within their scope;
- apply principles of effective documentation within the context of agency guidelines;
- demonstrate safe nursing practice through active participation and construction of knowledge, skills, professionalism, and ethics;
- critically examine the impact of multiple and differing perspectives on person and family centered care in the practice setting;
- examine current health care practices in relation to clients' experience of health and health promotion across the health care spectrum (i.e. individual- community-global);
- utilize assessment data from a variety of interprofessional team members when providing care for clients with chronic and episodic health challenges;
- relate how power imbalances which exist in the nurse-client relationship and/or systemically in health care contribute to racism, stigma, discrimination and a sense of vulnerability;
- apply inquiry and information literacy skills to support nursing practice through use of evidence-informed literature and decision support tools; and
- explore risks and impacts of climate change related health challenges in discussions with individuals and families.

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## Course Topics:

### Process:

Students develop professional and safe nursing practice, critical thinking, and critical reflection. A variety of teaching methods will be used to address various learning styles and facilitate experiential learning including: simulation/interactive participation, demonstration, facilitation, discussion, role-modeling, critical reflection, audio/visual aids. Practice experiences are supported by praxis seminars which provide opportunities to examine theories and concepts for discussion, exploration, and integration. Praxis involves the examination of the dynamic interplay between theory and practice. Through praxis, learners have opportunities to actively

participate in the construction of their own knowledge. Praxis is actualized by critical reflection, journaling, and active participation in nursing practice seminars. Faculty also foster exploration of the role of the nurse in relation to the promotion of health and healing.

### Featured Concepts:

- Health Promotion
- Safety
- Ethics
- Leadership

*See instructor's syllabus for the detailed outline of weekly readings, activities and assignments.*

## Evaluation and Assessments

### Assessment Type: On-Campus (face-to-face)

Assessment Type	% of Total Grade
Assignment 1	Satisfactory/Unsatisfactory
Assignment 2	Satisfactory/Unsatisfactory
Practice Appraisal Form (Midterm)	Satisfactory/Unsatisfactory
Practice Appraisal Form (Final)	Satisfactory/Unsatisfactory

### Grade Scheme

COM	NCG
Completed to the defined standard – 60% and higher	No credit granted – less than 60%

### Pass requirements:

An overall achievement of satisfactory on the final Practice Appraisal Form (PAF) is required to pass this course.

### Additional related information/policies:

*Please see the course syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments, resubmission of assignments, and use of electronic aids.*

### ATTENDANCE AND ASSIGNMENT REQUIREMENTS:

- [Policy 2.1.6 Progression and Re-admission – Bachelor of Science in Nursing](#)

### Exam Attendance:

Students must attend all scheduled exams at the appointed time and place. Instructors may approve an alternate exam to accommodate an illness or personal crisis. Department heads will consider other written requests. Any student who misses a scheduled exam without prior approval will receive a “0” on the exam.

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### **Academic Policies:**

College of the Rockies policies related to courses can be found at <https://cotr.bc.ca/about-us/college-policies/> and include the following:

- Policy 2.1.4 Course Audit
  - Policy 2.4.1 Credential Framework
  - Policy 2.4.3 Students with Documented Disabilities
  - Policy 2.4.4 Student Rights, Responsibilities and Conduct
  - Policy 2.4.8 Academic Performance
  - Policy 2.4.9 Student Feedback and Concerns
  - Policy 2.4.11 Storage of Academic Works
  - Policy 2.5.3 Student Appeal
  - Policy 2.5.5 Prior Learning Assessment and Recognition (PLAR)
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### **Course Changes:**

The College of the Rockies updates course outlines regularly to meet changing educational, employment and marketing needs. The instructor will notify students in writing of any updates to this outline during the semester. The instructor reserves the right to revise, add or delete material while meeting the learning outcomes of this course outline.