PPNP-102 – Professional Practice 1

Health and Human Services

Effective Term & Year: Fall 2027
Course Outline Review Date: 2032-03-01

Program Area: Health

Description:

This theory course provides an introduction to the profession of Practical Nursing and the B.C. legislation that informs the practice. The course explores the history of nursing, with a focus on the evolution of practical nursing within the Canadian health care system. Learners are introduced to the concepts of cultural safety, cultural humility, diversity, and anti-racism—with a focus on Indigenous-specific anti-racism. Standards and foundational concepts in nursing are also examined, including ethical practice, self-reflection, self-care, interprofessional practice, and leadership.

Program Information:

This course is one of eight courses required in Level 1 of the Practical Nursing program. Satisfactory completion of this course is required to progress to the next level.

Delivery Methods: On-campus (Face-to-Face)

Credit Type: College of the Rockies Credits

Credits: 2

Instructional Activity and Hours:

Activity	Hours
Classroom, Directed Studies or Online Instruction	25
Seminar/Tutorials	

Laboratory/Studio	
Practicum/Field Experience	
Co-op/Work Experience	
Other	
Total	25

Course Requisites:

- Complete all of the following
  - Admission to the Practical Nursing Program.
  - Completed or concurrently enrolled in:
    - PPNP103 – Professional Communication 1 (2)

Prior Learning and Recognition: Yes

Students are able to request formal recognition of their prior learning or experience outside the classroom. Challenge examination, portfolio-assisted assessment, work-based assessment or a combination of assessments that is appropriate to identify, assess, and recognize prior skills, competencies, and knowledge to achieve course credit. Tuition fees apply, refer to Policy 2.5.5 Prior Learning Assessment and Recognition (PLAR) or contact an education advisor for more information.

Course Transfer Credit:

For information about receiving transfer credit for courses taken at either British Columbia or Alberta institutions, please see https://www.bctransferguide.ca/ or https://transferalberta.alberta.ca . For more transfer credit information, please visit https://www.cotr.bc.ca/Transfer

All requests for course transfer credit from institutions in British Columba or elsewhere should go to the College of the Rockies Enrolment Services office.

Textbook Resources:

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbooks were in use:

BCCNM: British Columbia College of Nurses and Midwives – current documents

Astle, B. J., & Duggleby, W. (2024). *Potter and Perry's Canadian Fundamentals of Nursing* (7th

ed.). Elsevier.

Please see the instructor's syllabus or check COTR's online text calculator https://textbook.cotr.bc.ca/ *for a complete list of the currently required textbooks.*

Learning Outcomes:

Upon the successful completion of this course, students will be able to

1. Describe how legislation and the 2.1 current British Columbia College of Nurses and Midwives (BCCNM) LPN Ethical Standards, Practice Standards, and Entry-level Competencies inform nursing practice.

- 1.1 Discuss how historical perspective, current trends, and issues affect the role of the practical nurse.
- 1.2 Explore the Health Professions and Occupations Act (effective April 1, 2026), the Nurses and midwives Regulation (effective April 1, 2026), and the Regulated Health Practitioners Regulation (effective April 1, 2026) and their impact on nurses and other health professions.
- 1.3 Describe how legislation, standards, and practice expectations guide nursing practice.

2. Explain the role and responsibility of the BCCNM, including the partnership among different nursing designations; registered nurse (RN), registered psychiatric nurse (RPN), licensed practical nurse (LPN), nurse PR actioner (NP).

- 2.1 Discuss the role of the practical nurse in the context of the Canadian health care system.
- 2.2 Explore professional self-regulation and the implications for individual responsibilities and accountabilities of the practical nurse.
- 2.3 Discuss responsibilities and competencies of other health care roles, and how the collective interprofessional team influences care and the quality practice environment.

3. Describe how the philosophy of caring guides nursing practice.

- 3.1 Discuss the philosophy of Practical Nursing Program curriculum.
- 3.2 Discuss how personal competence, responsibility, and accountability of the nurse are components of caring practice.

4. Explore strategies to develop critical thinking, clinical judgement, and self-reflective practice skills in one's nursing practice.

- 4.1 Discuss ethical practice and decision-making principles.
- 4.2 Explore the progressional and practice standards governing ethical practice.
- 4.3 Discuss the importance of critical thinking as it related to nursing practice.

- 4.4 Describe the value, importance, and responsibility to personal ownership of learning and lifelong learning principles.
- 4.5 Discuss the concept of reflective practice, including what it is, why it is important, and how to develop as a reflective care provider.

5. Explore the concepts of self-care.

- 5.1 Identify strategies to promote mental, emotional, and physical health and wellness.
- 5.2 Describe ways to prevent and/or alleviate moral distress, moral injury, and burnout in one's nursing practice.
- 5.3 Describe how one's own state of health (mental, emotional and physical) may impact the practical nurse's responsibilities and accountabilities, and the ability to provide safe, compassionate, and efficient care.

6. Explore the concepts of diversity, cultural safety, cultural humility, and anti-racism — particularly Indigenous-specific anti-racism.

- 6.1 Define diversity, cultural safety, cultural humility, and Indigenous-specific racism.
- 6.2 Describe how personal privileges, values, biases, and assumptions may influence one's ability to provide safe, compassionate, and non-judgemental care, particularly when caring for Indigenous clients, clients with mental health conditions, and/or those who are marginalized or vulnerable.
- 6.3 Describe culture as a shifting relational process.
- 6.4 Define social justice.

7. Explain how to access current and relevant scholarly resources to prepare for nursing practice.

- 7.1 Use appropriate guidelines for writing an academic paper.
- 7.2 Discuss academic integrity, including the ethical and permitted use of artificial intelligence in written assignments.
- 7.3 Explore sources of credible health information.

8. Discuss the role of leadership, management, and followership in nursing practice.

- 8.1 Discuss theories of nursing leadership, including leadership styles and attributes.
- 8.2 Identify key competencies associated with effective leadership, management, and followership.

Course Topics:

Course outcomes will be met through an examination and exploration of the following:

- BCCNM LPN Ethical Standards, Practice Standards, and Documents that Guide Scope of Practice

- Legislation and Regulation that Govern Practical Nursing Practice
- Introduction to Practical Nursing Professional Practice
- History of Practical Nursing
- Philosophy of the Practical Nursing Program Curriculum
- Introduction to Ethical Practice
- Privacy and Confidentiality
- Introduction to Leadership
- Interprofessional Practice
- Diversity
- Cultural Safety and Cultural Humility
- Anti-racism with a Focus on Indigenous-Specific Anti-Racism
- Self-Reflection
- Self-Care
- Stress Management
- Using Scholarly Resources Appropriately

See instructor's syllabus for the detailed outline of weekly readings, activities and assignments.

Evaluation and Assessments

Assessment Type: On-Campus (face-to-face)

Assessment Type	% of Total Grade
Assignment 1	40%
Assignment 2	30%
Final Quiz	30%
Total	100%

Grade Scheme

A+	A	A-	B+	B	B-	C+	C	C-	D	F
>=95	94-90	89-85	84-80	79-75	74-70	69-65				<65

Pass requirements:

An overall average of C (60%) or higher is required to pass this course.

Additional Evaluation Information:

No rewrites will be granted for any assignments or exams within this course.

Please see the instructor's syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments and use of electronic aids.

Student Attendance/Absence

- As adult learners, students are expected to attend all classes. Attendance is taken as a means of monitoring student success. In the event of illness or other unavoidable cause of absence, the student should notify the appropriate instructor as soon as possible.
- Students must attend all clinical/preceptorship experiences. If illness or other unavoidable absence occurs, the student must notify the appropriate instructor prior to the time s/he is expected.
- Unexcused/excessive absences from clinical/preceptorship may mean students must withdraw from the program.

Written Assignments

- Assignments about clients must be written using the clients' INITIALS ONLY.
- A 15% penalty will be applied for each day past due date for late assignment submissions. If any assignment is more than three days late, it will be assigned a grade of "0".

Exam Attendance:

Students must attend all scheduled exams at the appointed time and place. Instructors may approve an alternate exam to accommodate an illness or personal crisis. Department heads will consider other written requests. Any student who misses a scheduled exam without prior approval will receive a "0" on the exam.

Academic Policies:

College of the Rockies policies related to courses can be found at https://cotr.bc.ca/about-us/college-policies/ and include the following:

- Policy 2.1.4 Course Audit
- Policy 2.4.1 Credential Framework
- Policy 2.4.3 Students with Documented Disabilities
- Policy 2.4.4 Student Rights, Responsibilities and Conduct
- Policy 2.4.8 Academic Performance
- Policy 2.4.9 Student Feedback and Concerns
- Policy 2.4.11 Storage of Academic Works
- Policy 2.5.3 Student Appeal
- Policy 2.5.5 Prior Learning Assessment and Recognition (PLAR)

Equivalent Course(s) and Course Code Changes

Prior Course Code: PNUR 102

Date changed: September 2012

Course Changes:

The College of the Rockies updates course outlines regularly to meet changing educational, employment and marketing needs. The instructor will notify students in writing of any updates to this outline during the semester. The instructor reserves the right to revise, add or delete material while meeting the learning outcomes of this course outline.