



PPNP-214 – Health Promotion 4

Health and Human Services

Effective Term & Year: Fall 2023
Course Outline Review Date: 2028-03-01

Program Area: Health

Description:

This course focuses on health promotion in the context of caring for clients experiencing an acute exacerbation of chronic illness or an acute episode of illness. It also examines health promoting strategies during hospitalization to improve or help maintain clients' health status after discharge occurs. Topics also include how to prepare clients for discharge from care through teaching and learning of health promoting strategies.

Program Information:

This course is one of six courses required in Level 4 of the Practical Nursing program. Satisfactory completion of this course is required to complete the program.

Delivery Methods: On-campus (Face-to-Face)

Credit Type: College of the Rockies Credits

Credits: 2

Instructional Activity and Hours:

Activity	Hours
Classroom, Directed Studies or Online Instruction	24
Seminar/Tutorials	
Laboratory/Studio	
Practicum/Field Experience	

Co-op/Work Experience	
Other	
Total	24

Course Requisites:

- Complete all of the following
 - Successful completion of all Level 3 courses.
 - Completed the following:
 - PPNP206 – Consolidated Practice Experience 3 (2)
 - Completed or concurrently enrolled in:
 - PPNP211 – Professional Practice 4 (1)
 - PPNP212 – Professional Communication 4 (1)
 - PPNP213 – Variations in Health 4 (3)
 - PPNP215 – Integrated Nursing Practice 4 (5)

Flexible Assessment: Yes

In some cases students may be able to apply for recognition of prior learning outside the classroom. This flexible assessment process provides equivalent course credit. It is a rigorous process that may include external evaluation, worksite assessment, demonstration, standardized test, self-assessment, interview, products/portfolio, and challenge exam, or other measures as appropriate. Tuition fees apply. Contact an education advisor for more information.

Course Transfer Credit:

For information about receiving transfer credit for courses taken at either British Columbia or Alberta institutions, please see <https://www.bctransferguide.ca/> or <https://transferalberta.alberta.ca> . For more transfer credit information, please visit <https://www.cotr.bc.ca/Transfer>

All requests for course transfer credit from institutions in British Columbia or elsewhere should go to the College of the Rockies Enrolment Services office.

Textbook Resources:

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbooks were in use:

Astle, B. J & Duggleby, W. (2019). *Canadian Fundamentals of Nursing*. (6th ed.). Elsevier

Canada.

Pollard, C. L. & Jakubec, S. L. (2023). *Varcarolis's Canadian psychiatric mental health nursing: A clinical approach*. (3rd Canadian ed.). Elsevier Inc.

Stromberg, H. K. (2021). *Medical-surgical nursing: Concepts and practice*. (4th ed.). Elsevier Inc.

Please see the instructor's syllabus or check COTR's online text calculator <http://go.cotr.bc.ca/tuition/tCalc.asp> for a complete list of the currently required textbooks.

Learning Outcomes:

Upon the successful completion of this course, students will be able to

- formulate teaching strategies to manage or improve client health;
 - discuss health promotion approaches in acute care settings and in relation to discharge planning;
 - explain use of screening tools for early detection of illness;
 - identify and explain which immunizations are important for clients experiencing acute illness;
 - identify culturally safe, culturally informed and appropriate health promotion materials;
 - explain the continuum of care;
 - explain the discharge planning process;
 - examine and explore appropriate teaching and learning strategies to prepare clients for discharge;
 - explain harm reduction strategies for acute care clients at risk;
 - evaluate trauma-informed practice within acute care settings; and
 - evaluate LGBTQ2 needs for discharge teaching.
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Course Topics:

- Risk management strategies
- Early detection of illness through screening
- Client teaching and learning
- Culturally appropriate and relevant learning strategies
- Continuum of care (pre-admission and discharge planning)
- Harm reduction
- Trauma-informed practice in acute care settings
- Acute LGBTQ2 care
- Cultural safety and cultural humility in acute care

See instructor syllabus for the detailed outline of weekly readings, activities and assignments.

Evaluation and Assessments

Assessment Type: On-Campus (face-to-face)

Assessment Type	% of Total Grade
Assignment A	35%
Assignment B	30%
Comprehensive Exam	35%
Total	100%

Grade Scheme

A+	A	A-	B+	B	B-	C+	C	C-	D	F
>=95	94-90	89-85	84-80	79-75	74-70	69-65				<65

Pass requirements: None

Evaluation Notes Comments:

When a client/patient is referenced in an assignment, students must only use the term client or patient. No identifying markers (e.g. names, initials, room number, etc.) are to be used. Late assignment: a 15% penalty will be applied for each day past due date for late submissions. If any assignment is more than three (3) days late it will be assigned a grade of "0".

Exam Attendance:

Students must attend all scheduled exams at the appointed time and place. Instructors may approve an alternate exam to accommodate an illness or personal crisis. Department heads will consider other written requests. Any student who misses a scheduled exam without prior approval will receive a "0" on the exam.

Academic Policies:

College of the Rockies policies related to courses can be found at <https://cotr.bc.ca/about-us/college-policies/> and include the following:

- Policy 2.4.3 Students with Documented Disabilities
- Policy 2.4.4 Student Conduct (plagiarism, other cheating, behavioral misconduct)
- Policy 2.5.8 Academic Performance

- Policy 2.5.3 Grade Appeal
 - Policy 2.4.9 Student Concerns Re Faculty
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Equivalent Course(s) and Course Code Changes

Prior Course Code: PNUR 404

Date changed: September 2012

Course Changes:

The College of the Rockies updates course outlines regularly to meet changing educational, employment and marketing needs. The instructor will notify students in writing of any updates to this outline during the semester. The instructor reserves the right to revise, add or delete material while meeting the learning outcomes of this course outline.