COLLEGE OF
THE ROCKIES

HDRP – Hair Stylist Foundation

Trades

Effective Term & Year: Fall 2022
Program Outline Review Date: 2026-04-01

Program Area: Trades Foundation Training

Description:

This comprehensive 43-week Hairstylist Foundation (pre-apprenticeship) program is designed to prepare students for entry-level positions in the hairstylist industry. The program provides students with skills that are needed as a first year hairstylist apprentice, including those related to salon hygiene practices, effective use and maintenance of tools and equipment, hair cutting, styling, and colouring, chemical waving and relaxing, as well as communication skills and basic business management skills. The program is delivered through regular lectures, demonstrations and practical skills training in a fully functioning salon. Students participate in a three-week practicum in a registered salon and may complete their work-based training hours in the College of the Rockies Hair Salon or in an accredited hair salon of their choice under a Red Seal qualified stylist. Students will have opportunities to experience and participate in local indigenous community events as related to the Hairstylist program. Safety and hygienic practices are emphasized, reinforced and practiced throughout the program.

Credentials Granted:

Upon successful completion of the 43-week Hairstylist Foundation program, students receive:
• Level 1 Technical Training credit from the Industry Training Authority for the Hairstylist Apprenticeship program
• Certificate of Completion from SkilledTradesBC
• College of the Rockies Certificate
• Credit for 1290 Work-based training hours from SkilledTradesBC

Delivery Methods: Hybrid (Face-to-Face and Online)

Program Duration: 43 weeks

Instructional Activity and Hours:

Activity	Hours
Instructional Hours (hrs/wk)	28 hrs/wk
Directed Studies (hrs/wk)	2 hrs/wk
Total (hrs/wk)	30 hrs/wk
Total Program Hours	1290 Hours

Content Weighting:

Activity	Percentage
Classroom, Directed Studies or Online Instruction	50%
Seminar/Tutorials	50%

Admission Requirements:

Minimum of Grade 10 (or equivalent from a recognized post-secondary institution) completion.

Highly Recommended Admission Prerequisites:

he following education is **highly** recommended for student success within the program:

- Either Composition 10, Creative Writing 10, Literary Studies 10, New Media 10 or Spoken Language 10
- Workplace Math 10 and either Workplace Math 11, Apprenticeship Mathematics 12, History of Math 12, or equivalent
- Science 10
- Secondary school graduation or equivalent, or completion of a College of the Rockies assessment to an acceptable level

Flexible Assessment:

Credit can be awarded for this program through Flexible Assessment.

Program Transfer Credit:

For information about block transfer agreements between programs in British Columbia, Alberta, and elsewhere, please visit http://www.cotr.bc.ca/transfer.

To minimize transfer issues, check with an academic advisor at the institution that will receive the transfer credits.

Textbooks and Required Resources:

Textbook selection varies by instructor and may change from year to year. At the Program Outline effective date, the following textbooks were in use (most current edition):

Milady. *Milady Standard Cosmetology Theory, 13th Edition.* Cengage Learning. 2016.

Milady. *Milady Cosmetology Theory Workbook, 13th Edition.* Cengage Learning. 2016.

Milady. *Milady Cosmetology Practical Workbook, 13th Edition.* Cengage Learning. 2016.

Program Competencies and Technical Training Content:

HDRP 101 Perform Safety Related and Hygienic Functions

- Disinfect tools and equipment
- Maintain a safe and hygienic environment

HDRP 102 Use Tools and Equipment

- Use and maintain manual and electric tools
- Sanitize and maintain client capes and smocks
- Use and maintain major equipment
- Perform front-end responsibilities

HDRP 103 Prepare for Client Services

- Plan client services
- Consult with clients

HDRP 104 Use Communication and Mentoring Techniques

- Demonstrate the ability to establish a positive relationship with First Nations, Inuit, and Metis clients
- Demonstrate a respect for the local indigenous communities
- Demonstrate a respect for some contemporary and traditional knowledge of local indigenous communities
- Use communication techniques

HDRP 105 Analyze and Respond to Hair and Scalp Conditions

- Analyze hair and scalp
- Respond to unfavorable hair and scalp reactions

HDRP 106 Shampoo and Condition Hair and Scalp

- Prepare hair for shampoo
- Manipulate hair and scalp using shampoo and conditioner
- Perform hair and scalp treatment

HDRP 107 Cut Diverse Textures of Hair Using Cutting Tools

- Cut hair with and without elevation
- Customize hair cuts

HDRP 108 Cut Facial Hair and Nape Hair

- Trim and remove nape hair
- Trim and remove facial hair

HDRP 109 Style Wet Hair

- Prepare and style wet hair
- Set wet hair

HDRP 110 Style Dry Hair

- Prepare and style dry hair

HDRP 111 Preform Chemical Texture Services on Hair

- Chemically wave hair

HDRP 112 Colour Hair

- Describe colour theory
- Colour virgin hair and regrowth
- Colour hair using colour placement and techniques

HDRP 113 Lighten Hair

- Describe colour theory in relation to lightening
- Lighten virgen hair and regrowth
- Lighten hair using colour placement techniques
- Tone pre-lightened hair

HDRP 114 Perform Colour Correction

- Explain colour correction

HDRP 115 Perform Services for Hair Extensions, Wigs and Hairpieces

- Select hair extensions, wigs and hairpieces
- Customize and maintain hair extensions, wigs and hairpieces

HDRP 116 Practice Business Fundamentals

- Perform front-end responsibilities

- Control inventory and merchandise

PRACTICUMS:

HDRP 117 Assigned Practicum (Instructor Supervision) – 120 hours

- Workplace Salon as assigned by program instructor

HDRP 118 Supervised Practicum – 180 hours

- Employer Supervised Practicum in an accredited Salon, or
- College-supervised practicum in College Hair Salon

Evaluation and Assessment:

HAIRSTYLIST FOUNDATION

COTR COURSE	SUBJECT COMPETENCIES	THEORY WEIGHTING	PRACTICAL WEIGHTING
HDRP 101	Perform Safety Related and Hygienic Functions	3%	3%
HDRP 102	Use Tools and Equipment	3%	3%
HDRP 103	Prepare for Client Services	4%	4%
HDRP 104	Use Communication and Mentoring Techniques	2%	2%

HDRP 105	Analyze and Respond to Hair and Scalp Conditions	3%	3%
HDRP 106	Shampoo and Condition Hair and Scalp	2%	2%
HDRP 107	Cut Diverse Textures of Hair Using Cutting Tools	18%	18%
HDRP 108	Cut Facial Hair and Nape Hair	1%	1%
HDRP 109	Style Wet Hair	10%	10%
HDRP 110	Style Dry Hair	10%	10%
HDRP 111	Preform Chemical Texture Services on Hair	10%	10%
HDRP 112	Colour Hair	15%	15%
HDRP 113	Lighten Hair	11%	11%
HDRP 114	Perform Colour Correction	3%	3%
HDRP 115	Perform Services for Hair Extensions, Wigs and Hairpieces	1%	1%
HDRP 116	Practice Business Fundamentals	4%	4%
HDRP 117	Assigned Practicum		
HDRP 118	Supervised Practicum		
	Total	**100%**	**100%**
In-School Theory/Practical Subject Competency Weighting		50%	50%

Final in-school percentage score

Students must achieve a minimum 70% overall as the final in-school percentage score   **IN-SCHOOL %**

Pass Requirements:

- Successful completion of the in-school training is defined as a final overall minumum of 70% to meet SkilledTradesBC standards.
  - Students must maintain an acceptable level of attendance, complete all assigned projects and pass all exams to successfully complete the program.
  - Complete of allWorkplace Health and Safety courses within the program.

Students must provide their own:

- Advanced Hairdressing Kit
- Computer

Workplace Health and Safety Courses:

Occupational First Aid – Level 1 (OFA-1: PVHE-100)

Workplace Hazardous Material Information System (WHMIS: PVHE-700)

Workplace Health and Safety Courses Grade Scheme:

COM	NCG

Completed to the minimum defined standard	No credit granted – less than minimum defined standard

Academic Policies:

College of the Rockies policies related to courses can be found at
https://cotr.bc.ca/about-us/college-policies/ and include the following:

- Policy 2.4.3 Students with Documented Disabilities
- Policy 2.4.4 Student Conduct (plagiarism, other cheating, behavioral misconduct)
- Policy 2.5.8 Academic Performance
- Policy 2.5.3 Grade Appeal
- Policy 2.4.9 Student Concerns Re Faculty

Program Grade

COM	NCG
Completed to the defined standard – 70% or greater	No Credit Granted – less than 70%

Program Changes:

Information contained in program outlines is correct at the time of publication. Content of the program is revised on an ongoing basis to ensure relevance to changing educational, employment, and marketing needs. The instructor endeavours to provide notice of changes to students as soon as possible. The instructor reserves the right to add material to programs.

Industry Training:

The program competencies and technical training content delivered in this program follow the SkilledTradesBC Program Outline for this trade.

Safety Catalog:

WorkSafeBC regulations apply to all trades programs. Students are expected to follow all safe work practices and have high regard for the safety of others as well as of themselves. Students are responsible to wear personal protective equipment (PPE) as directed. At a minimum, students must provide and wear approved safety footwear and eyewear at all times in the shop. Additional PPE may be required for specific tasks. Students are expected to wear clothing suitable for working safely in the shop.

Course Descriptions: Refer to Course Outlines – https://outlines.cotr.bc.ca/course/