



RECR-100 – Leisure and Recreation in Canadian Society

Business

Effective Term & Year: Fall 2025
Course Outline Review Date: 2030-04-01

Program Area: Tourism, Recreation, & Hospitality

Description:

This course offers a comprehensive introduction to the role of leisure and recreation in Canadian society, focusing on their impact on individual well-being, community development, and cultural identity. Students will be introduced to the development of leisure and recreation services in Canada, the policies and delivery systems of federal, provincial, and municipal governments, and the growing involvement of non-profit organizations and commercial enterprises.

Program Information:

This is a required course for the Recreation Management Certificate/Diploma Program

Delivery Methods: On-campus (Face-to-Face), Online, Hybrid – On-campus (Face-to-Face) and Online

Credit Type: College of the Rockies Credits

Credits: 3

Course type/s: Tourism and Recreation Management

Instructional Activity and Hours:

Activity	Hours
Classroom, Directed Studies or Online Instruction	45

Seminar/Tutorials	
Laboratory/Studio	
Practicum/Field Experience	
Co-op/Work Experience	
Other	
Total	45

Course Requisites:

None

Prior Learning and Recognition: Yes

Students are able to request formal recognition of their prior learning or experience outside the classroom. Challenge examination, portfolio-assisted assessment, work-based assessment or a combination of assessments that is appropriate to identify, assess, and recognize prior skills, competencies, and knowledge to achieve course credit. Tuition fees apply, refer to Policy 2.5.5 [Prior Learning Assessment and Recognition \(PLAR\)](#) or contact an education advisor for more information.

Course Transfer Credit:

For information about receiving transfer credit for courses taken at either British Columbia or Alberta institutions, please see <https://www.bctransferguide.ca/> or <https://transferalberta.alberta.ca> . For more transfer credit information, please visit <https://www.cotr.bc.ca/Transfer>

All requests for course transfer credit from institutions in British Columbia or elsewhere should go to the College of the Rockies Enrolment Services office.

Textbook Resources:

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbooks were in use:

Karlis, G (2016). *An Introduction: Leisure and Recreation in Canadian Society* (3rd ed.) Thompson Education Publishing.

Please see the instructor's syllabus or check COTR's online text calculator <https://textbook.cotr.bc.ca/> for a complete list of the currently required textbooks.

Learning Outcomes:

Upon the successful completion of this course, students will be able to:

- demonstrate the roles of leisure and recreation in Canada;
 - develop a personal philosophy of leisure and describe how such a foundation influences choices in recreational activity;
 - critique the roles that recreation and leisure have in contributing to overall lifelong health, wellness, and quality of life;
 - examine the role of Municipal, Provincial, and Federal levels of government in the delivery of leisure and recreation services;
 - compare the differences between commercial and non-profit delivery of leisure and recreation services;
 - explore how recreation and physical literacy as lifelong activities enhance the quality of life and well-being for Canadians; and
 - recognize future trends and challenges in the leisure and recreation industries.
-

Course Topics:

- Overview of Leisure and Recreation Sectors in Canadian Society
- History of Leisure and Recreation
- Leisure and Recreation in the Public Sector (Federal, Provincial and Municipal)
- Leisure and Recreation in the Commercial Sector
- Leisure and Recreation in the Non-Profit Sector
- Canadian Sport for Life Model – Physical Literacy Development
- Leisure & Recreation programming for diverse populations
- Leisure & Recreation issues related to Aboriginal People's in Canada
- The role of Federal, Provincial, and Municipal Parks in Canada
- The future of Leisure & Recreation in Canada

See instructor's syllabus for the detailed outline of weekly readings, activities and assignments.

Evaluation and Assessments

Assessment Type: On-Campus (face-to-face) and Online, or Hybrid

Assessment Type	% of Total Grade
Discussion Forums	20%

Assignments	50%
Presentations	15%
Quizzes	15%
Total	100%

Grade Scheme

A+	A	A-	B+	B	B-	C+	C	C-	D	F
>=90	89-85	84-80	79-76	75-72	71-68	67-64	63-60	59-55	54-50	<50

Pass requirements: None

Evaluation Notes: Certificate and diploma students are required to maintain a minimum course grade of C- (55%) in all program courses.

Evaluation Notes Comments:

Please see the instructor's syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments and use of electronic aids.

Exam Attendance:

Students must attend all scheduled exams at the appointed time and place. Instructors may approve an alternate exam to accommodate an illness or personal crisis. Department heads will consider other written requests. Any student who misses a scheduled exam without prior approval will receive a "0" on the exam.

Academic Policies:

College of the Rockies policies related to courses can be found at <https://cotr.bc.ca/about-us/college-policies/> and include the following:

- Policy 2.1.4 Course Audit
- Policy 2.4.1 Credential Framework
- Policy 2.4.3 Students with Documented Disabilities
- Policy 2.4.4 Student Rights, Responsibilities and Conduct
- Policy 2.4.8 Academic Performance
- Policy 2.4.9 Student Feedback and Concerns
- Policy 2.4.11 Storage of Academic Works
- Policy 2.5.3 Student Appeal
- Policy 2.5.5 Prior Learning Assessment and Recognition (PLAR)

Equivalent Course(s) and Course Code Changes

Prior Course Code: RECR 100 >> TRMP 100 >> RECR 100

Date changed: September 2018

Course Changes:

The College of the Rockies updates course outlines regularly to meet changing educational, employment and marketing needs. The instructor will notify students in writing of any updates to this outline during the semester. The instructor reserves the right to revise, add or delete material while meeting the learning outcomes of this course outline.