



## PSYC-101 – Introduction to Psychology 1

University Arts and Science

**Effective Term & Year:** Fall 2022

**Course Outline Review Date:** 2027-04-01

**Program Area:** Arts, Humanities, and Social Sciences

### Description:

This course provides an introduction to the history, principles, and methods of psychology. Topics may include the brain and behavior, sensation and perception, learning and memory, thinking and language, and states of consciousness.

### Program Information:

This course can be used as either a required course or an elective in several University Studies Programs. Refer to the College Program Guide for additional information.

**Delivery Methods:** On-campus (Face-to-Face), Online

**Credit Type:** College of the Rockies Credits

**Credits:** 3

**Course type/s:** Social Sciences

### Instructional Activity and Hours:

Activity	Hours
Classroom, Directed Studies or Online Instruction	45
Seminar/Tutorials	
Laboratory/Studio	
Practicum/Field Experience	

Co-op/Work Experience	
Other	
<b>Total</b>	<b>45</b>

### Course Requisites:

- Earned a minimum grade of C+ (65%) in at least 1 of the following:
  - ENFP 12 – English First Peoples 12
  - ENST 12 – English Studies 12
  - ENGL090 – English – Provincial Level

### Flexible Assessment: Yes

In some cases students may be able to apply for recognition of prior learning outside the classroom. This flexible assessment process provides equivalent course credit. It is a rigorous process that may include external evaluation, worksite assessment, demonstration, standardized test, self-assessment, interview, products/portfolio, and challenge exam, or other measures as appropriate. Tuition fees apply. Contact an education advisor for more information.

### Course Transfer Credit:

For information about receiving transfer credit for courses taken at either British Columbia or Alberta institutions, please see <https://www.bctransferguide.ca/> or <https://transferalberta.alberta.ca> . For more transfer credit information, please visit <https://www.cotr.bc.ca/Transfer>

All requests for course transfer credit from institutions in British Columbia or elsewhere should go to the College of the Rockies Enrolment Services office.

### Textbook Resources:

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbook was in use:

Cummings, J.A. & Sanders, L. (2019). *Introduction to Psychology*.

Saskatoon, SK: University of Saskatchewan Open Press.

<https://openpress.usask.ca/introductiontopsychology> CC BY-NC-SA

*Please see the instructor's syllabus or check COTR's online text calculator*

<https://textbook.cotr.bc.ca/> for a complete list of the currently required textbooks.

## Learning Outcomes:

Upon the successful completion of this course, students will be able to

- discuss knowledgeably the major theories and topics in psychology;
- think critically about psychological research methods and findings;
- apply psychological principles to individual and/or social problems;
- demonstrate awareness and appreciation of other perspectives;
- discuss the complexity of human behaviour;
- use the Internet as a resource for finding information and answering questions;
- use written and oral communication skills effectively, employing methods appropriate to message and context;
- think clearly, fusing experience, knowledge, and reasoning into considered judgment; and
- identify, interpret and solve problems, effectively implementing and evaluating proposed strategies.

## Course Topics:

- History of psychology
- Methods of psychological research
- Biological psychology
- Nature, nurture and human diversity
- Sensation and perception
- States of consciousness
- Learning and memory
- Thinking and language

*See instructor's syllabus for the detailed outline of weekly readings, activities and assignments.*

## Evaluation and Assessments

### Assessment Type: On-Campus (face-to-face)

Assessment Type	% of Total Grade
Essays/Assignments	30%
Class Participation	10%
Midterm Exams/Quizzes	40%
Final Exam	20%
Total	100%

**Assessment Type: Online**

Assessment Type	% of Total Grade
Essays/Assignments	25%
Discussion Postings	15%
Midterm Exams/Quizzes	40%
Final Exam	20%
Total	100%

**Grade Scheme**

A+	A	A-	B+	B	B-	C+	C	C-	D	F
>=90	89-85	84-80	79-76	75-72	71-68	67-64	63-60	59-55	54-50	<50

**Pass requirements:** None

**Evaluation Notes:** A grade of “D” grants credit, but may not be sufficient as a prerequisite for sequential courses.

**Evaluation Notes Comments:**

*Please see the instructor syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments and the use of electronic aids.*

**Exam Attendance:**

Students must attend all scheduled exams at the appointed time and place. Instructors may approve an alternate exam to accommodate an illness or personal crisis. Department heads will consider other written requests. Any student who misses a scheduled exam without prior approval will receive a “0” on the exam.

**Academic Policies:**

College of the Rockies policies related to courses can be found at <https://cotr.bc.ca/about-us/college-policies/> and include the following:

- Policy 2.4.3 Students with Documented Disabilities
- Policy 2.4.4 Student Conduct (plagiarism, other cheating, behavioral misconduct)
- Policy 2.5.8 Academic Performance
- Policy 2.5.3 Grade Appeal
- Policy 2.4.9 Student Concerns Re Faculty

## **Equivalent Course(s) and Course Code Changes**

### **Course Changes:**

The College of the Rockies updates course outlines regularly to meet changing educational, employment and marketing needs. The instructor will notify students in writing of any updates to this outline during the semester. The instructor reserves the right to revise, add or delete material while meeting the learning outcomes of this course outline.