



NURS-315 – Nursing Practice 5: Promoting Health and Healing

Health and Human Services

Effective Term & Year: Fall 2026

Course Outline Review Date: 2031-03-01

Program Area: Health

Description:

This nursing practice experience continues to provide opportunities for learners to develop caring relationships with individuals and families experiencing complex and chronic health challenges while coming to understand their health and healing processes. Learners have the opportunities to practice nursing approaches that accompany this understanding. Learners work with families and individuals in the home and community, in agencies, and in care facilities to incorporate concepts and learning from all the courses in this semester into their nursing practice.

Program Information:

This course is required for the third year of the Bachelor of Science in Nursing Program. The materials in this course represent a component of a four-year integrated BSN program jointly.

Delivery Methods: On-campus (Face-to-Face), Practicum

Credit Type: College of the Rockies Credits

Credits: 8

Instructional Activity and Hours:

Activity	Hours
Classroom, Directed Studies or Online Instruction	
Seminar/Tutorials	39

Laboratory/Studio	
Practicum/Field Experience	169
Co-op/Work Experience	
Other	3
Total	211

Course Requisites:

- Complete all of the following
 - Prerequisites: Satisfactory completion of semester four and CPE 2 of the BSN program
 - Completed or concurrently enrolled in:
 - **NURS310** – Health and Healing 5: Complex Health Challenges/Healing Initiatives (6)
 - **NURS313** – Relational Practice 3: Connecting Across Difference (3)

Prior Learning and Recognition: No**Course Transfer Credit:**

For information about receiving transfer credit for courses taken at either British Columbia or Alberta institutions, please see <https://www.bctransferguide.ca/> or <https://transferalberta.alberta.ca>. For more transfer credit information, please visit <https://www.cotr.bc.ca/Transfer>

All requests for course transfer credit from institutions in British Columbia or elsewhere should go to the College of the Rockies Enrolment Services office.

Textbook Resources:

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date, the following textbooks were in use:

There are no specific texts for NURS 315. As this course provides participants with the opportunity to integrate their learning from other semester five courses, the texts needed for NURS 310 and NURS 313 will be used as required in NURS 315: Nursing Practice V. Students should refer to the list of required texts and professional documents listed on those course outlines.

Equipment required for nursing practice; e.g. stethoscope, transfer belt, pen light, Site specific

clothing (i.e. nursing uniform or business casual attire)

Please see the instructor's syllabus or check COTR's online text calculator <https://textbook.cotr.bc.ca/> for a complete list of the currently required textbooks.

Learning Outcomes:

Upon the successful completion of this course, students will be able to

- integrate and critique their relational practice with individuals and families experiencing complex and chronic health challenges;
 - develop care plans by exploring and developing a range of possible alternatives and approaches for care with patients, family, and other health and/or community professionals
 - display initiative, confidence, self-awareness, and collaborative and respectful interactions within the interprofessional health care team;
 - modify and individualize patient care based on the emerging priorities of the health situation, in collaboration with patients, families, and other members of the interprofessional health care team;
 - establish person-centered goals through shared decision making, problem solving and interprofessional conflict resolution;
 - contribute to team effectiveness with respectful communication and collaboration, demonstrating flexibility, and interprofessional team building abilities;
 - critically appraise and deconstruct how nursing practice is informed by multiple forms of knowledge such as nursing theory, evidence-informed practice, experiential, etc.; and
 - continue in the development of nursing practice through active participation of the construction of knowledge, skills, professionalism and ethics.
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Course Topics:

COURSE PROCESS:

Learners develop their professional nursing practice, critical thinking and critical reflection. Practice experiences are supported by seminars, which provide opportunities to examine theories and concepts for discussion, exploration and integration. Praxis involves the examination of the dynamic interplay between theory and practice. Through praxis, participants have opportunities to actively participate in the construction of their own knowledge. Praxis is actualized by critical reflection, journaling and active participation in nursing practice seminars. Faculty also foster exploration with learners of the role of the nurse in relation to the promotion of health and healing.

COURSE CONCEPTS:

RELATIONAL PRACTICE

- Connecting across differences
- Critical thinking
- Nursing ethics
- Working in collaboration with a health care team

INQUIRY

- Teaching/learning
- Critical thinking
- Evidence – informed practice
- Integrating natural science and human science paradigms in practice
- Nursing ethics
- Ways of knowing
- Information technology related to nursing practice
- Praxis

CLIENT

- Hardiness
- Resilience
- Transitions
- Supporting individuals and families experiencing complex health challenges, crisis, loss
- Palliative care

NURSE

- Nursing leadership
- Using a decision-making framework in nursing practice for clients experiencing complex health challenges

HEALTH AND HEALING

- Using a health-promotion framework in working with individuals/families/communities
- Identifying and critiquing health-promotion activities, as in explaining own nursing care
- Integrating natural science and human science paradigms in practice
- Healing initiatives for clients experiencing complex health challenges
- Assisting clients to negotiate the health care system – transferring between agencies etc.

See instructor's syllabus for the detailed outline of weekly readings, activities and assignments.

Evaluation and Assessments

Assessment Type: Practicum

Assessment Type	% of Total Grade
Assignment 1	Satisfactory/Unsatisfactory
Assignment 2	Satisfactory/Unsatisfactory
Midterm Practice Appraisal Form	Satisfactory/Unsatisfactory
Final Practice Appraisal Form	Satisfactory/Unsatisfactory

Grade Scheme

COM	NCG
Completed to the minimum defined standard	No credit granted – less than minimum defined standard

Pass requirements:

An overall achievement of satisfactory on the final Practice Appraisal Form (PAF) is required to pass this course.

Additional related information/policies:

Please see the course syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments, resubmission of assignments, and use of electronic aids.

ATTENDANCE AND ASSIGNMENT REQUIREMENTS:

- [Policy 2.1.6 Progression and Re-admission – Bachelor of Science in Nursing](#)

Exam Attendance:

Students must attend all scheduled exams at the appointed time and place. Instructors may approve an alternate exam to accommodate an illness or personal crisis. Department heads will consider other written requests. Any student who misses a scheduled exam without prior approval will receive a “0” on the exam.

Academic Policies:

College of the Rockies policies related to courses can be found at <https://cotr.bc.ca/about-us/college-policies/> and include the following:

- Policy 2.1.4 Course Audit
- Policy 2.4.1 Credential Framework
- Policy 2.4.3 Students with Documented Disabilities

- Policy 2.4.4 Student Rights, Responsibilities and Conduct
 - Policy 2.4.8 Academic Performance
 - Policy 2.4.9 Student Feedback and Concerns
 - Policy 2.4.11 Storage of Academic Works
 - Policy 2.5.3 Student Appeal
 - Policy 2.5.5 Prior Learning Assessment and Recognition (PLAR)
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Course Changes:

The College of the Rockies updates course outlines regularly to meet changing educational, employment and marketing needs. The instructor will notify students in writing of any updates to this outline during the semester. The instructor reserves the right to revise, add or delete material while meeting the learning outcomes of this course outline.