



RECR-200 – Recreation Programming for Diverse Populations

Business

Effective Term & Year: Fall 2024
Course Outline Review Date: 2029-04-01

Program Area: Tourism, Recreation, & Hospitality

Description:

This course explores the history and background of programming for diverse populations, examining how recreation and physical activity are structured for diverse groups such as those with physical and mental disabilities. Students explore how inclusive recreation practices foster active participation across all abilities, underscoring the significance of universal design principles in creating programs accessible to a wide range of individuals.

Program Information:

This is a required course for the Recreation Management Diploma Program.

Delivery Methods: On-campus (Face-to-Face), Online

Credit Type: College of the Rockies Credits

Credits: 3

Course type/s: Tourism and Recreation Management

Instructional Activity and Hours:

Activity	Hours
Classroom, Directed Studies or Online Instruction	45
Seminar/Tutorials	
Laboratory/Studio	

Practicum/Field Experience	
Co-op/Work Experience	
Other	
Total	45

Course Requisites:

- Earned a minimum grade of C- (55%) in each of the following:
 - RECR150 – Recreation Planning 1 (3)

Flexible Assessment: Yes

Students are able to request formal recognition of their prior learning or experience outside the classroom. Challenge examination, portfolio-assisted assessment, or work-based assessment are used to identify, assess, and recognize prior skills, competencies, and knowledge to achieve course credit. Tuition fees apply, refer to Policy [2.5.5 Prior Learning Assessment and Recognition \(PLAR\)](#) or contact an education advisor for more information.

Course Transfer Credit:

For information about receiving transfer credit for courses taken at either British Columbia or Alberta institutions, please see <https://www.bctransferguide.ca/> or <https://transferalberta.alberta.ca> . For more transfer credit information, please visit <https://www.cotr.bc.ca/Transfer>

All requests for course transfer credit from institutions in British Columbia or elsewhere should go to the College of the Rockies Enrolment Services office.

Textbook Resources:

Textbook selection varies by instructor and may change from year to year due to the constant evolution of current issues relevant to course learning outcomes.

Please see the instructor's syllabus or check COTR's online text calculator <https://textbook.cotr.bc.ca/> for a complete list of the currently required textbooks.

Learning Outcomes:

- Identify the historical foundations of programming for diverse populations;
- Identify how recreation professions can work with individuals from diverse backgrounds to address their distinctive needs within recreation and activity settings;
- Design inclusive recreation programs tailored to the needs of individuals with diverse abilities and needs;
- Integrate universal design principles into recreation programming, ensuring the environments and activities are accessible to everyone; and
- Critically examine the implications of ableism in recreational contexts with an aim to identify, challenge, and overcome barriers to inclusion.

Course Topics:

- Historical Foundations of Programming for Diverse Populations
- Perceptions and Beliefs Regarding Diverse Populations
- Inclusive Recreation and Marketing Inclusive Recreation
- Normalization, Cultural Competencies and Ableism
- Legislation Affecting Disabled Persons
- Various Disabilities and Diverse Populations
- Barriers to Inclusive Recreation
- Recreation/Physical Activity Program Integration/Inclusion
- Inclusive Physical Literacy, Arts, Tourism, and Outdoor Recreation
- Accessible and Universal Design Recreation/Physical Activity Environments
- Indigenous Communities in Canada – Active for Life
- Special Olympics and Paraspport

See instructor’s syllabus for the detailed outline of weekly readings, activities and assignments.

Evaluation and Assessments

Assessment Type: On-Campus (face-to-face) and Online, or Hybrid

Assessment Type	% of Total Grade
Assignments	30%
Scenarios/Case Studies	20%
Presentations	20%
Experiential simulations	30%
Total	100%

Grade Scheme

A+	A	A-	B+	B	B-	C+	C	C-	D	F
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>=90	89-85	84-80	79-76	75-72	71-68	67-64	63-60	59-55	54-50	<50
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Pass requirements: None

Evaluation Notes: Certificate and diploma students are required to maintain a minimum course grade of C- (55%) in all program courses.

Evaluation Notes Comments:

Please see the instructor's syllabus for specific classroom policies related to this course, such as breakdown of evaluation, penalties for late assignments and the use of electronic aids.

Exam Attendance:

Students must attend all scheduled exams at the appointed time and place. Instructors may approve an alternate exam to accommodate an illness or personal crisis. Department heads will consider other written requests. Any student who misses a scheduled exam without prior approval will receive a "0" on the exam.

Academic Policies:

College of the Rockies policies related to courses can be found at <https://cotr.bc.ca/about-us/college-policies/> and include the following:

- Policy 2.1.4 Course Audit
- Policy 2.4.1 Credential Framework
- Policy 2.4.3 Students with Documented Disabilities
- Policy 2.4.4 Student Rights, Responsibilities and Conduct
- Policy 2.4.8 Academic Performance
- Policy 2.4.9 Student Feedback and Concerns
- Policy 2.4.11 Storage of Academic Works
- Policy 2.5.3 Student Appeal
- Policy 2.5.5 Prior Learning Assessment and Recognition (PLAR)

Equivalent Course(s) and Course Code Changes

Prior Course Code: HKIN 207 >> KNES 207 >> TRMP 200 >> RECR 200

Date changed: September 2018

Course Changes:

The College of the Rockies updates course outlines regularly to meet changing educational, employment and marketing needs. The instructor will notify students in writing of any updates to

this outline during the semester. The instructor reserves the right to revise, add or delete material while meeting the learning outcomes of this course outline.