



PPNP-102 – Professional Practice 1

Health and Human Services

Effective Term & Year: Fall 2022
Course Outline Review Date: 2027-03-01

Program Area: Health

Description:

This theory course provides an introduction to the profession of Practical Nursing and the legislation that informs PN practice within British Columbia. Course topics include the history of nursing and specifically the evolution of Practical Nursing within the Canadian health care system. This course also explores the philosophy and foundational concepts of the Provincial Practical Nursing Program.

Program Information:

This course is one of eight courses required in Level 1 of the Practical Nursing program. Satisfactory completion of this course is required to progress to the next level.

Delivery Methods: On-campus (Face-to-Face)

Credit Type: College of the Rockies Credits

Credits: 2

Instructional Activity and Hours:

Activity	Hours
Classroom, Directed Studies or Online Instruction	25
Seminar/Tutorials	
Laboratory/Studio	
Practicum/Field Experience	
Co-op/Work Experience	

Other

Total	25
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Course Requisites:

- Complete all of the following
 - Admission to the Practical Nursing Program.
 - Completed or concurrently enrolled in:
 - **PPNP103** – Professional Communication 1 (2)

Flexible Assessment: Yes

In some cases students may be able to apply for recognition of prior learning outside the classroom. This flexible assessment process provides equivalent course credit. It is a rigorous process that may include external evaluation, worksite assessment, demonstration, standardized test, self-assessment, interview, products/portfolio, and challenge exam, or other measures as appropriate. Tuition fees apply. Contact an education advisor for more information.

Course Transfer Credit:

For information about receiving transfer credit for courses taken at either British Columbia or Alberta institutions, please see <https://www.bctransferguide.ca/> or <https://transferalberta.alberta.ca> . For more transfer credit information, please visit <https://www.cotr.bc.ca/Transfer>

All requests for course transfer credit from institutions in British Columbia or elsewhere should go to the College of the Rockies Enrolment Services office.

Textbook Resources:

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbooks were in use:

BCCNM: British Columbia College of Nurses and Midwives – current documents

Potter, P.A. & Perry, A. (2019), *Canadian fundamentals of nursing*. (6th ed.) Toronto, ON: Elsevier Canada.

Please see the instructor's syllabus or check COTR's online text calculator <https://textbook.cotr.bc.ca/> for a complete list of the currently required textbooks.

Learning Outcomes:

Upon the successful completion of this course, students will be able to

- describe how legislation, professional standards, code of ethics and practice expectations inform nursing practice;
- identify and discuss professional self-regulation and the implication for individual responsibilities and accountabilities of the Practical Nurse;
- explain the role and responsibility of the British Columbia College of Nurses and Midwives (BCCNM);
- describe how the philosophy of caring guides nursing practice;
- describe how self-reflection and reflective journal writing to enhance learning and nursing practice;
- cite some examples of self-care strategies for the nurse;
- discuss the partnership of nursing (Registered Nursing, Registered Psychiatric Nursing, Licensed Practical Nursing);
- recognize and respect the diversity of other health care roles, responsibilities and competencies;
- identify and explain the influence of collaborative and inter-professional relationships on quality practice environments;
- demonstrate the ability to access and assess current and relevant scholarly resources to prepare for nursing practice;
- understand how cultural diversity, sensitivity and awareness influence professional practice;
- discuss ethical decision making principles through case studies;
- discuss theories of nursing leadership; and
- identify key competencies associated with effective leadership, management and followership.

Course Topics:

- Legislation that governs PN Practice
- Introduction to Professional Practice 1
- History of Practical Nursing
- Philosophy of the PN Curriculum
- Introduction to ethical practice
- Cultural sensitivity and awareness
- Introduction to leadership
- Awareness of own culture
- Interprofessional practice
- Diversity
- Academic writing

- Self-reflection (reflective writing)
- Self-care
- Stress management

See instructor's syllabus for the detailed outline of weekly readings, activities and assignments.

Evaluation and Assessments

Assessment Type: On-Campus (face-to-face)

Assessment Type	% of Total Grade
Reflective Assignment	30%
Portfolio	30%
Cultural Humility Assignment	40%
Total	100%

Grade Scheme

A+	A	A-	B+	B	B-	C+	C	C-	D	F
>=95	94-90	89-85	84-80	79-75	74-70	69-65				<65

Pass requirements: None

Exam Attendance:

Students must attend all scheduled exams at the appointed time and place. Instructors may approve an alternate exam to accommodate an illness or personal crisis. Department heads will consider other written requests. Any student who misses a scheduled exam without prior approval will receive a "0" on the exam.

Academic Policies:

College of the Rockies policies related to courses can be found at <https://cotr.bc.ca/about-us/college-policies/> and include the following:

- Policy 2.4.3 Students with Documented Disabilities
- Policy 2.4.4 Student Conduct (plagiarism, other cheating, behavioral misconduct)
- Policy 2.5.8 Academic Performance
- Policy 2.5.3 Grade Appeal
- Policy 2.4.9 Student Concerns Re Faculty

Equivalent Course(s) and Course Code Changes

Prior Course Code: PNUR 102

Date changed: September 2012

Course Changes:

The College of the Rockies updates course outlines regularly to meet changing educational, employment and marketing needs. The instructor will notify students in writing of any updates to this outline during the semester. The instructor reserves the right to revise, add or delete material while meeting the learning outcomes of this course outline.