



## PPNP-203 – Variations in Health 3

### Health and Human Services

**Effective Term & Year:** Fall 2023  
**Course Outline Review Date:** 2028-03-01

**Program Area:** Health

#### Description:

This course focuses on the continuum of care and the development of knowledge related to health challenges managed in the community setting. Pathophysiology and nursing care of clients requiring home health care, rehabilitation and supportive services in the community are explored. As well, cultural diversity in healing approaches are explored along with the incorporation of evidence informed research and practice.

#### Program Information:

This course is one of six courses required in Level 3 of the Practical Nursing program. Satisfactory completion of this course is required to progress to the next level.

**Delivery Methods:** On-campus (Face-to-Face)

**Credit Type:** College of the Rockies Credits

**Credits:** 3

#### Instructional Activity and Hours:

Activity	Hours
Classroom, Directed Studies or Online Instruction	45
Seminar/Tutorials	
Laboratory/Studio	
Practicum/Field Experience	

Co-op/Work Experience	
Other	
Total	45

**Course Requisites:**

- Complete all of the following
  - Successful completion of Level 2 coursework.
  - Completed the following:
    - [PPNP117](#) – Consolidated Practice Experience 2 (3)
  - Completed or concurrently enrolled in:
    - [PPNP201](#) – Professional Practice 3 (1)
    - [PPNP202](#) – Professional Communication 3 (1)
    - [PPNP204](#) – Health Promotion 3 (3)
    - [PPNP205](#) – Integrated Nursing Practice 3 (4)

**Flexible Assessment:** Yes

In some cases students may be able to apply for recognition of prior learning outside the classroom. This flexible assessment process provides equivalent course credit. It is a rigorous process that may include external evaluation, worksite assessment, demonstration, standardized test, self-assessment, interview, products/portfolio, and challenge exam, or other measures as appropriate. Tuition fees apply. Contact an education advisor for more information.

**Course Transfer Credit:**

For information about receiving transfer credit for courses taken at either British Columbia or Alberta institutions, please see <https://www.bctransferguide.ca/> or <https://transferalberta.alberta.ca> . For more transfer credit information, please visit <https://www.cotr.bc.ca/Transfer>

All requests for course transfer credit from institutions in British Columbia or elsewhere should go to the College of the Rockies Enrolment Services office.

**Textbook Resources:**

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbooks were in use:

Keenan-Lindsay, L. (2020). *Introduction to maternity & pediatric nursing in Canada*. (1st ed.). Elsevier Inc.

Pollard, C. L. & Jakubec, S. L. (2023). *Vancouver's Canadian psychiatric mental health nursing: A clinical approach*. (3rd Canadian ed.). Elsevier Inc.

Stromberg, H. K. (2021). *Medical-surgical nursing: Concepts and practice*. (4th ed.). Elsevier Inc.

Vallerand, A. H. & Sanoski, C. (2020). *Davis's Canadian drug guide for nurses*. (17th ed.). F.A. Davis Company.

Willihnganz, M. J., Gurevitz, S. L., & Clayton, B. D. (2020). *Basic pharmacology for nurses* (18th ed.). Elsevier Inc.

Diagnostic Reference guide of choice

*Please see the instructor's syllabus or check COTR's online text calculator*

<https://textbook.cotr.bc.ca/> for a complete list of the currently required textbooks.

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### **Learning Outcomes:**

Upon the successful completion of this course, students will be able to

- describe the use of the DSM 5 in classification of mental illness;
  - explain several models of psychosocial rehabilitation and recovery;
  - describe physiologic alterations expected in the post-partum client;
  - describe the pathophysiology and nursing management of selected childhood illnesses and disabilities;
  - describe the pathophysiology and nursing management of clients with selected mental illness across the lifespan;
  - analyze how culture and cultural safety impact health and healing;
  - identify holistic healing practices associated with chronic illness;
  - describe resources for evidence informed research and practice in delivering care in the context of clients accessing care in community settings;
  - discuss the stigma associated with living with mental illness or physical and/or developmental disability;
  - describe the continuity of care for clients experiencing addiction/s and or concurrent disorders; and
  - discuss interprofessional collaboration roles when working with mental health teams.
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### **Course Topics:**

- Physiologic alterations associated with mental illness
- Recognition and presentation of common acute/chronic behaviours associated with mental illness
- Nursing management of common acute/chronic mental illness
- Nursing management, including assessment (holistic assessment, data collection including lab values and diagnostics); pharmacology; identification of real/potential problems; nursing diagnoses; planning of specific nursing interventions; implementing culturally safe care; evaluation of care; interprofessional collaboration; health promotion; client teaching.
- Cycle of addiction
- Psychosocial rehabilitation
- Physiologic alterations of pregnancy
- Recognition and presentation of common conditions associated with pregnancy
- Disabilities in the pediatric population
- Traditional healing practices associated with mental illness and maternal and child health
- Cultural diversity in health and healing
- Evidence informed research and practice-best practice guidelines

See instructor syllabus for the detailed outline of weekly readings, activities and assignments.

## Evaluation and Assessments

### Assessment Type: On-Campus (face-to-face)

Assessment Type	% of Total Grade
Competency-based Quizzes	30%
Case Studies	30%
Comprehensive Final Exam	40%
Total	100%

### Grade Scheme

A+	A	A-	B+	B	B-	C+	C	C-	D	F
>=95	94-90	89-85	84-80	79-75	74-70	69-65				<65

**Pass requirements:** None

### Evaluation Notes Comments:

When a client/patient is referenced in an assignment, students must only use the term client or patient. No identifying markers (e.g. names, initials, room number, etc.) are to be used. Late assignment: a 15% penalty will be applied for each day past due date for late submissions. If any assignment is more than three (3) days late it will be assigned a grade of "0".

### Exam Attendance:

Students must attend all scheduled exams at the appointed time and place. Instructors may approve an alternate exam to accommodate an illness or personal crisis. Department heads will consider other written requests. Any student who misses a scheduled exam without prior approval will receive a “0” on the exam.

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### **Academic Policies:**

College of the Rockies policies related to courses can be found at <https://cotr.bc.ca/about-us/college-policies/> and include the following:

- Policy 2.4.3 Students with Documented Disabilities
  - Policy 2.4.4 Student Conduct (plagiarism, other cheating, behavioral misconduct)
  - Policy 2.5.8 Academic Performance
  - Policy 2.5.3 Grade Appeal
  - Policy 2.4.9 Student Concerns Re Faculty
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### **Equivalent Course(s) and Course Code Changes**

Prior Course Code: PNUR 303

Date changed: September 2012

### **Course Changes:**

The College of the Rockies updates course outlines regularly to meet changing educational, employment and marketing needs. The instructor will notify students in writing of any updates to this outline during the semester. The instructor reserves the right to revise, add or delete material while meeting the learning outcomes of this course outline.