PPNP-107 – Integrated Nursing Practice 1

Health and Human Services

Effective Term & Year: Fall 2027
Course Outline Review Date: 2032-03-01

Program Area: Health

Description:

Learners focus on the development of basic assessment and nursing care competencies and will apply nursing knowledge through the practice of clinical decision making, nursing assessments, and nursing interventions aimed at promoting the client's health, independence, and comfort. Cultural safety, cultural humility, anti-racism, and trauma-informed practice, with a focus on Indigenous-specific anti-racism, are integrated into the learning. A variety of approaches, such as simulation, will help learners integrate theory from other Level 1 courses.

Program Information:

This course is one of eight courses required in Level 1 of the Practical Nursing program. Satisfactory completion of this course is required to progress to the next level.

Delivery Methods: On-campus (Face-to-Face)

Credit Type: College of the Rockies Credits

Credits: 4

Instructional Activity and Hours:

Activity	Hours
Classroom, Directed Studies or Online Instruction	
Seminar/Tutorials	
Laboratory/Studio	135

Practicum/Field Experience	
Co-op/Work Experience	
Other	
Total	135

Course Requisites:

- Complete all of the following
  - Earned a minimum grade of C+ (65%) in each of the following:
    - PPNP101 – Anatomy and Physiology for Practical Nursing (3)
  - Completed or concurrently enrolled in:
    - PPNP104 – Variations in Health 1 (3)
    - PPNP105 – Health Promotion 1 (2)
    - PPNP106 – Pharmacology 1 (2)

Prior Learning and Recognition: Yes

Students are able to request formal recognition of their prior learning or experience outside the classroom. Challenge examination, portfolio-assisted assessment, work-based assessment or a combination of assessments that is appropriate to identify, assess, and recognize prior skills, competencies, and knowledge to achieve course credit. Tuition fees apply, refer to Policy 2.5.5 Prior Learning Assessment and Recognition (PLAR) or contact an education advisor for more information.

Course Transfer Credit:

For information about receiving transfer credit for courses taken at either British Columbia or Alberta institutions, please see https://www.bctransferguide.ca/ or https://transferalberta.alberta.ca . For more transfer credit information, please visit https://www.cotr.bc.ca/Transfer

All requests for course transfer credit from institutions in British Columba or elsewhere should go to the College of the Rockies Enrolment Services office.

Textbook Resources:

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbooks were in use:

BCCNM: Current British Columbia College of Nurses and Midwives (BCCNM) documents

Astle, B. J., & Duggleby, W. (2024). *Potter and Perry's Canadian fundamentals of nursing* (7th ed.). Elsevier.

Jarvis, C., Eckhardt, A., Browne, A. J., MacDonald-Jenkins, J., Luctkar-Flude, M., & Thomas, P. (Eds.). (2024). *Physical examination & health assessment* (4th Canadian ed.). Elsevier.

Stromberg, H. K. (2026). *Medical-surgical nursing: Concepts and practice* (6th ed.). Elsevier.

Vallerand, A. H., & Sanoski, C. A. (2026). *Davis's Canadian drug guide for nurses* (20th ed.). F.A. Davis Company.

Willihnganz, M. J., Gurevitz, S. L., & Clayton, B. D. (2026). *Basic pharmacology for nurses* (20th ed.). Elsevier.

Please see the instructor's syllabus or check COTR's online text calculator https://textbook.cotr.bc.ca/ *for a complete list of the currently required textbooks.*

Learning Outcomes:

Upon successful completion of this course, in the simulated learning environment the learner will be able to:

1. Use the current British Columbia College of Nurses and Midwives (BCCNM) LPN Ethics Standards, Practice Standards, and the Entry-Level Competencies to guide nursing practice.

- 1.1 Perform basic holistic nursing assessments, interventions, and documentation in stable or predictable situations, using objective and non-stigmatizing language and a trauma-informed, culturally humble, culturally safe, and person-centred approach.
- 1.2 Discuss evidence-informed practice and clinical practice guidelines that inform nursing practice.
- 1.3 Identify ongoing educational and learning opportunities that will enhance nursing competence.

2. Demonstrate clinical and personal care skills competently in nursing practice with healthy adults in stable or predictable situations as taught in the skills lab.

- 2.1 Define nursing management.
- 2.2 Use critical thinking, clinical judgment, and knowledge of holistic assessment to plan, implement, and evaluate care of clients in stable or predictable situations.
- 2.3 Use decision support tools to assist with decision making and implementation of care.
- 2.4 Practise safe medication administration.

3. Collaborate with clients, the interprofessional health care team, peers, and faculty.

- 3.1 Provide a caring environment for clients by connecting, sharing, and exploring with

them in a collaborative relationship.
- 3.2. Practise communication skills required to initiate, maintain, and conclude a therapeutic relationship with healthy adults.

4. Provide care for clients that considers their physical, mental, emotional, spiritual, and cultural needs.

- 4.1 Provide culturally safe, person?centred care that is free from personal assumptions and that recognizes and respects diversity and the uniqueness of each individual.
- 4.2 Identify one’s own values, biases, and assumptions as a self?reflective, responsible, and accountable practitioner.

Course Topics:

Course outcomes will be met through examination and exploration of the following:

- BCCNM Ethics Standards, Practice Standards, and documents that guide scope of practice
- Introduction to assessment: taking vital signs
- Focused health assessment of healthy adults across the lifespan: chest, abdomen, peripheral vascular
- Clinical decision making
- Basic nursing interventions
- Safety
- Principles of asepsis
- Standard precautions
- Musculoskeletal injury prevention
- Personal care
- Mobility assistance
- Prevention of complications of immobility
- Urinary elimination
- Digital stimulation and rectal disimpaction (see more information below)
- Fecal elimination
- Nutrition and assisting with eating and drinking
- Simple wound management (clean technique)
- Introduction to pain management (non?pharmacological)
- Medication administration
- Principles of medication administration
- Rectal and topical medication
- Introduction to reporting and documentation
- Self-assessment and meeting own learning needs
- Introduction to nursing care delivery models
- Cultural safety, cultural humility, and anti-racism
- Diversity, equity, and inclusion

See instructor's syllabus for the detailed outline of weekly readings, activities and assignments.

Evaluation and Assessments

Assessment Type: On-Campus (face-to-face)

Assessment Type	% of Total Grade
Test 1	30%
Test 2	30%
Test 3	40%
Skills Assessment(s)	Pass/Fail
Integrated Lab Assessment – Case study assessment in the lab demonstrating application of theory to practice & self reflection	Pass/Fail
Total	100%

Grade Scheme

COM	NCG
Completed to the defined standard – 65% and higher	No credit granted – less than 65%

Pass requirements:

An overall average of B- (70%) or higher and a PASS on simulation demonstration(s) are required to pass this course.

Evaluation Notes: If a student fails a simulation demonstration, they will have one opportunity to retest.

Evaluation Notes Comments:

See course syllabus for simulation retest process.

Additional Evaluation Information:

No rewrites will be granted for any assignments or exams within this course.

Please see the instructor's syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments and use of electronic aids.

Student Attendance/Absence

- As adult learners, students are expected to attend all classes. Attendance is taken as a means of monitoring student success. In the event of illness or other unavoidable cause of absence, the student should notify the appropriate instructor as soon as possible.
- Students must attend all clinical/preceptorship experiences. If illness or other unavoidable

absence occurs, the student must notify the appropriate instructor prior to the time s/he is expected.
- Unexcused/excessive absences from clinical/preceptorship may mean students must withdraw from the program.

Written Assignments

- Assignments about clients must be written using the clients' INITIALS ONLY.
- A 15% penalty will be applied for each day past due date for late assignment submissions. If any assignment is more than three days late, it will be assigned a grade of "0".

Exam Attendance:

Students must attend all scheduled exams at the appointed time and place. Instructors may approve an alternate exam to accommodate an illness or personal crisis. Department heads will consider other written requests. Any student who misses a scheduled exam without prior approval will receive a "0" on the exam.

Academic Policies:

College of the Rockies policies related to courses can be found at https://cotr.bc.ca/about-us/college-policies/ and include the following:

- Policy 2.1.4 Course Audit
- Policy 2.4.1 Credential Framework
- Policy 2.4.3 Students with Documented Disabilities
- Policy 2.4.4 Student Rights, Responsibilities and Conduct
- Policy 2.4.8 Academic Performance
- Policy 2.4.9 Student Feedback and Concerns
- Policy 2.4.11 Storage of Academic Works
- Policy 2.5.3 Student Appeal
- Policy 2.5.5 Prior Learning Assessment and Recognition (PLAR)

Equivalent Course(s) and Course Code Changes

Prior Course Code: PNUR 106

Date changed: September 2012

Course Changes:

The College of the Rockies updates course outlines regularly to meet changing educational, employment and marketing needs. The instructor will notify students in writing of any updates to this outline during the semester. The instructor reserves the right to revise, add or delete

material while meeting the learning outcomes of this course outline.